

# ELC K & 1<sup>st</sup> Grade Lunch Menu

October 2026

|                                                           |                                                                                                         |                                                                           |                                                                                       |                                                                         |
|-----------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
|                                                           |                                                                                                         |                                                                           | 1<br><u>Chicken Nuggets &amp; A WG Dinner Roll</u><br>Clementines<br>Cucumber Wheels  | 2<br><u>Cheeseburger on a WG Bun</u><br>Fresh Orange<br>Fresh Broccoli  |
| 5<br><u>Cheese Pizza</u><br>Fresh Apple<br>Carrot Sticks  | 6<br><u>WG Waffles &amp; Chicken Sausages</u><br>Fresh Apple Slices<br>Fresh Pepper Strips              | 7<br><u>Spaghetti &amp; Meatball Dinner</u><br>Banana<br>Three Bean Salad | 8<br><u>Chicken Nuggets &amp; A WG Dinner Roll</u><br>Clementines<br>Cucumber Wheels  | 9<br><u>Cheeseburger on a WG Bun</u><br>Fresh Orange<br>Fresh Broccoli  |
| 12<br><u>No School</u><br><u>Indigenous Peoples' Day</u>  | 13<br><u>Cheese Pizza</u><br>Fresh Apple<br>Carrot Sticks                                               | 14<br><u>Crispy Chicken Sandwich</u><br>Banana<br>Three Bean Salad        | 15<br><u>Chicken Nuggets &amp; A WG Dinner Roll</u><br>Clementines<br>Cucumber Wheels | 16<br><u>Beef &amp; Cheese Nachos</u><br>Fresh Orange<br>Fresh Broccoli |
| 19<br><u>Cheese Pizza</u><br>Fresh Apple<br>Carrot Sticks | 20<br><u>WG Chicken Parm Sandwich</u><br>Fresh Apple Slices<br>Fresh Pepper Strips                      | 21<br><u>No School</u><br><u>Professional Development Day</u>             | 22<br><u>Beef Tacos</u><br>Clementines<br>Cucumber Wheels                             | 23<br><u>WG Chicken Tender Dinner</u><br>Fresh Orange<br>Fresh Broccoli |
| 26<br><u>Cheese Pizza</u><br>Fresh Apple<br>Carrot Sticks | 27<br><u>WG French Toast Sticks &amp; Chicken Sausages</u><br>Fresh Apple Slices<br>Fresh Pepper Strips | 28<br><u>Chicken Tacos</u><br>Banana<br>Three Bean Salad                  | 29<br><u>Chicken Nuggets &amp; A WG Dinner Roll</u><br>Clementines<br>Cucumber Wheels | 30<br><u>Cheeseburger on a WG Bun</u><br>Fresh Orange<br>Fresh Broccoli |

## Fruits and Vegetables

Assorted fruits and vegetables offered daily with an emphasis on fresh, local, and seasonal.

## Grains

Nutrient dense whole grain breads, rolls, and wraps offered daily.

## Dairy

1% low fat, Skim, Lactaid

\*Item contains pork

## Offered Daily:

Sun Butter and Jelly Sandwich