

PUSD CHILD CARE BREAKFAST MENU

OCTOBER 2026

	MON	TUE	WED	THU	FRI
9/28-10/2 10/19-10/23	Assorted Cereal Seasonal Fruit Cold Milk	Ham & Swiss Croissant Seasonal Fruit Cold Milk	Mini Maple Pancakes Seasonal Fruit Cold Milk	Bagel with Cream Cheese Seasonal Fruit Cold Milk	Breakfast Muffin Seasonal Fruit Cold Milk
10/5-10/9 10/26-10/30	Yogurt Cinnamon Graham Crackers Seasonal Fruit Cold Milk	Bagel with Cream Cheese Seasonal Fruit Cold Milk	Breakfast Muffin Seasonal Fruit Cold Milk	French Toast Stick Turkey Sausage Link Seasonal Fruit Cold Milk	Assorted Cereal Seasonal Fruit Cold Milk
10/12-10/15	Banana Bread Seasonal Fruit Cold Milk	Mini Waffles Chicken Nuggets Seasonal Fruit Cold Milk	Yogurt Seasonal Fruit Cold Milk	Mini Pancakes Seasonal Fruit Cold Milk	Blueberry Waffle Seasonal Fruit Cold Milk

This institution is an equal opportunity provider.

A variety of milk is offered daily including Fat Free, and Low Fat 1%.
The milk offer does not contain GMO ingredients and is hormone-free.
A variety of locally sourced fruits and vegetables offered daily.
Each student must select a fruit and/or vegetable as part of a complete meal.

Menu Subject To Change
Meals are free for all PUSD students
Adult lunch \$4.75

Monthly menus, nutrition, allergen, and carbohydrate information can be found at:
www.schools.mealviewer.com
For additional information or inquiries, please contact PUSD Food and Nutrition Services
740 W. Woodbury Rd, Altadena, CA 91001 (626) 396-5850

PUSD CHILD CARE LUNCH MENU

OCTOBER 2026

	MON	TUE	WED	THU	FRI
9/28-10/2 10/19-10/23	Italian Cheesy Pull Apart Mixed Vegetables Fresh Seasonal Fruit Fruiti Slushie Cold Milk	Teriyaki Chicken and Brown Rice Bowl Steamed Broccoli Fresh Seasonal Fruit Cold Milk	Cheeseburger Potato Wedges Lettuce & Sliced Tomato Fresh Seasonal Fruit Cold Milk	Hard Shell Beef Tacos Salsa Cup Sweet Corn Fresh Seasonal Fruit Cold Milk	Chicken Smackers & Waffle Cucumbers Fruit Slushie Fresh Seasonal Fruit Cold Milk
10/5-10/9 10/26-10/30	Meatballs Pasta & Marinara Sauce Potato Wedges Fruit Slushie Fresh Seasonal Fruit Cold Milk	Mandarin Orange Chicken and Brown Rice Bowl Steamed Broccoli Fresh Seasonal Fruit Cold Milk	Mac & Cheese w/Dinner Roll Mixed Vegetables Fresh Seasonal Fruit Cold Milk	Carnitas Soft Tacos Salsa Cup Sweet Corn Fresh Seasonal Fruit Cold Milk	Cheese Pizza Cucumbers Fruit Slushie Fresh Seasonal Fruit Cold Milk
10/12-10/15	Crispy Chicken Sandwich Potato Wedges Lettuce & Sliced Tomatoes Fruit Slushie Fresh Seasonal Fruit Cold Milk	Beef Teriyaki Dippers & Brown Rice Steamed Broccoli Fresh Seasonal Fruit Cold Milk	Chicken Drumstick with Roll & Mashed Potatoes Mixed Vegetables Fresh Seasonal Fruit Cold Milk	Bean & Cheese Pupusa Sweet Corn Salsa Cup Fresh Seasonal Fruit Cold Milk	Three Cheese Calzone Cucumbers Fruit Slushie Fresh Seasonal Fruit Cold Milk
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PUSD CHILD CARE SNACK MENU

OCTOBER 2026

	MON	TUE	WED	THU	FRI
9/28-10/2 10/19-10/23	Cheddar Chex Cold Milk	Yogurt Scooby Doo Graham Sticks 100% Juice	Banana String Cheese Cold Milk	Cinnamon Graham Bug Bites Cold Milk	Tangerine String Cheese Cold Milk
10/5-10/9 10/26-10/30	Sunchips 100% Juice	Fresh Orange String Cheese Cold Milk	Cheddar Goldfish String Cheese Cold Milk	Scooby Doo Graham Crackers Cold Milk	Tangerine String Cheese Cold Milk
10/12-10/15	Strawberry Chex 100% Juice	Blueberry Muffin Cold Milk	Cheez IT Crackers Cold Milk	Sunchips 100% Juice	Tangerine String Cheese Cold Milk
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Menu Subject To Change Meals are free for all PUSD students Adult lunch \$4.75			Monthly menus, nutrition, allergen, and carbohydrate information can be found at: www.schools.mealviewer.com For additional information or inquiries, please contact PUSD Food and Nutrition Services 740 W. Woodbury Rd, Altadena, CA 91001 (626) 396-5850		