

# RETURNING FROM ALTERNATIVE PLACEMENT

## *Supporting Your Child's Return*

### OVERVIEW: RE-ENTERING SCHOOL

Re-entering school following an alternative placement is an opportunity for a positive FRESH START. Our goal is to partner with families to provide structural support, emotional safety, and clear behavioral guidance as your child transitions back.

### KEY ACTION STEPS & STRATEGIES



#### RE-ENTRY PLANNING AND CAMPUS SAFETY

- Attend the Re-entry meeting with an administrator and counselor at the scheduled Reinstatement Meeting to align on support plans and expectations.
- Walk through school behavioral expectations together with your child and school so everyone shares complete clarity.
- Ensure your child knows 1-2 specific staff members (such as counselor or trusted teacher) they can connect with if feeling overwhelmed.



#### HOME STRATEGIES: ENCOURAGING GROWTH & STRUCTURE

- Avoid dwelling on past incidents. Frame the transition as a positive opportunity to demonstrate growth, responsibility, and new habits.
- Align home structure with school expectations: predictable homework routines, managed screen time, and consistent sleep schedules.
- Hold brief, supportive 5 minute daily check ins after school to review positive moments, discuss daily challenges, and practice healthy coping strategies.



**School Support Contacts: Have questions about the re-entry process?  
Please contact the school's Dean or Counseling Department.**