

PONY CLUB AFTER-SCHOOL PROGRAM

DO YOU LOVE HORSES?

WHO: Youth ages 5-17 that need to learn new things about themselves, and work on forming good relationships using 8 wonderful horses that teach us life skills.

WHAT: A program where youth go Mon, Tues, Wed, and Thurs to Project HOPE STABLES located at 16195 W. Poe Rd. from 4:00-6:30 pm where they will work with HORSES, learn how to RIDE HORSES, take FIELD TRIPS, do Art Activities and have FUN all while learning about yourself, your emotions, problem solving, and how to make new friends. No experience is necessary. Each youth works with the horses at their own pace.

- Groups and activities focusing:
  - Learning how to identify and express their emotions
  - Increase patience, listening, tolerance and self-control by using equine assisted activities.
  - Learning effective problem solving
  - Learning social skills to make friends and be a good friend.
  - Learning how to try new things, increase trust, and communicate. All while using HORSES to teach them.

WHERE: The program is located 4 times a week at Project HOPE STABLES 16195 W. Poe Rd. Bowling Green, Ohio in addition to field trips such as parks, the zoo, swimming, Imagination Station and other animal related activities.

Local Transportation is Provided from local school

Participants must be on Medicaid or self-pay to participate in the program.

Participants must enroll in Skyfall outpatient programming, a community mental health center

CALL/TEXT 419-469-0415 to register. Enrollment is very limited.