

PUSD HIGH SCHOOL BREAKFAST MENU

OCTOBER 2026

	MON	TUE	WED	THU	FRI
9/28-10/2 10/19-10/23	Turkey Sausage & Egg Sandwich Assorted Cereal Cinnamon Roll Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Applesauce, Fresh Fruit, Juice	Turkey Sausage & Egg Sandwich Assorted Cereal Cinnamon Roll Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Mixed Fruit, Fresh Fruit, Juice	Turkey Sausage & Egg Sandwich Assorted Cereal Cinnamon Roll Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Banana, Fresh Fruit, Juice	Turkey Sausage & Egg Sandwich Assorted Cereal Cinnamon Roll Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Apple Slices, Fresh Fruit, Juice	Turkey Sausage & Egg Sandwich Assorted Cereal Cinnamon Roll Bagel & Cream Cheese Maple Pancake Wrap Assorted Concha Hashbrown Patties Dried Cranberries, Fresh Fruit, Juice
10/5-10/9 10/26-10/30	French Toast Sticks & Turkey Sausage Link Assorted Cereal Banana Bread Breakfast Muffin Ham & Cheese Croissant Assorted Concha Applesauce, Fresh Fruit, Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Banana Bread Breakfast Muffin Ham & Cheese Croissant Assorted Concha Mixed Fruit, Fresh Fruit, Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Banana Bread Breakfast Muffin Ham & Cheese Croissant Assorted Concha Banana, Fresh Fruit, Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Banana Bread Breakfast Muffin Ham & Cheese Croissant Assorted Concha Apple Slices, Fresh Fruit, Juice	French Toast Sticks & Turkey Sausage Link Assorted Cereal Banana Bread Breakfast Muffin Ham & Cheese Croissant Assorted Concha Dried Cranberries, Fresh Fruit, Juice
10/12-10/15	Chicken & Waffle Assorted Cereal Mini Maple Pancakes Breakfast Muffin Bagel & Cream Cheese Assorted Concha Applesauce, Fresh Fruit, Juice	Chicken & Waffle Assorted Cereal Mini Maple Pancakes Breakfast Muffin Bagel & Cream Cheese Assorted Concha Mixed Fruit, Fresh Fruit, Juice	Chicken & Waffle Assorted Cereal Mini Maple Pancakes Breakfast Muffin Bagel & Cream Cheese Assorted Concha Banana, Fresh Fruit, Juice	Chicken & Waffle Assorted Cereal Mini Maple Pancakes Breakfast Muffin Bagel & Cream Cheese Assorted Concha Apple Slices, Fresh Fruit, Juice	Chicken & Waffle Assorted Cereal Mini Maple Pancakes Breakfast Muffin Bagel & Cream Cheese Assorted Concha Dried Cranberries, Fresh Fruit, Juice

This institution is an equal opportunity provider.

A variety of milk is offered daily including Fat Free, and Low Fat 1%.
The milk offer does not contain GMO ingredients and is hormone-free.
A variety of locally sourced fruits and vegetables offered daily.
Each student must select a fruit and/or vegetable as part of a complete meal.

Menu Subject To Change
Lunch is free for all PUSD students
Adult lunch \$4.75

Monthly menus, nutrition, allergen, and carbohydrate information can be found at:
www.schools.mealviewer.com
For additional information or inquiries, please contact PUSD Food and Nutrition Services
740 W. Woodbury Rd, Altadena, CA 91001 (626) 396-5850