



The School District *of* Haverford Township

MENTAL HEALTH RESOURCE GUIDE

**This booklet contains a list of various local mental resources and is intended to be used only as a guide. Please refer to the sections of the guide entitled, “Find Help and Treatment” from the Commonwealth of PA, for additional information about how to locate and connect with mental health services in the area.*

Disclaimer: This information is provided as a resource to the community only. The School District of Haverford Township does not endorse nor recommend any specific agency, service, or support. The School District is not financially responsible if a community member should elect to engage any agency, services or supports.

MENTAL HEALTH RESOURCE GUIDE 2026-2027-with Disclaimer-Revised-9-26

MENTAL HEALTH RESOURCE GUIDE

FIND HELP AND TREATMENT-

COMMONWEALTH OF PENNSYLVANIA

(<https://www.pa.gov/guides/mental-health/#FindHelpandTreatment>)

Looking for mental health help? There are several ways to start your search.

Get Connected to Support-

- **Pennsylvania's Support & Referral Helpline** connects Pennsylvanians with mental and emotional support and to local resources. Call [855-284-2494](tel:855-284-2494) (TTY: [724-631-5600](tel:724-631-5600)).
- **Call 2-1-1** to reach the United Way and get connected to help in your area. Search crisis services, hotlines, and warmlines near you on the [United Way of Pennsylvania website](#).

Find a Facility/Specialist-

- Find the help that works for you. Use [Psychology Today's search engine](#) or [SAMHSA's search tool](#) to find therapists, treatment facilities, health care centers, support groups, and more.

For Medicaid Patients-

- If you have Medicaid coverage in Pennsylvania, you can [find an in-network provider](#) by clicking on the Behavioral Health Managed Care Organization (BH-MCO) listed for your county.

You're Entitled to Treatment-

- [The Pennsylvania Department of Insurance is here to help you.](#) If you are having trouble with the mental health benefits covered by your insurance. Call them at [877-881-6388](tel:877-881-6388) for assistance.

FIND HELP AND TREATMENT-

COMMONWEALTH OF PENNSYLVANIA

(<https://www.pa.gov/guides/mental-health/#FindHelpandTreatment>)

Don't Have Health Insurance?

You might qualify for [Medical Assistance](#), also known as Medicaid. Unlike many other health insurance options, you can enroll any time. If you do not know if you are eligible, you can still apply.

There are four ways to apply:

1. **Online:** Using the [COMPASS](#) website, apply for Medicaid (and other services that can help you make ends meet).
2. **By telephone:** Call [1-800-692-7462](tel:1-800-692-7462), Monday-Friday, 8:30 am-4:30 pm
3. **In-Person:** You can contact your local [county assistance office \(CAO\)](#).
4. **On Paper:** You can download an application below, fill it out, and send it or drop it off to your local county assistance office. [Find your county assistance office.](#)
 - [Application for cash assistance, SNAP and Medical Assistance benefits](#) (PDF)
 - [Solicitud para recibir beneficios](#) (PDF)

For Kids and Teens:

CHIP covers all kids and teens with quality health care coverage. Like Medicaid, enrollment is always open. Learn more on the [CHIP website](#).

Know Your Options

Learn about health care options and enrollment availability on the [Department of Insurance website](#).

Assistance for Families Connecting with Local MH Services

Community Care Behavioral Health Organization: Delaware County Member Services

*24/7 Assistance with locating MH services for individuals with Medical Assistance (MA)

Rose Tree Corporate Center, Building 1

1400 N. Providence Road, Suite 310

Media, PA 19063

1-833-577-2682

En Espanol: 1-866-229-3187

Community Care Crisis Line for immediate assistance: 1-800-533-7499

<https://members.ccbh.com/contact>

DELCONTACT

*Supports families that are currently trying to access mental health services in Delaware County by connecting them through Family Peer Specialists (FPS) and Youth Support Partners (YSP).

<https://childandfamilyfocus.org/delcocontact/>

Questions and Referrals:

Tiffany Long-Delco Contact Supervisor

(484) 250-1810

tlong@childandfamilyfocus.org

SAMHSA National Helpline 1-800-662-4357

*24/7 hotline to help locate local substance use and mental health treatment

www.findtreatment.gov

211

Pa 211, through the United Way, can assist families who speak a variety of different languages directly through their website. Individuals can also dial **211** to speak with a contact specialist who can assist with locating programs and services in the area.

<https://www.pa211.org/>

Crisis Mental Health Services

Bryn Mawr Hospital-ER

*Social workers/clinicians on staff to complete level of care assessments

130 South Bryn Mawr Avenue

Bryn Mawr, PA 19010

(484) 337-3000

CHOP Cedar-Behavioral Health and Crisis Center

*24/7 walk-in level of care assessments available for children ages 5-17 years old with immediate mental or behavioral health needs

*No hospital gowns provided during assessments

*Onsite Inpatient hospital available for children ages 7-17 years old with individual rooms

*Free parking

501 S. 54th St.

Philadelphia, PA 19143

(445) 428-5800

<https://www.chop.edu/locations/behavioral-health-and-crisis-center>

CHOP-ER

*Level of care assessments available through Emergency Department

550 S Goddard Blvd-South Entrance (Located in King of Prussia Town Center)

King of Prussia, PA 19406

(800) 879-2467

Delaware County Crisis Connections Team-24/7MOBILE CRISIS UNIT

(855) 889-7827

Foundations Behavioral Health-Autism Spectrum Disorders & Neurodevelopmental Inpatient Psychiatric Hospital

*Services for children and youth ages 5-21 with an Autism Spectrum Disorder diagnosis

*The Clinical Assessment Center (CAC) can conduct 24/7, no-cost, confidential mental health assessment/level of care assessments—Call ahead prior to any level of care assessment at the CAC

833 East Butler Avenue

Doylestown, PA 18901

Main # (215) 345-0444

<https://fbh.com/programs-and-services/inpatient-programs/autism-spectrum-disorders-and-neurodevelopmental-inpatient-psychiatric-hospital/>

High Focus-Havertown

Level of Care Assessments available for children 12 years and older

*High Focus Centers in Havertown offers walk-in Level of Care Assessments (LOCA's), ages 12+, Monday-Thursday from 11am-3pm. Weekday, evening and weekend assessments available.

*Contact their admissions team to get started.

(610) 644-6464

<https://pa.highfocuscenters.com/location/havertown/>

Mercy Fitzgerald Hospital

1500 Lansdowne Avenue

Darby, PA 19023

(610) 237-4210

Philadelphia Children's Crisis Response Center

*24 hour help for children and teens (ages 3-17) experiencing a mental health crisis

3330 Henry Avenue, Falls Center 2, Suite 3N, Philadelphia, PA 19129

(866) 375-5892

<https://www.philachildremscr.com>

Crisis Hotlines

988 Suicide and Crisis Lifeline

*988 routes callers to the National Suicide Prevention Lifeline

*When people call, text, or chat 988, they will be connected to trained counselors who are part of the existing Lifeline network. The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis.

<https://988lifeline.org/>

Crisis Text Line

Text **HOME** to **741741** to connect with a Crisis Counselor Free 24/7 support at your fingertips.

Delaware County Telehealth Helpline

*Delco Telehealth Helpline operates 24 hours a day, 7 days a week. Speak to a Certified Peer Specialist or Mental Health Professional. The call is confidential and may be anonymous if the caller prefers.

1-855-464-9342

Disaster Distress Helpline (DDH)

*Toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.

Call or text 1-800-985-5990

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

National Domestic Violence Hotline

*24/7 free, confidential care

1-800-799-7233

<https://www.thehotline.org/>

Pennsylvania Sexual Assault Hotline-Pennsylvania Coalition to Advance Respect (PCAR)

1-888-772-7227

<https://pcar.org>

Persevere PA Counseling Program/PA Support and Referral Helpline

*Trained professionals available 24/7 to provide short term mental health support, provide referral information, and connect to local crisis resources if needed.

*Services are free and confidential

1-855-284-2494

https://www.phfa.org/forms/covid_counseling/persevere-pa-covid-crisis-counseling-brochure.pdf

RAINN-National Sexual Assault Hotline

*Free, Confidential, 24/7 support

1-800-656-HOPE

Text HOPE to 64673

<https://rainn.org>

SAMHSA (Substance Abuse and Mental Health Services Administration) National Helpline

SAMHSA's National Helpline is free, confidential, 24/7, 365 day-a-year treatment referral and information service (in English and Spanish) for individual and families facing mental and/or substance use disorders.

1-800-662-HELP(4357)

<https://www.samhsa.gov/find-help/national-helpline>

The Trevor Project Crisis Support Services

*The Trevor Project provides 24/7 crisis support services to LGBTQ+ young people. Text, chat, or call anytime to reach a trained counselor.

1-866-488-7386 OR Text "Start" to 678-678

<https://www.thetrevorproject.org/get-help/>

Drug and Alcohol Services

Caron Treatment Centers

Wyomissing Location (outpatient)

845 North Park Road

Wyomissing, PA

(484) 345-4670

Wernersville Location (inpatient)

(855) 499-2257

www.caron.org

Center for Families

*OP Mental Health Services, IOP, PHP, and Teen D&A treatment for individuals ages 13-18 years old

101 Phoenixville Pike

Malvern, PA 19355

(610) 424-9402

www.centerforfamilies.com

Charlie Health

*Virtual Intensive Outpatient Programs (IOP) for individuals ages 8-64 (Med management available)

*Mental Healthcare (ages 8-64) and Intensive addiction treatment for teens (ages 12-17) and adults (ages 18-64)

*Free Parent Support Groups on Website for loved ones of current clients or alumni

*Accepts TriCare insurance, commercial coverage nationwide

Intake Team, available 24/7: (986) 206-0414

<https://www.charliehealth.com/>

<https://www.charliehealth.com/intensive-outpatient-iop>

Chimes Holcomb (Formally Holcomb Behavioral Health Systems)

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

D&A Treatment Resource

*Assists with locating local D&A treatment centers

(717) 220-8068

<https://www.rehab.com/pennsylvania>

Embark

1031 Old Cassatt Road

Berwyn, PA 19312

(484) 327-3487

<https://www.embarkbh.com/substance-use>

Ethos Treatment LLC.

*Mental health & Substance use Intensive Outpatient care for adolescents 13-18 years old

*Accepts most insurance plans

2000 Sproul Rd., Suite 102

Broomall, PA 19008

(267) 458-5503

<https://www.ethostreatment.com/>

High Focus Treatment Centers (Formally known as The Light Program and Rehab After Work)

*The Havertown location offers walk-in assessments for mental health and substance use treatment for both adults and adolescents (12 yr.+) from 11am–3pm, Monday–Thursday.

Havertown, PA 19083

(877) 978-3546

<https://pa.highfocuscenters.com/treatment/substance-use-disorder/>

Keystone Center

20001 Providence Road

Chester, PA 19013

(610) 557-0985

<https://keystonecenter.net/programs-and-services/outpatient-programs/adolescent-outpatient-services/>

Merakey (formerly NHS)

800 Chester Pike,

Sharon Hill, PA 19079

(610) 534-3636

<https://www.merakey.org/>

Mirmont Outpatient Center-Main Line Health

*Partial Hospitalization and Intensive Outpatient programs for individuals 14 years and older

600 Abbott Drive

Broomall, PA 19008

Central Intake: (888) 227-3898

<https://www.mainlinehealth.org/specialties/addiction>

Link for IOP: <https://www.mainlinehealth.org/conditions-and-treatments/treatments/mirmont-substance-use-intensive-outpatient-program>

MVP recovery

*OP, IOP and PHP Substance Use services

*Accepts MA and most commercial insurances

(855) 687-2410

<https://mvprecovery.org/>

Recovery Centers of America

*Inpatient & Outpatient Care

1062 East Lancaster Avenue, Suite 18D

Rosemont, PA 19010 map

(484) 494-2758

<https://www.psychologytoday.com/us/treatment-rehab/radnor-therapy-and-coaching-adolescent-advocates-rosemont-pa/128712>

Recovery Works

*Outpatient services for adolescents and adults ages 14 and older who reside in Delaware County who meet the criteria for Substance Use Disorder.

*Walk In Assessments Monday-Friday from 10:00 AM-2:00 PM

3001 Garrett Road, Suite A

Drexel Hill, PA 19026

<https://www.recoveryworkspa.org/>

Resources for Human Development-RHD–Lower Merion Counseling and Mobile Services

*Intake and med management available almost immediately

*Weekly check-ins offered while waiting for therapy

*Telehealth offered

850 W Lancaster Ave., Fl 2

Bryn Mawr, PA

(610) 520-1510

<https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/>

Roger's Behavioral Health

*IOP, Partial hospitalization, Mental health & Addiction Treatment

1 Winding Drive, Suite 106

Philadelphia, PA 19131

(833) 308-5887

www.rogersbh.org

Serenity Behavioral Health

*Mental Health & Substance use therapy for teens and young adults, ages 14-28

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Eating Disorder Services

Center for Families' Nourish Program

*Partial Program (PHP) for Mental Health Symptoms Accompanied by Disordered Eating Behaviors
1301 Wrights Lane
West Chester, PA 19380
(610) 920-0841
<https://www.centerforfamilies.com/programs/nourish-program/>

Center for Hope & Health

*Treatment for Eating Disorders, Anxiety Disorders, OCD, and PTSD for children ages 12 years +
63 West Lancaster Avenue, Suite 05
Ardmore, PA 19003
(866) 739-3083
<https://www.centerforhopeandhealth.com/>

Center for Psychological Services

Rosemont Plaza, Suite 1
1062 East Lancaster Avenue
Rosemont, PA 19010
(610) 642-4873
Paoli Executive Green, Building 1, Suite 304
41 Leopard Road, Paoli, PA 19301
(610) 647-6406
<http://www.centerpsych.com/>

Evolve Counseling Services

*Group Counseling Services also available for ages 18+
*Does not take insurance, sliding fee scale available
*Jen Donovan, LCSW-Cofounder and therapist, certified in CPT and TREM
24 Paoli Pike
Paoli, PA 19301
(484) 329-7638
<http://evolvecounselingpa.com>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314
Havertown, PA 19083
(888) 982-6015
<https://lifestance.com/>

Live Well Therapy Associates

*Private pay only
111 Forrest Ave., Rear Courtyard
Narberth, PA 19072
(267) 908-0974
<https://www.livewellassociates.com/>

The Renfrew Center

320 King of Prussia Rd., 2nd Floor
Radnor, PA 19087
(215) 267-2339
<https://renfrewcenter.com/>

Seeds of Hope

1440 Russell Road
Paoli, PA 19301
(610) 298-9381
<https://www.seedsofhopesupport.com/>

Grief and Loss Services

A Haven

*Grief services for children and families at low to no cost

623 North Pottstown Pike

Exton PA 19341

(484) 716-1807

<http://www.ahaven.org/>

Camp Erin

*A weekend camp for grieving children/teens who have lost a loved one (no cost)

Philadelphia Chapter

(800) 700-8807

<https://elunanetwork.org/>

The Center for Loss and Bereavement

3847 Skippack Pike

P.O. Box 1299

Skippack, PA 19474

610-222-4110

<https://bereavementcenter.org/>

Linda Falasco, LCSW

*Does not accept insurance

17 Bishop Hollow Road, Suite D

Newtown Square, PA 19073

(484) 571-8010

<https://www.lindafalascolcsw.com/>

Holding Hope

Offices in Wayne, KOP and Philadelphia

<https://www.holdinghopepa.com/>

Peter's Place: A Center for Grieving Children and Families

336 King of Prussia Road

Radnor, PA 19087

(610) 687-5150

<https://petersplaceonline.org/>

Sacred Spaces Counseling Center

*Jill Haney, Pastoral Counselor and Licensed Therapist

*Grief and loss support groups offered in Woodlyn. PA

*Fee for service-No insurance accepted

(610) 357-3500

doctorjill.net

Thriveworks

* In-person, online counseling services, and telepsychiatry (Grief Counseling Available)

*Accepts MA (and many insurance plans)

600 North Jackson Street

Media, PA

Phone number incorrect on website-busy signal

<https://thriveworks.com/insurance-self-pay/#insurance>

<https://thriveworks.com/media-counseling/>

Uplift Center for Grieving Children (formerly The Center for Grieving Children)
3300 Henry Ave. Suite 102
Philadelphia, PA 19129
(267) 437-3123
<https://upliftphilly.org/>

Group Therapy Services

Building Bridges

*Mixed Gender Teen and Young Adult Groups for ages 14-17
36 East Front Street
Media, PA 19063
(610) 556-4011
<https://www.buildingbridgesmedia.com/therapy-group>

Calm Mind Therapy

*Teen Identity Group for ages 12-18
27 W. Athens Avenue
Ardmore, PA 19003
(484) 416-5745
<https://www.calmmindtherapy.org/>

CBT Center for Anxiety & OCD (CCAO)

*Groups for children and family members
Chesley Office Campus
107 Chesley Drive, #2
Media, PA 19063
(610) 529-1875
<https://cbtcenterforanxiety.com/groups/>

Collaborative Counseling & Consulting

*Individual, relationship, family, and group services
*Group for students 10th-12th grade
860 West Lancaster Avenue
Bryn Mawr, PA 19010
(610) 527-5431
<https://www.collabcounsel.com/>

Cornerstone Therapy and Wellness

*Teen DBT skills group
435 Devon Park Drive, STE 300
Wayne, PA 19087
(610) 616-5935
<https://cornerstonetherapy.com/group-therapy/>

Creative Healing

*General and DBT individual and group counseling for teens
3 locations-Wayne, Flourtown, Philadelphia
Phone number incorrect-does not list one on website
<https://creativehealingphilly.com/>

Harbor (Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders)

*Teen Group Therapy
10 E. Athens Ave., STE 204C
Ardmore, PA 19003

<https://harborpa.com/>

Thomas K. Hurster MSS LCSW CGP FAGPA

*Therapy groups for HS aged youth, mixed gender/mixed diagnosis groups

#213- The Wilson Building

26 Summit Grove Avenue

Bryn Mawr, PA 19010

Office: (610) 525-5030

Mobile: (610) 420-1410

thomashurster@gmail.com

<https://www.psychologytoday.com/us/therapists/thomas-k-hurster-bryn-mawr-pa/227487>

Kesselman Clinical Associates

*Individual, group, and play therapy

237 W. Lancaster Ave.

Suite 112

Devon, PA 19333

(610) 687-8200

<https://mainlinepsychologists.com/>

Main Line Therapy Solutions

*Girls Group Chat (ages 11-18)

*Exploring your identity (virtual support group)

600 Haverford Rd., Suite G104

Haverford, PA 19041

(610) 649-6344

<https://mainlinetherapysolutions.com/>

Pediatric Psychology Center of Chester County

*Individual and group counseling

356 N. Pottstown Pike

Suite 300

Exton, PA 19341

(610) 723-8176

<https://www.chesterpsychology.com/>

Phoenix Trauma Center

*Therapy Groups

*Clients in the group are expected to be in individual therapy at the Phoenix Center or elsewhere due to the nature of the groups

*Provide low cost therapy sessions Graduate school Interns (Sessions start at \$85---sliding scale is available if needed)

524 N. Providence Road

Media, PA 19063

(484) 440-9416

<http://www.phoenixtraumacenter.com/group-services>

Serenity Behavioral Health

*Adolescent Group for ages 13-17

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Spectra Support Services

*Provide no cost individual and group music therapy for individuals under a contract with CCBH

HealthChoices Delco (Medical Assistance) for Delaware County Students/Children under 21 years old

In addition, they are able to offer music therapy under the PFDS, Community, and Consolidated Waivers under the office of Developmental Programs
(484) 450-6476
<https://spectrapa.com/music-therapy>
Email info@spectrapa.com

Shannon Fitzpatrick Thomas LPC

*Does not accept insurance
17 Bishop Hollow Road, Suite D
Newtown Square, PA 19073
(484) 978-8913
<https://www.shannonthomaslpc.com/>

Thrive for Hope

*A Virtual Peer Support Group for Youth and Young Adults ages 16-29
*Every Thursday at 4pm EST
<https://pmhca.wildapricot.org/Thrive-for-Hope>

Individual Counseling Services

All of you Therapy

*Trauma therapy and attachment focused counseling
1518 Walnut Street
Suite 401
Philadelphia, PA 19102
(267) 996-9964
<https://allofyoutherapy.net/>

Anchor Psychological Associates

77 W. Baltimore Pike
Media, PA 19063
(610) 717-5299
www.anchorpsych.com

Charlotte Anderson, LPC

600 W. Germantown Pike, Suite 400
Plymouth Meeting, PA 19462
215-839-8709
<https://www.psychologytoday.com/us/therapists/charlotte-anderson-philadelphia-pa/862139>

Anxiety and Agoraphobia Treatment Center

112 Bala Ave.
Bala Cynwyd, PA 19004
(610) 667-6490
<https://aatcphila.com/>

Meg Ardizzi, LCSW

*Clinical Social Worker/Therapist
107 Rutgers Ave, Suite 1
Swarthmore, PA 19081
(610) 440-4695
<https://www.psychologytoday.com/us/therapists/meg-ardizzi-llc-swarthmore-pa/114633>

Aviva Mental Health Services

*Outpatient MH services, IBHS services for children
320 Macdade Blvd, Suite # 205

Collingdale, PA 19023
(610) 522-4506
<https://avivamhs.com/>

Bala CBT

*In-person and teletherapy for children (ages 4+), adolescents, adults, & families
*Does not accept insurance
201 N. Presidential Blvd.
Bala Cynwyd, PA 19004
610-477-7684
<https://www.balacbt.com/>

Bala Child and Family Associates

*Dr. Kodman-Jones-specializes in supporting preschoolers, children, and adolescents with anxiety
1 Bala Avenue, Suite 125
Bala Cynwyd, PA 19004
(610) 667-7137 Ext. 106
Dr. Kodman-Jones can be reached via email at: kodmanjones@comcast.net
<https://balachildfamily.com/practitioners/christine-kodman-jones/>

Behavior and Counseling Center

*Michael Clemente, LPC
*Telehealth Counseling Available
*OP therapy, Cognitive Behavior, & Applied Behavior Analysis (ABA) services
Philadelphia, PA 19128
(215) 452-6274
www.behaviorandcounselingcenter.com

BetterHelp

*Virtual appointments for teens
*No insurance accepted-fee for service
*Short wait for services
<http://betterhelp.com>

Blackbird Health

*Mental health services for kids and young adults (ages 2-26) struggling with social, developmental, and school-related challenges.
*Virtual and in person services available
*Accept most commercial insurance plans
1023 E. Baltimore Pike, Suite 210
Media, PA 19063
(484) 202-0751
<https://blackbirdhealth.com/>

Dr. Elizabeth Briganti

*Specializes in Play Therapy, ADHD, OCD, Adoption, Trauma, Depression, Eating Disorders, PTSD
410 Lancaster Ave., Suite 4
Haverford, PA 19041
(267) 403-4235
<https://www.psychologytoday.com/us/therapists/elizabeth-b-briganti-haverford-pa/59557>

Bryn Mawr Psychological Associates

919 Conestoga Rd Ste 313
Bryn Mawr, PA 19010
(610) 525-4828
<https://www.brynmawrpsych.com/>

Building Bridges

36 East Front Street

Media, PA 19063

<https://www.buildingbridgesmedia.com/>

The Bridge

31-33 North Narberth Avenue

Narberth, PA 19072

(610) 668-1479

<http://www.thebridgenarberth.com/>

Calm Mind Therapy

*Adolescent Individual therapy ages 12+

105 Ardmore Avenue

Ardmore, PA 19003

(484) 416-5745

<https://www.calmmindtherapy.org/>

CBT Center for Anxiety & OCD (CCAO)

*In-person and Teletherapy

Chesley Office Campus

107 Chesley Drive, #2

Media, PA 19063

(610) 529-1875

www.cbtcenterforanxiety.com

Center for Adoption Support and Education (C.A.S.E.)

*C.A.S.E. offers specialized adoption-competent in-person and teletherapy, case management, parent and teen support groups, and educational resources, including parent and professional trainings.

<https://adoptionssupport.org/>

They are based in the DC metro area but provide a national database:

<https://adoptionssupport.org/national-directory/>

CHOP Center For Advanced Behavioral Healthcare

4601 Market St., Third Floor

Philadelphia, PA 19139

(215) 590-7555

<https://www.chop.edu/locations/center-advanced-behavioral-healthcare>

Center for Brief Therapy at Philadelphia College of Osteopathic Medicine (PCOM)

4190 City Ave

Rowland Hall, Suite 315

Philadelphia, PA 19131

(215) 871-6487

<https://pcomhealth.org/cbt/>

Center for Cognitive Behavioral Therapy (CBT)

22 N. Pennell Road

Media, PA 19063

(267) 551-1984

<https://www.centerforcbt.net/>

Center for Families and Relationships

*Individual, Couples, and Family Therapy

*Teletherapy, psychiatric evaluations and Medication Management is available

*Children Deserving Services-OP mental health services for uninsured children and their families

- Telehealth or in person services offered in English & Spanish.
- Additional language services offered through interpreter services.

Main # (215) 537-5367

<https://www.cfarcounseling.org/>

Children Deserving Services # (215) 537-5367 <https://www.cfarcounseling.org/children-deserving-services/>

Center for Families

*OP Mental Health Services, IOP, PHP, and Teen D&A treatment

*Treat individuals ages 13-18 years old

101 Phoenixville Pike

Malvern, PA 19355

(610) 839-7067

www.centerforfamilies.com

Center for Hope & Health

*Treatment for Eating Disorders, Anxiety Disorders, OCD, and PTSD for children ages 12 years +

63 West Lancaster Avenue, Suite 05

Ardmore, PA 19003

(610) 645-5311

<https://www.centerforhopeandhealth.com/>

The Center for Pastoral Counseling

*An interfaith private practice/sliding scale

212 W. Springfield Road

Springfield, PA 19064

(484) 436-4035

<http://www.centerforpastoralcounseling.com/>

Center for Psychological Services

Rosemont Plaza, Suite 1

1062 East Lancaster Ave.

Rosemont, PA 19010

(610) 642-4873

<http://www.centerpsych.com/>

CHADD-Children and Adults with Attention Deficit/Hyperactivity

*National organization that provides education, advocacy, and support for individuals with ADHD

National website:

<https://chadd.org/for-teens/adhd-in-teens-and-children/>

Local chapter:

<https://buxmontchadd.com/>

Outpatient Psychiatry Clinic (OPC) at The University of Pennsylvania

3535 Market Street

Philadelphia, PA 19104

(215) 746-6701

<https://www.med.upenn.edu/outpatient-psychiatry-clinic/>

Children's and Adult Center for OCD and Anxiety

*Dr. Baxt has extensive experience with medical conditions and children

215-809-2899

<http://childrenscenterocdandanxiety.com>

Child and Family Art Therapy Center

*Offers arts-based social skills groups ("Art of Friendship")

600 Haverford Rd., Suite G-101
Havertown, PA 19041
(610) 649-1080 ext. 1
<https://www.childandfamilyarttherapycenter.com/>

Child & Adolescent Counseling

*Trinh (Angela) Nguyen-Smallwood MS, LPC: Bilingual (Vietnamese-English)
127 E. Chestnut Street, 3rd floor
West Chester, PA 19380
(610) 764-8655
angela@counselingservicesofsepa.com
<https://www.counselingservicesofsepa.com/>

CHOP Anxiety Behaviors Clinic

3401 Civic Center Blvd
Philadelphia, PA 19104
(215) 590-7555
<https://www.chop.edu/centers-programs/anxiety-behaviors-clinic-abc>

CHOP Child and Adolescent Mood Program (CHAMP)

*treatment for depression and other mood disorders
3401 Civic Center Blvd
Philadelphia, PA 19104
(215) 590-7555
<https://www.chop.edu/centers-programs/child-and-adolescent-mood-program-champ>

CHOP Primary Care, Haverford

Healthy Minds, Healthy Kids

663 W. Lancaster Ave
Bryn Mawr, PA 19010
(610) 658-0999
Brie Dorian, LCSW
(215) 590-1000
<https://www.chop.edu/centers-programs/healthy-minds-healthy-kids-integrated-care-program>

Beth Clauss, LCSW

*Parent coaching for children with anxiety-now offering SPACE (Supporting Parenting of Anxious Childhood Emotions)
<https://www.bethclauss.com/>

Collaborative Counseling & Consulting

*Individual, relationship, family, and group services
860 West Lancaster Avenue
Bryn Mawr, PA 19010
(610) 527-5431
<https://www.collabcounsel.com/>

Complete Mind Care

*Provide psychotherapy, med management, etc.
*Teen IOP (ages 13-18)
*Accepts most insurance plans
795 E Lancaster Ave
Villanova, PA
(215) 918-7939
<https://www.completemindcareofpa.com/>

Cornerstone Therapy and Wellness

*In-person and teletherapy services

435 Devon Park Drive, STE 300

Wayne, PA 19087

(610) 616-5935

<https://cornerstonetherapy.com/>

Creative Healing

*General and DBT individual and group therapy for teens

3 locations-Wayne, Flourtown, Philadelphia

(215) 948-3546

<https://creativehealingphilly.com/>

Creative Play & Family Counseling

*children, teens, young adults, and families

233 E Lancaster Ave., Suite 104

Ardmore, PA 19003

(215) 483-1360

<https://www.psychologytoday.com/us/therapists/creative-play-family-counseling-ardmore-pa/337851>

Cummings and Tannenbaum Psychological Services

915 Montgomery Ave.

Narberth, PA 19072

(610) 667-9830

MinuteClinic/CVS Pharmacy

*Counseling services available for individuals 18 years and older

<https://www.cvs.com/minuteclinic/services/mental-health-counseling>

Katherine Dipaulo, LCSW

6 Dickinson Drive, Bldg. 100 Suite 107, Chadds Ford, PA 19317

610-947-5713

<https://cognizantbehavioral.com/katherine-dipaulo/>

Drawn Together Art Therapy

*Art therapy for children ages 4-12, teen therapy, and parent support sessions

*No insurance accepted

Kerry Janson, LPC, ATR-BC-Specializes in working with neurodivergent children and teens

705 W Haverford Road, Bryn Mawr 19010

Kerry@drawntogetherarttherapy.com

(484) 380-5203

<https://www.drawntogetherarttherapy.com/>

Drexel Psychological Services Center

*training facility dedicated to providing high-quality, cutting-edge, affordable psychological services

Stratton Hall, 2nd Floor

3201 Chestnut Street

Philadelphia, PA 19104

(215) 553-7128

<https://drexel.edu/coas/academics/departments-centers/psychology/clinic/>

Dr. Janet Sasson Edgette

*Child, Adolescent, and Family Psychologist

*In person and virtual therapy services

*Does not accept insurance

412 Newcomen Road

Exton, PA 19341
(610) 363-1144
<https://janetedgette.com/therapy/>

Ellie Mental Health

- *Individual services for children, adolescents, and adults
- *In-person and remote options available
- *Accept most major commercial insurance plans
- *Heather Grinar, LPC-Clinic Director

1120 Township Line Road
Suite 101
Havertown, PA 19064
(610) 708-0721
<https://elliementalhealth.com>
<https://elliementalhealth.com/locations/havertown-pa/>

Empowered Counseling

- *Accept most major insurances and work with clients on a sliding scale fee
- *Faith-based counseling offered

2460 Dutton Mill Road
Aston, PA 19014
(610) 500-3354
<https://empowered-recovery.us/>

Ethos Treatment

- *Provide Intensive Outpatient Programs (IOP) and Outpatient services (OP) for individuals 13yrs and older
- *Michael Blanch, LCSW co-founder
- *In network with most insurances (Accepts some CHIP)
- *Can do medication evaluation and med management

2000 Sproul Road, Suite 102
Broomall, PA 19008
(267) 458-5503
<https://www.ethostreatment.com/locations/broomall/>

Linda Falasco, LCSW

- *Does not accept insurance

17 Bishop Hollow Road, Suite D
Newtown Square, PA 19073
(484) 571-8010
<https://www.lindafalascolcsw.com/>

Family & Couple Wellness Center

- *in-network with several insurances

Berwyn & Paoli locations
(610) 889-2089
<http://couplesandfamilywellnesscenter.com/>

Shannon Fitzpatrick Thomas

- *Counseling services for pre-teens (ages 11-13), adolescents (ages 14-17), and adults

17 Bishop Hollow Road
Suite D
Newtown Square, PA 19073
(610) 721-6472
<https://www.shannonthomaslpc.com/>

GreenePsych: Clinical and Sports Psychology

551 West Lancaster Ave, Suite 214

Haverford, PA 19041

(484) 808-7273

<https://www.greenepsych.com/>

Max Greenspan, LCSW

*Certified in Trauma Focused Cognitive Behavioral Therapy and trained in Child and Family Traumatic Stress Intervention (CFTSI) Parent Child Interaction Therapy (PCIT)

*Virtual only

(484) 246-7875

<https://www.psychologytoday.com/us/therapists/max-greenspan-havertown-pa/1018019>

Grow Therapy

*Teletherapy for children and adolescents

*Accepts most commercial insurance plans

www.growtherapy.com

Andrew G M Guzik, PhD

Clinical Psychologist & Owner, Maple Psychology

*Specializes in therapy for children, teens, and adults with OCD, Anxiety, and Misophonia

(215) 259-8234

maplepsy.com

Handspring

*Virtual counseling for children (8+), adolescents, & families

*Offers medicine management

*Parenting support

*Accepts most commercial insurance plans

<https://www.handspringhealth.com/about>

Harbor (Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders)

10 E. Athens Avenue, Suite 204C

Ardmore, PA 19003

(610) 952-3654

<https://harborpa.com/>

Jeanette Herrington, LSW

*OP services for children 13 years and older

*Specializes in anxiety, depression, trauma, LGBTQ+

5561 Pennell Road

Media, PA 19063

(484) 275-0035

jeanetteherrington@jessicaburman.com

<https://jessicaburman.com/jeanette-herrington/>

High Focus Treatment Centers (Formally known as The Light Program)

*OP behavioral health treatment for adolescents and teens (12 +)

*IOP and PHP for teens 12-18 years of age. Transportation available

*Psychiatric Med Management

*The Havertown location offers walk-in assessments for mental health and substance use treatment for both adults and adolescents (12 yr.+) from 11am–3pm, Monday–Thursday.

Havertown, PA 19083

610-644-6464

<https://pa.highfocuscenters.com/location/havertown/>

Hopewell Psychology

*Broomall and West Chester locations
*Kyle Holsinger, PsyD-Clinical Director
*Telehealth appointments available
*Some Insurance plans accepted
(484) 731-0000
<https://hopewellpsych.com/>

Jewish Family Counseling Services (JFCS)

*Sliding scale
(866) 532-7669
<https://jfcsphilly.org/counseling/>

Kelly Counseling & Consulting

Glen Mills, PA
(610) 358-2250
<https://www.kellycounselingandconsulting.com/>

Kesselman Clinical Associates

*Individual, group, and play therapy
237 W. Lancaster Ave.
Suite 112
Devon, PA 19333
(610) 687-8200
<https://mainlinepsychologists.com/>

Korsin and Hannigan Therapy Group

175 Strafford Ave, Wayne, PA 19087
*Melissa Korsin: korsinlcsw@gmail.com and (267) 225-0868
*Lindsay Hannigan: hanniganlcsw@gmail.com and (610) 742-5635
<https://www.korsinhannigantherapy.com/>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314
Havertown, PA 19083
(610) 892-3800
<https://lifestance.com/>

Lime Counseling

*Virtual therapy services for ages 16 +
*Accepts most insurance, including Medicaid and Tricare
Call or Text (904) 601-5463
<https://www.limecounseling.com/about-us>

Susie Macciocca, M.S. Ed

967 E. Swedesford Road
Malvern, PA 19355
(484) 214-2963
<https://www.psychologytoday.com/us/therapists/susie-macciocca-west-chester-pa/886338>

Main Line Counseling and Wellness Center

*Provide teletherapy
600 Haverford Road, Suite 201
Haverford, PA 19041
(610) 664-2524
<http://www.mlcwellness.com/>

Main Line Counseling Partners

*Family counseling

1084 Lancaster Ave., Suite 204

Bryn Mawr, PA 19010

Incorrect number on website-busy signal

<https://mainlinecounselingpartners.com/family-therapy/>

Main Line Integrated Therapy

*Pediatric Occupational Therapy Child & Family Psychological Services

915 Montgomery Avenue, Suite 307

Penn Valley, PA 19072

info@mainlineintegrated.com

<https://www.mainlineintegrated.com/>

Main Line Play Therapy

100 Chetwynd Drive, Suite 201

Bryn Mawr, PA 19010

(610) 642-1144

<https://www.mainlineplaytherapy.com/>

Main Line Therapy Solutions

600 Haverford Rd

Suite G104

Haverford, PA 19041

(610) 649-6344

www.mainlinetherapysolutions.com

Maple Hill Counseling

*Teletherapy for adolescents

*Accepts Highmark, Capitol Blue Cross, Optum

(717) 220-5922

www.maplehillcounseling.com

Marshall & Bateman Clinical Associates

*Holistic therapy services

121 North Wayne Avenue

Wayne, PA 19087

Bonnie Marshall: (610) 574-0597

Katie Bateman: (781) 454-6530

<https://marshallbatemanclinicalassociates.com/>

Meaningful Change, LLC

*Virtual therapy for adolescents

Megan Carlin, MA LPC

(484) 441-3751

<https://www.meaningful-change.com/individualtherapyservices-us>

Media Child and Family Associates

*Accepts Aetna and Highmark

36 E Front Street Media, PA 19063

610-756-8155

<https://www.psychologytoday.com/us/therapists/media-child-family-associates-media-pa/282224>

Building Bridges

36 E. Front Street

Media, PA 19063

610-566-4011

<https://www.buildingbridgesmedia.com/>

MG Therapeutic Services LLC

100 West 6th Street

Suite 305

Media, PA 19063

(484) 445-4147

*accepts most insurance plans

<http://www.mg-ts.com>

Mindfully Rooted

*Michaela Herr, ATR-BC, LPC

*Individual, couples and family Art therapy

(814) 404-6993

<https://www.mindfullyrootedarttherapy.com/>

Multicultural Community Family Services-MCFS

*Support Intervention Program provides counseling, parenting support, and case management services for individuals and families experiencing resettlement relating to new ways of life in the United States, trauma, family conflict, school bullying, and other life challenges.

7016 Terminal Square, Suite 3A

Upper Darby, PA 19082

(484) 461-8660

<https://www.multiculturalcommunityfamilyservices.org/>

Music Works

*Music therapy services for individuals with autism, special needs, illness or aging

2050 West Chester Pike, Suite 115

Havertown, PA 19083

(610) 449-9669

<https://musicworkswonders.org/>

Nest Counseling

*In-person and Virtual therapy for all ages

*Accepts Highmark BCBS, Aetna, Independence Blue Cross, and Quest Behavioral Health

525 W Chester Pike, Suite 311B, Havertown, PA 19083

(610) 810-1731

<https://nest-counseling.com/>

Aliyah Novelli, MSW, LCSW

*Works with individuals ages 3-10 and preteens

*Utilizes Play Therapy and Sandtray Therapy to help them process anxiety, ADHD, trauma, and chronic illness.

(610) 890-6667

[\[Link to Psychology Today Profile\]](#)

Oak Grove Counseling

*Meg Rogers, M.S, LMFT

*Specializes in working with kids 3+, teens, and adults

*EMDR certified therapist, works with children and adults experiencing domestic violence

*Does not accept insurance

614 E. Darby Rd.

Havertown, PA

(610) 466-5596

oakgrovecounselingandtherapy.com

Omni Behavioral Health

6930 Market Street, 2nd Floor
Upper Darby, PA 19082
(484) 469-4319
<https://omhsi1.com/>

OPAL DBT

*DBT individual and group sessions for teens
1171 Lancaster Ave
Berwyn, PA 19312
(484) 674-6325
<https://www.opaldbt.com/>

PATCH (Pediatric Anxiety Treatment Center at Hall-Mercer) - by U Penn Psychiatry

*assesses and treats children and adolescents with anxiety disorders, school anxiety, obsessive-compulsive disorder (OCD), tics, and trichotillomania
Hall-Mercer Community Mental Health
245 S. 8th St
Philadelphia PA 19106
https://www.med.upenn.edu/hallmercer/patch_about.html
215-829-5524

Pediatric Psychology Center of Chester County

*Individual and group counseling
356 N. Pottstown Pike
Suite 300
Exton, PA 19341
(610) 723-8176
<https://www.chesterpsychology.com/>

Premier Wellness Center

*Services for children and teens ages 6-17
*Play therapy, art therapy, and CBT available
*10-15 minute free consultation with a therapist
511 N. Providence Rd.
Media, PA 19063
(484) 442-0073
<https://premierwellnesscenter.org/>

Irene Psihogios, MS, LPC-Creative Play & Family Counseling

233 East Lancaster Ave
Ardmore, PA 19003
(215) 792-6822
<https://www.psychologytoday.com/us/therapists/creative-play-family-counseling-ardmore-pa/337851>

Psych Choices of the Delaware Valley, LLC

*Holistic Mental Healthcare in Delaware County
2002 Sproul Road, Suite 300-Marple Commons
Broomall, PA 19008
(610) 626-8085
<https://psychchoices.com>
<https://psychchoices.com/rates-and-insurance/>

Resources for Human Development-RHD-Lower Merion Counseling and Mobile Services

*Intake and med management available almost immediately
*Weekly check-ins offered while waiting for therapy

*Telehealth offered

850 W Lancaster Ave Fl 2

Bryn Mawr, PA

(610) 520-1510

<https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/>

Beth Richey Counseling LLC

Child & Adolescent Psychotherapy

2 locations:

801 S. 2nd Street

Philadelphia, PA 19147

OR

7945 Germantown Ave

Philadelphia, PA 19118

*Provides Parent-Child Interaction Therapy (PCIT), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Child Centered Play Therapy (CCPT), Sand Tray Therapy

(267) 609-4250

<https://www.bethricheylcsw.com/>

Row Psychiatric Services

*Offers medication management via telehealth and in-person

*IOP for school aged children ages 5-13 years old

*Accept a variety of insurances including CHIP and Medicaid

40 Lloyd Avenue

Malvern, PA 19355

(610) 999-1908

<https://rowpsychiatricservices.com/>

Sanare Today (OP and IOP program to tweens, ages 8-13)

1010 West Chester Pike

Suite 303

Havertown, PA 19083

(610) 344-9600

<https://sanaretoday.com>

<https://sanaretoday.com/services/turning-point-programs>

Serenity Behavioral Health

*Mental Health & Substance use therapy for teens and young adults, ages 14-30

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Smart Center

*Selective Mutism, Anxiety, & Related Disorders Treatment Center (SMart Center) specializes in treating children, teens, and adults with Dr. Elisa Shipon-Blum's evidence-based treatment, Social Communication Anxiety Treatment® (S-CAT®). Implemented only at the SMart Center

<https://selectivemutismcenter.org/>

Thomas Smith, Psy.D.

*Certified School Psychologist

(484) 442-0776

<https://www.drthomas-smith.com>

Therapists Specializing in Trichotillomania and OCD

[Trichotillomania \(Hair-Pulling\) & OCD Therapists | NOCD](#)

Social Enrichment Center

- *Specializes in working with neurodivergent populations
- *Provide individual psychotherapy services and individual social skills therapy
- *Speech and Occupational Services are also available
- *Sliding Scale Fees available

100 West 6th Street, Suite 1

Media, PA 19063

(484) 207-5626

<https://www.psychologytoday.com/us/treatment-rehab/social-enrichment-center-media-pa/823332>

Spectra Support Services

- *Provide no cost individual and group music therapy for individuals under a contract with CCBH HealthChoices Delco (Medical Assistance) for Delaware County Students/Children under 21 years old
- In addition, they able to offer music therapy under the PFDS, Community, and Consolidated Waivers under the office of Developmental Programs

(484) 450-6476

<https://spectrapa.com/music-therapy>

Email info@spectrapa.com

Springfield Behavioral of Pennsylvania

920 West Chester Pike

Havertown, PA 19083

(484) 685-1092

<https://www.optumbhcare.com/site/SpringfieldBehavioralofPennsylvania/pa/havertown/west-chester-pike>

Dr. Richard Stern

- *Teletherapy Only

- *Insurance not accepted

Bryn Mawr, PA 19010

(215) 995-3015

<https://www.psychologytoday.com/us/therapists/richard-s-stern-bryn-mawr-pa/55056>

Sunflower Radiance Counseling

112 W. Oak Lane

Glenolden, PA 19036

<https://www.sunflowerradiance.com/>

Thriveworks

- *In-person, online counseling services, and telepsychiatry

- *Accepts MA (and many insurance plans)

600 North Jackson Street

Media, PA

855-604-9873

<https://thriveworks.com/insurance-self-pay/#insurance>

<https://thriveworks.com/media-counseling/>

Thriving Families, LLC

- *Individual, Family, Couples, and Parent-Child Interaction Therapy services offered

- *In-person and remote options in Ardmore and Media, PA

(484) 437-2991

<https://www.thrivingfamiliescenter.com/>

Waterloo Therapy Group

- *Mark Matteo, LAMFT-specializes in working with teens and with life and family transitions

- *Virtual and in-person sessions available

(484-278-3319)

<https://www.waterlootherapygroup.com/>

The Wellness Center Counseling Services

*Sliding Scale Fees Available

Grace Lutheran Church

2191 W. Chester Pike

Broomall, PA

610-356-1824

<https://www.gracebroomall.org/mental-health-services>

(Beth Toler- (404) 822-3954—btoler71@gmail.com—contact person who assists with questions regarding counseling services)

Cynthia R Young, LCSW

42 East Front Street

Media, PA 19063

267-478-3079

<https://www.psychologytoday.com/us/therapists/cynthia-r-young-media-pa/479181>

Alison Zisser, Ph.D.

PCIT Therapist and Level I Trainer

Department of Child and Adolescent Psychiatry and Behavioral Sciences

The Children's Hospital of Philadelphia

3440 Market St., Suite 200

Philadelphia, PA 19104

(800) TRY-CHOP (1-800-879-2467)

Parent Child Interaction Therapy (PCIT) is an evidence-based treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. Children and their caregivers are seen together in PCIT. Most of the session time is spent coaching caregivers in the application of specific therapy skills.

<https://www.chop.edu/doctors/zisser-alison-r>

LGBTQIA+ Youth Mental Health Services

Arrive Therapy

*Gender counseling, LGBTQ counseling, Trans Counseling, Trans support group

30 S. Valley Road

Suite 102

Paoli, PA 19301

(484) 615-3155

www.arrivetherapy.com

Attic Youth Center

255 South 16th Street

Philadelphia, PA 19102

(215) 545-4331

www.atticyouthcenter.org

Child and Family Focus

*Weekly Youth Pride Resource Group: This group is a support group/resource sharing group for LGBTQ+ youth and allies living in Delaware County. The group meets weekly every Wednesday evening from 6:30-7:30pm via Zoom

For questions, please email: preventionatchildandfamilyfocus.org

CBT Center for Anxiety & OCD (CCAO)

*Transgender & Non-binary Teen (ages 14-18) and Pre-teen (ages 10-13) Groups

* For additional group information, contact Dr. Naomi Brinton at nbrinton@cbtcenterofanxiety.com or complete survey at https://qfreeaccountssjcl.az1.qualtrics.com/jfe/form/SV_9Nc1eE5uEHGNeKy
Chesley Office Campus
107 Chesley Drive, #2
Media, PA 19063
(610) 529-1875
www.cbtcenterforanxiety.com

Child and Family Focus-Unity Circle

*Evidence-Based support group for LGBTQIA2S+ high school youth, ages 14-18, that celebrates unique lived experiences and counteracts racial & social forces that impede growth
*Tuesdays & Thursdays at 5:30-7:00 PM
*Multiple meeting formats available
Questions? Email: prevention@childandfamilyfocus.org

CHOP-Specialty Care

Gender and Sexuality Development Program

3550 Market Street
Philadelphia, PA 19104
(267) 426-5980
<https://www.chop.edu/centers-programs/gender-and-sexuality-development-program>

Jeanette Herrington, LSW

*OP services for children 13 years and older
*Specializes in anxiety, depression, trauma, LGBTQ+
5561 Pennell Road
Media, PA 19063
(484) 275-0035
<https://jessicaburman.com/jeanette-herrington/>

Dr. Tiffini Lanza

(215) 859-0322
www.maveriquetherapeuticservices.org

Main Line Counseling and Wellness Center

*Virtual LGBTQ+ group therapy for teens, ages 13-17
*Aetna and Cigna accepted, \$65/group
600 Haverford Road, Suite 201
Haverford, PA 19041
(610) 664-2524
<http://www.mlcwellness.com/>

Mazzoni Center (health and wellness services in LGBTQ focused environment)

1348 Nainbridge Street
Philadelphia, PA 19147
(215) 563-0652
<https://www.mazzonicenter.org/>

Papillon-Gender Wellness Center

Dr. Maureen Osborne (works with LGBTQ+ clients)

Paoli Psych. Services
412 E. King Street
Malvern, PA
(215) 693-1199
<https://www.drchristinemcginn.com/services/counseling/osborne.php>

U.D.T.J Youth Community Center-BIPOC and LGBTQ+ support services (new as of 2/24)

*14 years and older can go to center without parent

*MH services, Housing resources, Peer-support groups, Hygiene products, & supply closet

115 Fairfield Ave., 2nd floor, Upper Darby, PA 19082

(717) 918-7014

<https://udtj.org/>

Walnut Psychotherapy Center

1429 Walnut Street, Suite 1300

Philadelphia, PA 19103

(215) 563-7863

www.walnutpsychotherapycenter.com

Debra Weigl, LCSW (works with LGBTQ+ clients)

205 North Monroe Street

Media, PA 19063

(610) 608-4376

Medical Assistance Providers**A Place to Be Counseling**

*Heather Bellini, MA, LPC-Accepts Medicaid/CHIP

*Austin Zeller-Pre-licensed professional, MEd-Specializes in Play Therapy for children and adolescent

*CBT/Child Centered approach

*Virtual sessions available

*Sliding Scale Available

*Elementary School Aged Social and Emotional Skills Group

100 Park Ave., Swarthmore, PA 19081

(215) 358-5158

<https://aplacetobecounseling.com/>

Aviva Mental Health Services

*Accept Keystone First but not United Health

*Med management available

*Languages: French, Hindi, Spanish

320 MacDade Blvd Suite 205

Collingdale, PA 19023

(610) 522-4506

<https://avivamhs.com/>

Child Guidance Resource Centers

*Extended Assessment, Wraparound, Blended Case Management, and Community Based Services

2000 Old West Chester Pike

Havertown, PA 19083

*OP services may be limited if child/family has both MA and private insurance

(484) 454-8700 ext. 1120 Intake (Walk-in appointments available on Mon-Fri from 9am-2pm)

<https://www.cgrc.org/>

- **CGRC Blended Case Management:** <https://www.cgrc.org/blended-case-management>

Child and Family Focus

*Respite care, CPI, TIP and HIFI (*no OP therapy services provided in Delco*)

450 Parkway Ave. Suite 208

Broomall, PA 19008

(610) 325-3131

www.childandfamilyfocus.org

Chimes Holcomb (Formally Holcomb Behavioral Health Systems)

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Citywide Community Counseling Services

*Accepts MA

*MH services for ages 5 and older

*Telehealth appointments available

6505 Market St., Suite 201

Upper Darby, PA 19151

(215) 686-4420 & (215) 805-8550

<https://www.citywideccs.org/>

Cynthia Conan

*Accepts Medicaid

205 N Monroe St. Media, PA 19063

(610) 891-1273

Devereux Advanced Behavioral Health

444 Devereux Drive

Villanova, PA 19085

(800) 345-1292

https://www.devereux.org/site/SPageServer/?pagename=penn_devereux_community_services_admissions

Elwyn

*Children's Behavioral Health Services for ages 3-21

111 Elwyn Road

Elwyn, PA 19063

Access to Care Center (215) 222-8054

<https://www.elwyn.org/>

Family & Community Service of Delaware County

*Accepts clients 7 years and older

*Accepts Medicaid if it's the client's only medical provider in Delco. Sliding scale with proof of income.

600 North Olive Street

Media, PA 19063

(610) 566-7540

<https://www.fcsdc.org/>

Fountain Mental Health, Inc.

*24 month wait for Autism Spectrum Services

*Accepts commercial and MA insurance

*Med management available. ADHD eval/testing

17 Regency Plaza

Glen Mills

(215) 639-3185

<https://fountainhealthinc.com/glen-mills-office/>

Gemma Services

452 S. Roberts Rd.

Rosemont, PA 19010

(610) 525-5400

<https://gemmaservices.org/>

Greater Philadelphia Health Action, Inc. (GPHA)

*Behavioral Healthcare, Medical, Dental, and Pharmacy services

*Psych eval and med management offered within 2 weeks

*Open on evenings every Tuesday

*Telehealth offered

1489 Baltimore Pike, Bldg. 100, Suite 300

Springfield, PA

(484) 472-7430

<https://gphainc.org/locations/find-a-location-near-you/#gpha-spectrum-behavioral-services>

Life Path, Inc

*1 month + wait for therapy

*Telehealth offered

401 Pilgrim Lane Suite 100

Drexel Hill, PA

(610) 566-5029

<https://lifepath.org/>

Merakey (formerly NHS)

*Community Based Services, IBHS, ABA, Blended Case Management

800 Chester Pike,

Sharon Hill, PA 19079

(610) 534-3636

<https://www.merakey.org/>

Office of Behavioral Health

20 S. 69th Street, 3rd Floor

Upper Darby, PA 19082

(610) 713-2365

www.delcohsa.org

Delco Directory of Child and Adolescent MH and D&A Services:

<https://www.delcohsa.org/pdf/ChildrensDirectory.pdf>

Omni Behavioral Health

6930 Market Street, 2nd Floor

Upper Darby, PA 19082

(484) 469-4319

<https://omhsi1.com/>

Preventive Measures

*Preventive Measures provides behavioral health services, including therapy, medication management, psychiatric services, and telehealth options.

*Accepts CBH and Community Care Behavioral Health (CCBH)

3614 Germantown Avenue

Philadelphia, PA 19140

Intake (484) 225-4323, Option 1

Psych Choices of the Delaware Valley, LLC

*Holistic Mental Healthcare in Delaware County

2002 Sproul Road, Suite 300-Marple Commons

Broomall, PA 19008

(610) 626-8085

<https://psychchoices.com>

<https://psychchoices.com/rates-and-insurance/>

Resources for Human Development-RHD–Lower Merion Counseling and Mobile Services

*Intake and med management available almost immediately

*Weekly check-ins offered while waiting for therapy

*Telehealth offered

850 W Lancaster Ave Fl 2

Bryn Mawr, PA

(610) 520-1510

<https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/>

Row Psychiatric Services

*Offers medication management via telehealth and in-person

*IOP for school aged children ages 5-13 years old

*Accept a variety of insurances including CHIP and Medicaid

40 Lloyd Avenue

Malvern, PA 19355

(610) 999-1908

<https://rowpsychiatricservices.com/>

Serenity Behavioral Health

*Mental Health & Substance use therapy for teens and young adults, ages 14-30

*Now Accepts Medical Assistance and PA CHIP

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Spectra Support Services

*Provide no cost individual and group music therapy for individuals under a contract with CCBH

HealthChoices Delco (Medical Assistance) for Delaware County Students/Children under 21 years old

In addition, they able to offer music therapy under the PFDS, Community, and Consolidated Waivers under the office of Developmental Programs

(484) 450-6476

<https://spectrapa.com/music-therapy>

Email info@spectrapa.com

Thriveworks

*In-person, online counseling services, and telepsychiatry

*Accepts MA (and many insurance plans)

600 North Jackson Street

Media, PA

855-604-9873

<https://thriveworks.com/insurance-self-pay/#insurance>

<https://thriveworks.com/media-counseling/>

Parent Support Groups

Arrive Therapy-Parent Support Group for Parents of Trans Children/Teens

30 S. Valley Road

Suite 102

Paoli, PA 19301

(484) 615-3155

www.arrivetherapy.com

Because I Love You: B.I.L.Y

Upper Darby PA

www.becauseiloveyou.org

Center for Adoption Support and Education (C.A.S.E.)

*C.A.S.E. offers specialized adoption-competent in-person and teletherapy, case management, parent and teen support groups, and educational resources, including parent and professional trainings.

<https://adoptionsupport.org/>

They are based in the DC metro area but provide a national database:

<https://adoptionsupport.org/national-directory/>

CBT Center for Anxiety & OCD (CCA0)

*Family OCD Support Group and PANS/PANDAS Support Group

Chesley Office Campus

107 Chesley Drive, #2

Media, PA 19063

(610) 529-1875

www.cbtcenterforanxiety.com

Child and Family Art Therapy Center

1600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649-1080 ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Child and Family Focus

*Monthly Caregiver Resource Group-This group is a monthly resource sharing group for caregivers of youth living in Delco that meets once a month on the first Monday of every month via Zoom from 6-7pm.

For questions, please email: preventionatchildandfamilyfocus.org

Child Guidance Resource Centers-Strengthening Families Program

*Free Evidence-based program for families with children ages 6-11

*7-session, virtual, evidence-based parenting skills and life skills program designed for families.

*Contact Lisa Schneller at (484) 454-8700 Ext. 1484 or at schneller@cgrc.org for more information

<https://cgrc.org/event/strengthening-families-delaware-county-ages-6-11/>

Chimes Holcomb (Formally Holcomb Behavioral Health Systems)

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Beth Clauss, LCSW

Parent coaching for children with anxiety-now offering SPACE (Supporting Parenting of Anxious Childhood Emotions)

<https://www.bethclauss.com/>

Cornerstone Therapy and Wellness

*Parenting Groups, couple therapy

435 Devon Park Drive, STE 300

Wayne, PA 19087

(610) 616-5935

<https://cornerstonetherapy.com/group-therapy/>

Delaware County Family Center & Project Elect

*Free programs and services to support parents and families

Mercy Fitzgerald Campus-St. Bernard Hall, 2nd Floor

1515 Lansdowne Ave.

Darby, PA 19023

(610) 532-2811

<https://www.dciu.org/birth-5/family-center-project-elect>

Harbor (Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders)

*Parent Workshops

10 E. Athens Ave., STE 204C

Ardmore, PA 19003

<https://harborpa.com/>

Main Line Therapy Solutions

*Parenting workshops-Parenting Children (ages 6-13 yrs. old) With Difficult Behaviors

600 Haverford Rd.

Suite G104

Haverford, PA 19041

(610) 649-6344

<https://mainlinetherapysolutions.com/our-services/current-groups/>

Oak Grove Counseling

*Meg Rogers, M.S, LMFT

*ADHD Parenting Summer Seminars and Parenting Support Groups

*Does not accept insurance

614 E. Darby Rd.

Havertown, PA

(610) 466-5596

<https://www.oakgrovecounselingandtherapy.com/>

Phoenix Center-Free Virtual Parenting Support Group for Neurodiverse Families

Contact Information:

(484) 440-9416

Support@PhoenixTraumaCenter.com

Steps4Hope

*Support group for parents who have lost a child to addiction

*Pam Moules

(610) 247-1920

355 St. John's Circle

Phoenixville, PA 19460

<https://www.steps4hope.org/>

Serenity Behavioral Health

*Bi-weekly Parent Support Groups

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/youth-behavioral-health-services/#outpatient>

Partial Hospitalization Programs (PHP)/Intensive Outpatient Programs

Charlie Health

*Virtual Intensive Outpatient Programs (IOP) for individuals ages 8-64 (Med management available)

*Mental Healthcare (ages 8-64) and Intensive addiction treatment for teens (ages 12-17) and adults (ages 18-64)

*Free Parent Support Groups on Website for loved ones of current clients or alumni

*Accepts TriCare insurance, commercial coverage nationwide

Intake Team, available 24/7: (986) 206-0414

<https://www.charliehealth.com/>

<https://www.charliehealth.com/intensive-outpatient-iop>

Complete Mind Care

*Provide psychotherapy, med management, Teen IOP (ages 13-18)

*Accepts most insurance plans

215-607-7250

<https://www.completemindcareofpa.com/>

Embark

*Partial hospitalization programs (PHP) and Intensive Outpatient Programs (IOP) for individuals ages 12-18

1031 Old Cassatt Road, Suite 100

Berwyn, PA 19312

(484) 327-5613

<https://www.embarkbh.com/locations/embark-at-main-line/>

High Focus Treatment Centers (Formally known as The Light Program)

*OP behavioral health treatment for adolescents and teens (12 +)

*IOP and PHP for teens 12-18 years of age.

*Transportation available

*Psychiatric Med Management

*The Havertown location offers walk-in assessments for mental health and substance use treatment for both adults and adolescents (12 yr.+) from 11am–3pm, Monday–Thursday.

Havertown, PA 19083

(610) 601-3842

<https://pa.highfocuscenters.com/location/havertown/>

The Horsham Clinic

*Provide personalized partial hospitalization programs (PHP) for ages 5 and older

800 Parkway Drive, Suite A

Broomall, PA 19008

(833) 235-9053

<https://horshamclinic.com/>

Kolmac Integrated Behavioral Health

*PHP and evening IOP mental health groups for adolescents ages 14 and older

*Virtual teen IOP and telehealth counseling program

*Same day admissions

*In network with all major commercial insurance providers.

888 Glenbrook Ave.

Bryn Mawr, PA 19010

(866) 575-9040

<https://www.kolmac.com/locations/pennsylvania/bryn-mawr/>

Mirmont Outpatient Center-Main Line Health

*Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 14 years and older

600 Abbott Drive

Broomall, PA 19008

(888) 227-3898

<https://www.mainlinehealth.org/locations/mirmont-outpatient-center-broomall>

Mirmont Treatment Center's Adolescent Co-occurring IOP

*IOP or dual diagnoses-emphasis on treating mental health as well as developing relapse prevention skills

- Program offered 3 days a week (Monday, Tuesday and Thursday from 3:45pm-6:45pm)
- Ages 14-18
- Transportation may be provided within a certain vicinity of the office location
- April Washington, LSW-IOP therapist

Central Intake (888) 227-3898

<https://www.mainlinehealth.org/conditions-and-treatments/treatments/mirmont-mental-health-intensive-outpatient-program>

Nami-Main Line PA Support Groups

*Support groups for family members of loved ones who have a mental illness

*Free support groups for families who are assisting other families who are living with mental health challenges

*Free peer support group for adults living with mental illness

<https://namimainlinepa.org/support/support-groups/>

Roger's Behavioral Health

*Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for children and teens

- PHP for children 10 and older with OCD and anxiety
- PHP for children 12 and older with depression, bipolar disorder, or other mood disorders.

*Rogers does not accept Medicaid/Medicare in Philadelphia

1 Winding Drive

Philadelphia, PA 19131

(800) 767-4411

www.rogersbh.org

Row Psychiatric Services

*IOP for school aged children ages 5-13 years old

*Accept a variety of insurances including CHIP and Medicaid

40 Lloyd Avenue

Malvern, PA 19355

(610) 999-1908

<https://rowpsychiatricservices.com/>

Sanare Today

*Individual OP counseling services for children, tweens, adolescents and adults

*IOP-Turning Points Program for tweens, ages 10-13

1010 West Chester Pike, Suite 303

Havertown, PA 19083

(610) 344-9600

<https://sanaretoday.com/services/turning-point-programs>

Serenity Behavioral Health

*Intensive Outpatient Program (IOP) for ages 14-17 in Havertown location

*Medical Assistance accepted

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Wisteria Program-Malvern Behavioral Health

*18 years and older Acute Inpatient Psychiatric Program for members of the LGBTQ+ Community

Malvern Health Inc.

Two Valley Square

512 E. Township Line Road, Suite 115

Blue Bell, Pa. 19422

Admissions: (610) 480-8919

<https://www.malvernhealthinc.com/malvern-behavioral-health-opens-new-unit-for-the-lgbtq-community/>

Delaware County Victim Assistance Center

24 hour hotline: (610) 566-4342

<http://www.delcovicthimassistance.org/>

Delco Hart (Delaware County Healing and Resolving Trauma)

*Affiliated with Joseph J. Peters Institute: <https://jjpi.phmc.org/about-us/history> and Family Support Line
<https://jjpi.phmc.org/services/additional-programs-and-partnerships/delcohart>

Family Support Line**Children's Advocacy Center**

100 West 6th Street Media, PA 19063

(610) 268-9145

www.familysupportline.org

Joseph J. Peters Institute- Youth Safety & Responsibility Outpatient Program (YSRP)

*Treat ages 2-12 yrs. and older

*Medicaid funded

Problematic Sexual Behavior Cognitive Behavioral Therapy:

<https://jjpi.phmc.org/services/youth-safety-and-responsibility-services>

Psychiatrists/Psychiatric Nurse Practitioners**Child Guidance Resource Centers**

2000 Old West Chester Pike

Havertown, PA 19083

(484) 454-8700 ext. 1120-Intake

<https://www.cgrc.org/>

Dr. Lisa Goldstein, Child Psychiatrist

*Works with private insurance companies for reimbursement

Bryn Mawr, PA

(610) 527-8444

<https://lisagoldsteinmd.com/>

Dr. James Hetznecker

*Adolescent and Pediatric Psychiatry

950 E. Haverford Road, Suite 302

Bryn Mawr, PA 19010

(610) 527-4642

<http://www.gruenbergandsummers.com/hetznecker>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314

Havertown, PA 19083

(888) 982-6015

<https://lifestance.com/>

The Main Line Center for the Family (Dr. John Williams)

901 Glenbrook Avenue

Bryn Mawr, PA 19010

(610) 880-0110

<http://www.mainlinefamily.com/>

Psych Choices of the Delaware Valley, LLC

Marple Commons-2002 Sproul Road, 3rd Floor

Broomall, PA 19008

(610) 626-8085

<https://psychchoices.com>

Humangshe Rathinakumar, Psy D

*Adolescent Psychiatrist (ages 14+)

Mirmont Outpatient Center

Offices in Broomall and Exton

(888) 227-3898

Springfield Behavioral of Pennsylvania

920 West Chester Pike

Havertown, PA 19083

(484) 685-1092

<https://www.optumbhcare.com/site/SpringfieldBehavioralofPennsylvania/pa/havertown/west-chester-pike>

Dr. Meghan Starnier, Child, Adolescent, and Adult Psychiatrist

*Works with private insurance companies for reimbursement

551 W. Lancaster Ave

Haverford, PA

(484) 401-6421

<https://www.starniermd.com/>

John Wilson-Child Psychiatrist

242 S. 8th St, 1st Floor Office, Philadelphia, PA 19107

(267) 573-0575

<https://www.drwilsonmd.com/>

Dr. Thomas Wind

1040 N. Providence Rd

Media, PA 19063

(610) 364-5597

<https://www.psychologytoday.com/us/psychiatrists/thomas-wind-media-pa/289941>

Social Skills Services

Bryn Mawr Psychological Associates

14 S. Bryn Mawr Ave., Suite 205

Bryn Mawr, PA 19010

(610) 525-4828

<https://www.brynmawrpsych.com/>

Child and Family Art Therapy Center

*Offers arts-based social skills groups (“Art of Friendship”)

600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649-1080 Ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Child and Family Focus

*Provide family-based services, wraparound, therapeutic Foster Care and Free Respite care for families with children between the ages of 3-21 with a mental health diagnosis, receive Medical Assistance, and are currently receiving mental health services.

450 Park Way Drive

Suite 208

Broomall, PA 19008
Phone: (610) 325-3131
<https://childandfamilyfocus.org/>
Respite Care Information-
www.childandfamilyfocus.org/services/respice-care/

Child Guidance Resource Centers

CREATE-program for children and young adults with autism
2000 Old West Chester Pike
Havertown, PA 19083
(484) 454-8700
<https://www.cgrc.org/create>

Elwyn

111 Elwyn Road
Elwyn, PA 19063
(610) 891-2000
<https://www.elwyn.org/>

Ivy Rehab for Kids (Formerly Theraplay)

*Offers physical, occupational, and speech therapy from children ages 0-21
400 S. State Rd. Ste. 220
Springfield, PA 19064
(610) 356-1991
<http://ivyrehab.com>

MusicWorks

*Provide music therapy services for individuals 1-99
2050 West Chester Pike
Suite 115
Havertown, PA 19083
(610) 449-9669
<https://musicworkswonders.org/>

Social Enrichment Center

*Specializes in working with neurodivergent populations
*Provide individual psychotherapy services and individual social skills therapy
*Speech and Occupational Services are also available
*Sliding Scale Fees available
100 West 6th Street, Suite 1
Media, PA 19063
(484) 207-5626
<https://www.psychologytoday.com/us/treatment-rehab/social-enrichment-center-media-pa/823332>

The Anxiety and Agoraphobia Treatment Center

112 Bala Avenue
Bala Cynwyd, PA 19004
(610) 667-6490
<https://aatcphila.com/>

Trauma Based Therapy Services

All of you Therapy

Trauma therapy and attachment focused counseling
1518 Walnut Street
Suite 401

Philadelphia, PA 19102
(267) 996-9964
<https://allofyoutherapy.net/>

A Seed of Hope Counseling Center

Kelly Hatton, LCSW

*Certified in Trauma-Focused Cognitive Behavioral; Therapy

*Certified in PCIT

*Certified Autism Spectrum Disorder Clinical Specialist

*In-person and Teletherapy

2510 Township Line Road, 2nd floor

Havertown, PA 19083

(302) 605-6702

<https://www.aseedofhopecounselingcenter.com/meet-the-therapists>

The Center for Pastoral Counseling

*An interfaith private practice/sliding scale

212 W. Springfield Rd.

Springfield, PA 19064

(484) 436-4035

<http://www.centerforpastoralcounseling.com/>

Hello Therapy

*Individual therapy from children 9 and older

*Focus on Trauma and Trauma-Focused Therapy (TF-CBT)

*Private practice is fully virtual

*Out of network provider, but can provide superbill to submit to insurance companies

<https://hello-therapy.net/>

Main Line Counseling and Wellness Center

600 Haverford Rd., Suite 201

Haverford, PA 19041

(610) 664-2524

<https://mlcwellness.com/>

Phoenix Center for Experiential Trauma Therapy

*Specialized treatment for trauma, loss and addiction

524 N. Providence Road

Media, PA 19063

(484) 440-9416

<https://www.phoenixtraumacenter.com/>

Missy Sellitto Kleinz, LPC

Stardust Therapy

*Online therapy for teen and young adult women

*Fee for service-No insurance accepted

484-442-0846

<https://www.stardusttherapy.net/>

Shannon Thomas, LPC

17 Bishop Hollow Road, Suite D

Newtown Square, PA 19073

shannonthomaslpc@gmail.com

(484) 978-8913

www.shannonthomaslpc.com

Wraparound/Intensive Behavioral Health Services (IBHS) and ABA Services

ABA Centers of America

*Provide in home/community and clinic-based ABA services for children and youth with autism, with locations in Bala Cynwyd, Wayne, and Langhorne

Monica Fielder, M.S.Ed.-Clinical Outreach Coordinator| ICBH Holdings LLC

Email: mfielder@abacenters.com

10 Presidential Boulevard, Bala Cynwyd, PA

Admissions: (855) 777-6480

<https://www.abacenters.com/>

Above the Horizon Consulting, LLC

*Provide IBHS for individuals 2-21 residing in Delaware County

*Referrals can be made by family, school personnel or other service providers

100 Springbrooke Blvd.

Aston Township, PA 19014

(484) 745-6938

<https://www.athconsulting.org/>

Aviva Mental Health Services

*Outpatient MH services, IBHS services for children

320 Macdade Blvd, Suite # 205 Collingdale, PA 19023

(610) 522-4506

<https://avivamhs.com/>

Behavior and Counseling Center

*Michael Clemente, LPC

*OP therapy, CBT, & Applied Behavior Analysis (ABA) services, telehealth counseling available

(215) 452-6274

www.behaviorandcounselingcenter.com

Bethanna-Behavioral Health Rehabilitation Services

Eligibility: Children and youth ages 2 to 21 who are enrolled with Community Behavioral Health or Magellan Behavioral Health in Philadelphia, Bucks, Montgomery, and Delaware Counties.

1030 Second Street Pike

Southampton, PA 18966

(800) 394-6500

<https://www.bethanna.org/services/behavioral/behavioral-health-rehabilitation-services-bhrs/>

Child and Family Focus

High-Fidelity Wraparound Services - Broomall

*Service children 21 years and younger who are covered by Medical Assistance in either Montgomery or Delaware County

450 Park Drive, Suite 208

Broomall, PA 19008

(610) 650-7750

<https://childandfamilyfocus.org/intensive-behavioral-health-services-ibhs/>

Child Guidance Resource Centers

2000 Old West Chester Pike

Havertown, PA 19083

(484) 454-8700

<https://www.cgrc.org/family>

Chimes Holcomb (Formally Holcomb Behavioral Health Systems)

225 S. 69th Street
Upper Darby, PA 19082
(610) 352-8943
<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Devereux Foundation

419 Avenue of the States, Suite 301
Chester, PA 19013
www.devereux.org

Elwyn's Children's Behavioral Health Services

*Supports children and adolescents ages 3-21 with social, emotional and behavioral challenges.
*Offer Intensive Behavioral Health Services (IBHS), Individual Applied Behavior Analysis (ABA), and Group Applied Behavioral Analysis After School Program (Group ABA)
111 Elwyn Road
Elwyn, PA 19063
Access to Care Center (215) 222-8054
CBHSreferrals@elwyn.org

Gemma Services

6517 Chester Ave, Philadelphia, PA 19142
(215) 730-2240
<https://gemmaservices.org>

Helping Hands Family (Formerly ABA2DAY Behavior Services)

3744 West Chester Pike
Newtown Square, PA 19073
(484) 965-9966
<https://hhfamily.com/>

Home and Community Services at CCIU

200 Eagle Road Suite 4
Wayne, PA 19087
484-237-5000
<https://www.cciu.org/services/behavior-mental-health-services>

Little Treasures Therapy

*In home Behavioral Therapy and support, Applied Behavior Analysis (ABA)
*Jeffrey Schaetzle M.Ed., BCBA, LBS
45E City Avenue #2132, Bala Cynwyd, PA 19004
(609) 331-9043
<https://www.littletreasurestherapy.com/>

Merakey (formerly NHS)

*Community Based Services, IBHS, ABA, Blended Case Management
800 Chester Pike,
Sharon Hill, PA 19079
(610) 534-3636
<https://www.merakey.org/>

Northern Children

5301 Ridge Avenue, Philadelphia, PA 19128
(215) 482-1423
<https://northernchildren.org/>

Omni Behavioral Health

*IBHS

6930 Market Street, 2nd Floor

Upper Darby, PA 19082

(484) 469-4319

<https://omhsi1.com/>

Sevita (formerly Pennsylvania Mentor)

*Wraparound/IBHS Services. The program specializes in working with children with Autism.

450 Parkway Drive, Suite 204

Broomall, PA 19008

(610) 353-5332

<https://sevitahealth.com/our-services/families/pennsylvania-mentor/>