CADETS BASEBALL

PROGRAM UPDATE - 9/27/26

2027 SPRING SEASON - KEY DATES

January 3: Captains' Practices Begin (Every Sunday 10:00-11:30am)
Dome at Concordia University - Saint Paul
March 15-18: 9-12th Grade "Arm Care Week" Practices (**Required**) (*No practice March 19-20*)
March 22-25 (Spring Break*): Optional 9-12th Grade Practices (*No practice March 26-27*)
March 29: 9-12th Grade Tryouts Begin (**Required**)
April 5: Regular season game schedule begins (ends May 22)

2027 CAPTAINS

Nolan Andresen '27 | nolanandresen27@cadets.com
Colby Olson '27 | colbyolson27@cadets.com
Will O'Shaughnessy '27 | williamo'shaughnessy27@cadets.com
Patrick Sorensen '27 | patricksorensen27@cadets.com
****All athletes are welcomed and encouraged to approach our captains, or any of our other seniors, with any questions about our program and culture.*

WINTER CAPTAINS' PRACTICE

Our captains will once again hold weekly captains' practice each Sunday morning at the Concordia University - Saint Paul dome, beginning January 3 and running through early March. These practices are open to all high-school aged athletes and are not mandatory. There is an additional cost to participate in these practices (typically around $200/athlete). More information to be announced later this year.

*2027 SPRING BREAK POLICY

In 2027, Spring Break falls on Week 2 of our season. However, we understand that many families may wish to travel and go on vacations during this week. To accommodate this, March 22-25 will be an optional practice week for 9-12th graders. Athletes must inform the coaching staff if they will miss any practices during Spring Break. Athletes are expected to attend practices if they are in town.

Keep in mind that the athletes that do attend these practices will have the advantage of being seen by coaches and working with their teammates. **Tryout evaluations for 9-12th graders officially begin on <u>Monday, March 29</u> (***Note: This is the final day of Spring Break; however, athletes are expected to be in attendance for tryouts***).**

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JUNIORS - MAY TERM GUIDANCE

STA is introducing a May Term course offering in 2027 with opportunities for Junior students to travel during this period from May 20 - June 3. This period includes the end of our Varsity & JV regular seasons and the beginning of Varsity section playoffs. While we are supportive of this academic opportunity, any student-athlete that chooses to take a “travel” course will likely not be considered for a Varsity section roster spot due to the timing conflict. Junior athletes that want to be considered for the Varsity section roster are advised to sign up for a local May Term course.

2027 SUMMER PROGRAM

Our summer baseball program is a key component of our overall development plan for our athletes. Our program runs from late-May through late-July and includes the following teams:

9th Grade: One or two 15U teams; participate in MBL or other local league; 10-12 games + 1-2 in-state tournaments + playoffs
10th Grade: 16U/VFW team; Compete vs Metro-area teams; 10-12 games + 1-2 in-state tournaments + playoffs
11-12th Grade: West Saint Paul Challenger Legion; 12-14 games + 2-3 tournaments + playoffs

Our program also includes:
- Weekly Monday night practices led by STA coaching staff
- Additional small-group training (position or skill-specific)

Costs: Depending on the team, the fee per athlete will be about $450-550.

All STA athletes are highly encouraged to participate for an STA summer team. Athletes that participate in our program have the advantage of working with our varsity coaches, competing with their classmates, continuing their personal & athletic development, and representing their school in the summer. Our summer teams are coached by our school ball coaches and/or program alumni.

Our summer teams will be announced in early May and determined based off spring/school team tryouts. In some cases, it may be possible for athletes to participate on a STA team and club ball team at the same time.

More information TBA in early Spring.