

OCTOBER 2026

NWCHS

Monday	Tuesday	Wednesday	Thursday	Friday
 CEREAL- COCOA PUFFS ⁵ BACON CHEESEBURGER Potato Wedges Burger Salad	 STRAWBERRY MUFFIN ⁶ CHILAQUILES W/SPANISH RICE Refried Beans Chopped Salad	 SPICED PUMPKIN BREAD ⁷ DELI SANDWICH Carrot & Celery Sticks Cucumbers	 FRUDEL ¹ KENTUCKY BOWL W/OATMEAL COOKIE Mashed Potatoes w/Gravy Seasoned Corn	 WAFFLE CHICKEN SANDWICH ² CHICKEN TAMALE W/CHILE CON QUESO & SPANISH RICE Charro Beans Potato Wedges Chopped Salad
 CEREA- COCOA PUFFS ¹² CHEESEBURGER Fries Burger Salad	 CHOCOLATE MUFFIN ¹³ PICADILLO W/TOSTADAS & SPANISH RICE Refried Beans Chopped Salad	 BLUEBERRY SQUARE ¹⁴ MEATY LASAGNA W/GARLIC BREADSTICK Steamed Carrots Cucumbers	 CONCHA ⁸ BEEF FINGERS W/ROLL Mashed Potatoes w/Gravy Steamed Mixed Veggies	 BREAKFAST PIZZA ⁹ SPICY CHICKEN SANDWICH Sweet Potato Fries Burger Salad
 CEREAL- CINNAMON TOAST ¹⁹ CHILI DOG Tater Tots Carrot & Celery Sticks	 OATMEAL ROUND ²⁰ SUPREME NACHOS W/OATMEAL COOKIE Pinto Beans Shredded Salad	 CINNAMON TURNOVER ²¹ BEEFARONI & GARLIC BREADSTICK Steamed Carrots Chopped Salad	 CONCHA ¹⁵ BAKED CHICKEN W/ROLL & MAC N CHEESE Corn on Cobb Steamed Mixed Veggies	 BREAKFAST WRAP ¹⁶ SPICY CHICKEN SANDWICH Sweet Potato Fries Burger Salad
 CEREAL LUCKY CHARMS ²⁶ MINI CORN DOGS Chili Fries Steamed Carrots	 FUDGE TARTS ²⁷ TACOS W/SPANISH RICE Refried Beans Shredded Salad	 STRAWBERRY CHEESE BAGEL ²⁸ POBLANO CHICKEN PASTA & GARLIC BREADSTICK Steamed Carrots Chopped Salad	 MARRANITO ²² BUFFALO STRIPS W/CHOCOLATE COOKIE Fries Celery Sticks	 MINI PANCAKES ²³ ASIAN PLATE Steamed Veggies Cucumbers
			 APPLE BITES ²⁹ KENTUCKY BOWL W/OATMEAL COOKIE Mashed Potatoes w/Gravy Seasoned Corn	 HAM & SWISS CROISSANT ³⁰ POZOLE W/ROLL Cucumbers Cabbage & Radish Mix

Breakfast Alternative:

Tuesday:
Eggs W/Roll

Friday:
Oatmeal



*Menu Subject to Change
Fruit & Milk Served Daily*



Texas
Department of
Agriculture
Commissioner
Sid Miller



Food &
Nutritional
Division
National School
Breakfast &
Lunch Programs

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ALTERNATIVE MENU

OCTOBER 2026

NWCHS

**Salads,
Wraps, &
Sandwiches**

MONDAY

Buffalo Salad

Italian Sub

TUESDAY

Oriental Salad

Buffalo Wrap

WEDNESDAY

Caesar Salad

Deli Sandwich

THURSDAY

Southwest Salad

Turkey Bacon Wrap

Pizza Bar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

WEEK 2

WEEK 3

WEEK 4

WEEK 5

Cheese Pizza

Cheese Pizza

Pepperoni Pizza

Pepperoni Pizza

Pepperoni Pizza

Pepperoni Pizza

Cheese Pizza

Pepperoni Pizza

Cheese Pizza

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Pepperoni Pizza

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Pepperoni Pizza

Cheese Pizza

Cheese Pizza

Cheese Pizza

Pepperoni Pizza



**FOOD & NUTRITIONAL DIVISION
NATIONAL SCHOOL BREAKFAST &
LUNCH PROGRAMS**

Yogurt-Fruit Parfait

Monday - Friday

Peach Parfait W/Granola

Berry Parfait W/Granola



Golden Eagle Corner

Monday - Thursday

Spicy Ramen

**HOMEMADE
BURRITOS**



**TEXAS DEPARTMENT OF
AGRICULTURE
COMMISSIONER SID MILLER**

**FOOD & NUTRITIONAL DIVISION
NATIONAL SCHOOL BREAKFAST &
LUNCH PROGRAMS**

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