



Winona Family YMCA

HUSTLE, HEART & HOOPS

5th-8th Grade Girls Basketball

November 4, 2026-January 8, 2027

The YMCA Pacers Girls Basketball Program is a developmental program with a competitive component designed to help players build skills, confidence, and character while preparing for future levels of play.

Practices emphasize teamwork, fundamentals, and decision-making within a supportive environment. Teams will participate in Tri-State tournaments for additional gameplay experience. While competition is part of the experience, success is measured through character growth and YMCA values — not wins and losses.

Register now-October 20: \$120/Members, \$145/non-members

Register October 21-November 11: \$140/Members, \$170/non-members

Sunday Practices

5th & 6th Grade: 1-2:20pm
7th & 8th Grade: 2:30-3:50pm

Wednesday Practices

5th & 6th Grade: 6-6:50pm
7th & 8th Grade: 7-7:50pm

5th & 6th Grade Tournament Dates

12/6, 12/13, 12/20, 1/9
Some travel required

7th & 8th Grade Tournament Dates

12/6, 12/13, 12/20, 1/9
Some travel required



Volunteers Needed!

Contact SRedepenning@winonaymca.org

Financial Assistance is available!

**Register in person or online
www.winonaymca.org**



**Thank you to our
program sponsors!**

