

PUSD ELEMENTARY SCHOOL LUNCH MENU

OCTOBER 2026

	MON	TUE	WED	THU	FRI
9/28-10/2 10/19-10/23	Chicken Corn Dog Italian Cheese Pull Apart & Marinara Sauce Broccoli, Cherry Tomatoes Fruit Slushie Seasonal Fresh Fruit	Teriyaki Chicken and Brown Rice Bowl Yogurt Grab & Go Bag Edamame, Baby carrots Seasonal Fresh Fruit	Hamburger/Cheeseburger/Veggie Burger Cheese Pizza Potato Wedges, Shredded Lettuce & Sliced Tomatoes Seasonal Fresh Fruit	Hard Shell Taco with Spanish Rice Bean & Cheese Pupusa Shredded Lettuce, Pico De Gallo, Sweet Corn Seasonal Fresh Fruit	Fish Tacos & Lemon Wedge Yogurt Grab & Go Bag Coleslaw, Cucumbers Fruit Slushie Seasonal Fruit
10/5-10/9 10/26-10/30	Meatballs Pasta with Marinara Sauce Italian Cheesy Pull Apart & Marinara Sauce Broccoli, Cherry Tomatoes Fruit Slushie Seasonal Fresh Fruit	Mandarin Orange Chicken and Brown Rice Bowl WOW Butter Sandwich Edamame, Baby carrots Seasonal Fresh Fruit	Mac & Cheese w/Dinner Roll Yogurt Grab & Go Bag Mixed Vegetables, Baby Carrots Seasonal Fresh Fruit	Carnitas Soft Shell Tacos & Salsa Verde Bean & Cheese Pupusa Shredded Lettuce, Pico De Gallo, Sweet Corn Seasonal Fresh Fruit	Fish Sticks & Tartar Sauce served with Tortilla Chips & Pico De Gallo Cheese Pizza Potato Wedges Fruit Slushie Seasonal Fresh Fruit
10/12-10/15	Crispy Chicken Sandwich Italian Cheese Pull Apart & Marinara Sauce Cucumbers Broccoli, Shredded Lettuce & Sliced Tomatoes Fruit Slushie Seasonal Fresh Fruit	Sweet & Sour Chicken over Yakisoba Noodles Yogurt Grab & Go Bag Edamame, Baby carrots Seasonal Fresh Fruit	Chicken Drumstick with Mashed Potato & Dinner Roll WOW Butter Sandwich Mixed Vegetables, Baby Carrots Seasonal Fresh Fruit	Walking Taco Bean & Cheese Pupusa Shredded Lettuce, Pico De Gallo, Sweet Corn Seasonal Fresh Fruit	Fish Sandwich on a Corn Dusted Kaiser Bun Cheese Pizza Coleslaw Potato Wedges Fruit Slushie Seasonal Fresh Fruit

This institution is an equal opportunity provider.

A variety of milk is offered daily including Fat Free, and Low Fat 1%.
The milk offer does not contain GMO ingredients and is hormone-free.
A variety of locally sourced fruits and vegetables offered daily.
Each student must select a fruit and/or vegetable as part of a complete meal.

Menu Subject To Change
Meals are FREE for all PUSD students
Adult lunch \$4.75

Monthly menus, nutrition, allergen, and carbohydrate information can be found at:
www.schools.mealviewer.com
For additional information or inquiries, please contact PUSD Food and Nutrition Services
740 W. Woodbury Rd, Altadena, CA 91001 (626) 396-5850