

TROUSDALE COUNTY ELEMENTARY SCHOOL

October 2026

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Wk 1,3,5</u> Chicken Biscuit or Poptart	<u>Wk 1,3,5</u> Muffin or Cereal	<u>Wk 1,3,5</u> Donut	<u>Wk 1,3,5</u> Ham/Ch Croissant or Banana Bread	<u>Wk 1,3,5</u> Pancake Pup or Breakfast Bun
<u>Wk 2,4</u> Sausage Biscuit or Poptart	<u>Wk 2,4</u> Pancake or Cereal	<u>Wk 2,4</u> Donut	<u>Wk 2,4</u> Omelet or Cereal	<u>Wk 2,4</u> Breakfast Pizza or Cinnamon Roll

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sept 28 Country Fried Steak/Gravy BBQ Riblet Turnip Greens Mashed Potatoes Roll	Sept 29 Popcorn Chicken or Nuggets Broccoli/Cheese Fries	Sept 30 Beefy Nachos/Cheese Burrito Refried Beans Salsa Cup	1 Chicken and Waffles Fries Salad	2 Hamburger/Cheese Hotdog Mustard/Ketchup/Mayo/LPTO Chips Baked Beans Broccoli or Celery/Ranch
5 Chicken Patty or Nuggets Baked Potato Green Beans Roll	6 Cheesy Pizza Tuna/Crackers Corn-on-Cob Fries	7 Chinese Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie	8 Chicken Alfredo Chicken Parmesan Salad Garlic Knot	9 Chicken Sandwich Riblet Sandwich Fries Baked Beans
12 Beef Steak/Gravy Chicken Leg Mashed or Scalloped Potatoes Steamed Carrots Roll	13 Popcorn Chicken or Nuggets Green Beans Fries Macaroni/Cheese	14 Cheesy Quesadilla Burrito Salsa Cup Corn Black Beans	15 Ham or Turkey Sandwich Chips Mustard/Mayo Carrot or Celery Sticks/Ranch V-Blend	16 No School
19	20 	21 Fall Break!	22 	23
26 Chicken Leg Mashed Potatoes Green Peas Roll	27 Cheesy Pizza Tuna/Crackers Fries Carrot Sticks/Ranch	28 Chili/Crackers Hotdog Tater Tots/Ketchup Corn	29 Ravioli Cheesy Breadstick/Marinara Steamed Broccoli Fries	30 BBQ Sandwich Chicken Sandwich Mustard/Ketchup/LPTO Chips Coleslaw Baked Beans

A variety of milk and fruit is served with breakfast and lunch daily.

Menus are subject to change due to supply chain issues. Check school cafeteria for updates.

This institution is an Equal Opportunity Provider.