

SIUSD Elementary Lunch -October 2026

Lunch Entrée	Protein Source	Allergens
Bean & Cheese Burrito	Beans, Dairy	Wheat, Milk, Soy
Beef Tacos	Beef	Wheat, Soy, Milk
Beef Rib B' Que	Beef	Wheat, Milk, Soy
Bkfst 4 Lunch	Dairy	Egg, Milk, Soy, Wheat
Breaded Chicken Drumstick	Chicken	Wheat
Burger - Beef	Beef	Milk, Wheat
Butter Chicken with Rice	Chicken	Milk
Cheese Quesadilla	Dairy	Milk, Soy, Wheat
Cheesy Southwest Queso Pull-Apart	Dairy	Milk, Soy, Wheat
Chicken Burger	Chicken	Wheat, Soy
Chicken Caesar Salad	Chicken	Milk, Wheat, Egg, Fish
Chicken Corn Dog	Chicken, Dairy	Egg, Milk, Soy, Wheat
Chicken Tenders	Chicken	Soy, Wheat
Chili Dog	Turkey	Milk,Soy, Wheat
Enchirito	Dairy	Milk, Soy, Wheat
Grilled Cheese	Dairy	Milk, Soy, Wheat
Hot Dog Turkey	Turkey	Wheat
Italian Dunkers	Dairy	Wheat, Milk, Soy, Egg
Italian Cheese & Garlic Pull Apart	Dairy	Milk, Wheat, Soy
Macaroni and Cheese	Dairy	Milk, Wheat
Italian Pasta Bake	Dairy	Milk, Wheat
Nachos - Beans and Cheese	Dairy	Milk
Nachos - Turkey Taco Meat & Beans	Beef, Dairy	Soy, Milk
Orange Popcorn Chicken with Rice	Chicken	Soy, Wheat
Pasta Alfredo	Dairy	Wheat, Milk
Pizza - Galaxy Cheese	Dairy	Milk, Soy, Wheat
Pizza - Pepperoni	Dairy, Turkey	Milk
Popcorn Chicken Salad w/ Roll	Chicken	Soy, Wheat
Popcorn Chicken	Chicken	Soy, Wheat
Spicy Chicken Burger	Chicken	Wheat, Soy
Spicy Chicken Tenders w/ Pretzels	Chicken, Dairy	Milk,Wheat, Soy
Southwest Pull Apart	Dairy	Milk, Wheat, Soy
Sun Butter & Jelly Sandwich	Dairy	Milk, Soy, Wheat
Sweet & Sour Chicken w/ Rice	Chicken	Soy, Wheat
Sweet & Sour Veggie Chicken w/ Rice	Chicken	Soy, Wheat
Turkey Tacos	Turkey	Soy, Wheat, Mlk
Turkey, Gravy and Mashed Potatoes	Turkey, Dairy	Milk, Wheat
Turkey -Ham & Cheddar Sandwich	Turkey, Dairy	Milk, Wheat
Veggie Burger	Dairy	Egg, Milk, Soy, Wheat
Yogurt with Cinnamon Graham & String Cheese	Dairy	Milk, Wheat