

PUSD MIDDLE SCHOOL BREAKFAST MENU

OCTOBER 2026

	MON	TUE	WED	THU	FRI
9/28-10/2 10/19-10/23	Egg Croissant Assorted Cereal Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Applesauce, Fresh Fruit, 100% Juice	Egg Croissant Assorted Cereal Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Mixed Fruit, Fresh Fruit, 100% Juice	Egg Croissant Assorted Cereal Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Banana, Fresh Fruit, 100% Juice	Egg Croissant Assorted Cereal Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Apple Slices, Fresh Fruit, 100% Juice	Egg Croissant Assorted Cereal Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Dried Cranberries, Fresh Fruit, 100% Juice
10/5-10/9 10/26-10/30	French Toast Sticks & Turkey Sausage Link Assorted Cereal Cinnamon Roll Banana Bread Ham & Cheese Croissant Applesauce, Fresh Fruit, 100% Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Cinnamon Roll Banana Bread Ham & Cheese Croissant Mixed Fruit, Fresh Fruit, 100% Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Cinnamon Roll Banana Bread Ham & Cheese Croissant Banana, Fresh Fruit, 100% Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Cinnamon Roll Banana Bread Ham & Cheese Croissant Apple Slices, Fresh Fruit, 100% Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Cinnamon Roll Banana Bread Ham & Cheese Croissant Dried Cranberries, Fresh Fruit, 100% Juice
10/12-10/15	Breakfast Turkey Sausage Pizza Assorted Cereal Maple Waffle Bagel & Cream Cheese Assorted Concha Applesauce, Fresh Fruit, 100% Juice	Breakfast Turkey Sausage Pizza Assorted Cereal Maple Waffle Bagel & Cream Cheese Assorted Concha Mixed Fruit, Fresh Fruit, 100% Juice	Breakfast Turkey Sausage Pizza Assorted Cereal Maple Waffle Bagel & Cream Cheese Assorted Concha Banana, Fresh Fruit, 100% Juice	Breakfast Turkey Sausage Pizza Assorted Cereal Maple Waffle Bagel & Cream Cheese Assorted Concha Apple Slices, Fresh Fruit, 100% Juice	Breakfast Turkey Sausage Pizza Assorted Cereal Maple Waffle Bagel & Cream Cheese Assorted Concha Dried Cranberries, Fresh Fruit, 100% Juice
This institution is an equal opportunity provider.			A variety of milk is offered daily including Fat Free, and Low Fat 1%. The milk offer does not contain GMO ingredients and is hormone-free. A variety of locally sourced fruits and vegetables offered daily. Each student must select a fruit and/or vegetable as part of a complete meal.		
Menu Subject To Change Meals are free for all PUSD students Adult lunch \$4.75			Monthly menus, nutrition, allergen, and carbohydrate information can be found at: www.schools.mealviewer.com For additional information or inquiries, please contact PUSD Food and Nutrition Services 740 W. Woodbury Rd, Altadena, CA 91001 (626) 396-5850		