

Tarrant Elementary School October 2026 Breakfast Menu

Milk, 1% plain
and fat free
offered daily



Menu subject to
change without
notification

Monday, October 5	Tuesday, October 6	Wednesday, October 7	Thursday, October 8	Friday, October 9
Mini Pancakes	Bacon, Egg, Cheese Frittata	Mini Waffles	Sausage and Biscuit	Muffin and Yogurt
Fruit	Cinnamon Crackers/Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
Monday, October 12	Tuesday, October 13	Wednesday, October 14	Thursday, October 15	Friday, October 16
Mini Pancakes	Bacon, Egg, Cheese Frittata	Mini Waffles	Sausage and Biscuit	Muffin and Yogurt
Fruit	Cinnamon Crackers/Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
Monday, October 19	Tuesday, October 20	Wednesday, October 21	Thursday, October 22	Friday, October 23
Mini Pancakes	Bacon, Egg, Cheese Frittata	Mini Waffles	Sausage and Biscuit	Muffin and Yogurt
Fruit	Cinnamon Crackers/Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
Monday, October 26	Tuesday, October 27	Wednesday, October 28	Thursday, October 29	Friday, October 30
Mini Pancakes	Bacon, Egg, Cheese Frittata	Mini Waffles	Sausage and Biscuit	Inclement Weather Day
Fruit	Cinnamon Crackers/Fruit	Fruit	Fruit	
Milk	Milk	Milk	Milk	No School

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

fax: (833) 256-1665 or (202) 690-7442; or **email:** Program.Intake@usda.gov

This institution is an equal opportunity provider.

Tarrant Elementary School October 2026 Lunch Menu

<u>Milk, 1% plain</u> <u>and fat free</u> <u>offered daily</u>	  			<u>Menu subject to</u> <u>change without</u> <u>notification</u>
Monday, October 5 <u>Choice of entrée</u> Crispito w/Cheese <u>Sides</u> Corn Pinto Beans Assorted Fruit	Tuesday, October 6 <u>Choice of entrée</u> Chicken Alfredo Garlic Knot <u>Sides</u> Steamed Broccoli Cooked Carrots Assorted Fruit	Wednesday, October 7 <u>Choice of entrée</u> Dill Chicken Bites Roll <u>Sides</u> Roasted Potatoes Green Beans Assorted Fruit	Thursday, October 8 <u>Choice of entrée</u> Pizza <u>Sides</u> Baby Carrots w/Ranch Sliced Cucumbers w/Tajin Assorted Fruit	Friday, October 9 <u>Choice of entrée</u> Cheeseburger <u>Sides</u> Oven Fries Baked Beans Assorted Fruit
Monday, October 12 <u>National</u> Corndog <u>Sides</u> Smiley Fries/Baby Carrots Assorted Fruit	Tuesday, October 13 <u>School</u> Walking Taco <u>Sides</u> Pinto Beans/Corn Assorted Fruit	Wednesday, October 14 <u>Lunch</u> BBQ Sandwich <u>Sides</u> Sweet Potato Fries/Turnip Greens Assorted Fruit	Thursday, October 15 <u>Week</u> Country Fried Steak Roll <u>Sides</u> Green Beans/Mashed Potatoes Assorted Fruit	Friday, October 16 <u>International</u> Fiesta Pizza <u>Sides</u> Baby Carrots/Slice Cucumbers Assorted Fruit
Monday, October 19 <u>Choice of entrée</u> Chicken Tenders Roll <u>Sides</u> Roasted Potatoes Green Beans Assorted Fruit	Tuesday, October 20 <u>Choice of entrée</u> Spaghetti Breadstick <u>Sides</u> Steamed Broccoli Cooked Carrots Assorted fruit	Wednesday, October 21 <u>Choice of entrée</u> BBQ Nachos <u>Sides</u> Pinto Beans Sliced Cucumbers Assorted fruit	Thursday, October 22 <u>Choice of entrée</u> Pizza <u>Sides</u> Tossed Salad Corn Assorted fruit	Friday, October 23 <u>Choice of entrée</u> Breaded Chicken Sandwich <u>Sides</u> Sweet Potato Fries Baked Beans Assorted Fruit
Monday, October 26 <u>Choice of entrée</u> Cheesy Pull Aparts Marinara <u>Sides</u> Corn Steamed Broccoli Assorted Fruit	Tuesday, October 27 <u>Choice of entrée</u> Smoked Sausage Macaroni and Cheese <u>Sides</u> Collard Greens Roll Assorted Fruit	Wednesday, October 28 <u>Choice of entrée</u> Chili Cheese Toast <u>Sides</u> Green Beans Assorted Fruit	Thursday, October 29 <u>Fall Festival</u> Sub Sandwich Chips <u>Sides</u> Baby Carrots w/Ranch Sliced Cucumbers w/Tajin Assorted Fruit	Friday, October 30 <u>No School</u> <u>Inclement</u> <u>Weather</u> <u>Day</u>