

ELC Pre-K Lunch Menu

October 2026

			1 <u>Vanilla Yogurt Cup</u> Graham Crackers Fresh Pineapple Cucumber Wheels	2 <u>Sun Butter & Jelly Sandwich</u> Fresh Clementines Fresh Broccoli
5 <u>WG Bagel</u> Cheese Sticks Fresh Apple Carrots Sticks	6 <u>Cinnamon ProYo Cup</u> Graham Crackers Apple Slices Celery & Carrots	7 <u>Pizza Grab & Go</u> Fresh Oranges Wedges Carrots Sticks	8 <u>Strawberry Yogurt Cup</u> Honey Grahams Fresh Pineapple Cucumber Wheels	9 <u>Sun Butter & Jelly Sandwich</u> Fresh Clementines Fresh Broccoli
12 <u>No School</u> <u>Indigenous Peoples Day</u>	13 <u>Cinnamon ProYo Cup</u> Graham Crackers Apple Slices Celery & Carrots	14 <u>Pizza Grab & Go</u> Fresh Oranges Wedges Carrots Sticks	15 <u>Vanilla Yogurt Cup</u> Graham Crackers Fresh Pineapple Cucumber Wheels	16 <u>Sun Butter & Jelly Sandwich</u> Fresh Clementines Fresh Broccoli
19 <u>WG Bagel</u> Cheese Sticks Fresh Apple Carrots Sticks	20 <u>Cinnamon ProYo Cup</u> Graham Crackers Apple Slices Celery & Carrots	21 <u>No School</u> <u>Professional Development Day</u>	22 <u>Strawberry Yogurt Cup</u> Honey Grahams Fresh Pineapple Cucumber Wheels	23 <u>Sun Butter & Jelly Sandwich</u> Fresh Clementines Fresh Broccoli
26 <u>WG Bagel</u> Cheese Sticks Fresh Apple Carrots Sticks	27 <u>Cinnamon ProYo Cup</u> Graham Crackers Apple Slices Celery & Carrots	28 <u>Pizza Grab & Go</u> Fresh Oranges Wedges Carrots Sticks	29 <u>Vanilla Yogurt Cup</u> Graham Crackers Fresh Pineapple Cucumber Wheels	30 <u>Sun Butter & Jelly Sandwich</u> Fresh Clementines Fresh Broccoli

Fruits and Vegetables

Assorted fruits and vegetables offered daily with an emphasis on fresh, local, and seasonal

Grains

Nutrient dense whole grain breads, rolls, and wraps always offered

Dairy

Ice cold 1% and fat free skim are offered daily

*Items contain pork

Menu is subject to change