

Parma School Dist. #137

WEST WING MIDDLE SCHOOL

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Sep 29, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 MINI CORN DOGS POTATO BABY CARROTS MIXED BERRIES CUPS MUSTARD KETCHUP MILK	Oct - 2
Oct - 5 CHICKEN NUGGETS POTATO CARROTS BLUEBERRIES KETCHUP MUSTARD MILK	Oct - 6 CHICKEN RICE BOWL STIR FRY BLEND SPRING ROLL MANDARIN ORANGES MANDARIN SAUCE MILK	Oct - 7 CHILI CORNBREAD, ELEM CORN APPLE MILK	Oct - 8 PIZZA RANCH SALAD CELERY STICKS CHEESE STICK CINNAMON APPLESauc MILK	Oct - 9
Oct - 12 HAMBURGER ON A BUN PORK & BEANS CARROTS CINNAMON APPLESauc KETCHUP MUSTARD MILK	Oct - 13 TOASTED CHEESE SAN TOMATO SOUP CORN PEARS MILK	Oct - 14 BREADED PORK PATTY MASHED POTATOES BROWN GRAVY BROCCOLI STRAWBERRIES, FRESH WHOLE GRAIN ROLL MILK	Oct - 15 FISH STICKS POTATO CELERY STICKS CINNAMON APPLESauc KETCHUP MILK	Oct - 16
Oct - 19 CHICKEN STRIPS FRENCH FRIES BABY CARROTS APPLE MILK	Oct - 20 SOFT SHELL TACO CHEESE REFRIED BEANS CORN APPLE CHOC.CHIP COOKIE MILK	Oct - 21 CHICKEN DRUMSTICK MASHED POTATOES CHICKEN GRAVY WHOLE GRAIN ROLL BROCCOLI PEACHES, SLCD, EX LT, MILK	Oct - 22 QUESADILLA CHICKEN RICE CELERY STICKS, HS PEACHES, SLCD, EX LT, MILK	Oct - 23
Oct - 26 CHICKEN PATTY SANDW CELERY STICKS FRUIT MIX;CND;MISSION PEPPERCORN RANCH KETCHUP MILK	Oct - 27 WIENER WRAP PORK & BEANS BABY CARROTS APPLE KETCHUP MUSTARD MILK	Oct - 28 HAMBURGER GRAVY MASHED POTATOES BROCCOLI PEACHES ROLL MILK	Oct - 29 BEEF & BEAN BURRITO MIXED VEGETABLE CHICKEN RICE STRAWBERRIES, FRESH COOKIE MILK	Oct - 30

This institute is an equal opportunity provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.