



Monday 05

CAJUN CHICKEN
SANDWICH SERVED WITH
POTATO WEDGES &
BEVERAGE

Tuesday 06

CARNE ASADA
NACHOS

Wednesday 07

BYO SANDWICH SERVED
WITH CHIPS & BEVERAGE

Thursday 08

BRAISED PORK CHOP
SERVED WITH MASHED
POTATOES, CORN &
GRAVY

Friday 09

CHEESE TORTELLINI
SERVED WITH BEEF RAGU
& VEGETABLE MEDLEY

Monday 12

SMOKED TRI TIP
SANDWICH SERVED WITH
POTATO WEDGES &
BEVERAGE
\$10.00

Tuesday 13

CHICKEN QUESADILLA
SERVED WITH BEANS &
RICE

Wednesday 14

BYO SANDWICH SERVED
WITH CHIPS & BEVERAGE

Thursday 15

BEEF POT ROAST
SERVED WITH MASHED
POTATOES & GREEN
BEANS

Friday 16

SHRIMP STIR FRY SERVED
WITH STEAMED RICE &
EGG ROLL

Monday 19

CAJUN CHICKEN
SANDWICH SERVED WITH
POTATO WEDGES &
BEVERAGE

Tuesday 20

CARNE ASADA
NACHOS

Wednesday 21

BYO SANDWICH SERVED
WITH CHIPS & DRINK

Thursday 22

BRAISED PORK CHOP
SERVED WITH MASHED
POTATOES, CORN &
GRAVY

Friday 23

BEEF RAGU SERVED
WITH FETTUCCINE &
VEGETABLE MEDLEY

Monday 26

SMOKED TRI TIP
SANDWICH SERVED WITH
POTATO WEDGES &
BEVERAGE
\$10.00

Tuesday 27

CHICKEN QUESADILLA
SERVED WITH BEANS &
RICE

Wednesday 28

BYO SANDWICH SERVED
WITH CHIPS & DRINK

Thursday 29

BEEF POT ROAST
SERVED WITH MASHED
POTATOES & GREEN
BEANS

Friday 30

SHRIMP STIR FRY SERVED
WITH STEAMED RICE &
EGG ROLL

WEEKLY SPECIALS

Salad and Panini Sandwich \$7.50

OCTOBER 05 - 09

GRILLED CHEESE PANINI

THREE CHEESE, SPINACH, TOMATO & PESTO

SANTA FE CHICKEN SALAD

ROMAINE, GRILLED CHICKEN, ROASTED PEPPER & CORN SALAD, CHEDDAR CHEESE & RANCH DRESSING

OCTOBER 12-16

CHEESESTEAK PANINI

ROAST BEEF, PEPPERS, ONIONS & PROVOLONE CHEESE

CHINESE CHICKEN SALAD

ROMAINE, GRILLED CHICKEN, CHOW MEIN NOODLES, MANDARIN ORANGES, ALMONDS & ASIAN SESAME DRESSING

OCTOBER 19-23

TURKEY PESTO PANINI

TURKEY, SPINACH, TOMATO, PROVOLONE CHEESE & PESTO

BLT SALAD

MIXED GREENS, BACON, GRAPE TOMATOES, CROUTONS, PARMESAN CHEESE & BLUE CHEESE DRESSING

OCTOBER 26-30

ITALIAN PANINI

HAM, SALAMI, PEPPERONI, TOMATO, PROVOLONE & BALSAMIC GLAZE

STRAWBERRY POPPYSEED SALAD

MIXED GREENS, STRAWBERRIES, BLUEBERRIES, PECANS, FETA CHEESE & POPPYSEED DRESSING