

# OCTOBER 2026 MIDDLE SCHOOL LUNCH

NATIONAL SCHOOL LUNCH WEEK

| Mon                                                                               | Tue | Wed                                                                                                                                                             | Thu                                                                                                                                                                                                                                                          | Fri                                                                                                                                                                                                                                                    |
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|  |     | <p>DeKalb County School District<br/>School Nutrition Student Meal Survey</p>  | <p><b>1 ENTRÉES</b><br/>CHICKEN CON QUESO<br/>QUESO &amp; CHIPS<br/>HAMBURGER DELUXE<br/>SIDES (CHOOSE 1-3)<br/>CELERY &amp; CARROT STICKS<br/>SOUTHWESTERN PINTO BEANS<br/>CHILLED FRUIT COCKTAIL<br/>BANANA<br/>GRAB N GO<br/>CHICKEN STRIP CHEF SALAD</p> | <p><b>2 ENTRÉES</b><br/>WILD MIKES PEPPERONI PIZZA<br/>WILD MIKE'S CHEESE PIZZA<br/>FISH SANDWICH<br/>SIDES (CHOOSE 1-3)<br/>POWER KALE SALAD<br/>PEPPERED CARROTS<br/>GRLA APPLE<br/>GRAPE JUICE<br/>GRAB N GO<br/>CHARBROILED CHICKEN CHEF SALAD</p> |

## ★ FALL BREAK ★ October 5-9, 2026

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| <p><b>12 ENTRÉES</b><br/>BREADED CHICKEN DRUMSTICKS WITH ROLL<br/>BEEF TACO<br/>SIDES (CHOOSE 1-3)<br/>CORN<br/>GREEN BEANS<br/>SLICED PEACHES<br/>PARADISE PUNCH FRUIT SLUSH<br/>GRAB N GO<br/>FRUIT &amp; YOGURT PLATE</p>                   | <p><b>13 ENTRÉES</b><br/>MAPLE MEGA CHICKEN MINIS/ROLL<br/>CRUNCHY GRILLED CHEESE SANDWICH<br/>SIDES (CHOOSE 1-3)<br/>CRINKLE FRIES<br/>STEAMED BROCCOLI<br/>CHILLED FRUIT COCKTAIL<br/>GALA APPLE<br/>GRAB N GO<br/>CHARBROILED CHICKEN CHEF SALAD</p>     | <p><b>14 ENTRÉES</b><br/>BBQ CHICKEN WITH ROLL<br/>HAMBURGER DELUXE<br/>SIDES (CHOOSE 1-3)<br/>COLLARDS<br/>SQUASH CASSEROLE<br/>APPLESAUCE<br/>FRESH ORANGE<br/>GRAB N GO<br/>WOWBUTTER &amp; JELLY PLATE</p>                          | <p><b>15 ENTRÉES</b><br/>BEEF &amp; CHEESE NACHOS<br/>CHEESE NACHOS<br/>GRILLED CHICKEN SANDWICH<br/>SIDES (CHOOSE 1-3)<br/>SOUTHWESTERN BLACK BEANS<br/>SHREDDED LETTUCE &amp; TOMATO<br/>BANANA<br/>MANDARIN ORANGES<br/>GRAB N GO<br/>CHICKEN STRIP CHEF SALAD</p> | <p><b>16 ENTRÉES</b><br/>GALAXY CHEESE PIZZA<br/>GALAXY PEPPERONI PIZZA<br/>FISH TREASURES/ROLL<br/>SIDES (CHOOSE 1-3)<br/>ROASTED CARROTS<br/>APPLE JUICE<br/>FRESH PEAR<br/>GARDEN SALAD<br/>GRAB N GO<br/>CHARBROILED CHICKEN CHEF SALAD</p>                                        |
| <p><b>19 ENTRÉES</b><br/>CHEESE DIPPER WITH SALSA<br/>BREADED CHICKEN SANDWICH<br/>SIDES (CHOOSE 1-3)<br/>GARDEN SALAD<br/>BAKED SWEET POTATO<br/>FRESH ORANGE<br/>STRAWBERRY KIWI FRUIT SLUSH<br/>GRAB N GO<br/>FRUIT &amp; YOGURT PLATE</p>  | <p><b>20 ENTRÉES</b><br/>MANDARIN ORANGE CHICKEN WITH RICE &amp; ROLL<br/>CORN DOG<br/>SIDES (CHOOSE 1-3)<br/>MIXED GREEN SALAD<br/>CORN<br/>RED DELICIOUS APPLE<br/>SLICED PEACHES<br/>GRAB N GO<br/>FRUIT &amp; YOGURT PLATE</p>                          | <p><b>21 ENTRÉES</b><br/>CHICKEN &amp; WAFFLE<br/>TURKEY BLT ON CROISSANT<br/>SIDES (CHOOSE 1-3)<br/>STEAMED BROCCOLI<br/>TATER TOTS<br/>MANDARIN ORANGES<br/>FRESH PEAR<br/>GRAB N GO<br/>WOWBUTTER &amp; JELLY PLATE</p>              | <p><b>22 ENTRÉES</b><br/>CHICKEN CON QUESO<br/>QUESO &amp; CHIPS<br/>HAMBURGER DELUXE<br/>SIDES (CHOOSE 1-3)<br/>CELERY &amp; CARROT STICKS<br/>SOUTHWESTERN PINTO BEANS<br/>CHILLED FRUIT COCKTAIL<br/>BANANA<br/>GRAB N GO<br/>CHICKEN STRIP CHEF SALAD</p>         | <p><b>23 ENTRÉES</b><br/>WILD MIKES PEPPERONI PIZZA<br/>WILD MIKE'S CHEESE PIZZA<br/>FISH SANDWICH<br/>SIDES (CHOOSE 1-3)<br/>PEPPERED CARROTS<br/>POWER KALE SALAD<br/>GALA APPLE<br/>GRAPE JUICE<br/>GRAB N GO<br/>CHARBROILED CHICKEN CHEF SALAD</p>                                |
| <p><b>26 ENTRÉES</b><br/>FERRIS WHEEL CHICKEN DRUMSTICKS WITH ROLL<br/>CIRCUS CORN DOG<br/>SIDES (CHOOSE 1-3)<br/>MIDWAY CORN<br/>GREEN BEANS<br/>SLICED PEACHES<br/>PARADISE PUNCH FRUIT SLUSH<br/>GRAB N GO<br/>FRUIT &amp; YOGURT PLATE</p> | <p><b>27 ENTRÉES</b><br/>TIGHTROPE GRILLED CHEESE SANDWICH<br/>MAPLE MEGA CHICKEN MINIS/ROLL<br/>SIDES (CHOOSE 1-3)<br/>CRINKLE FRIES<br/>STEAMED BROCCOLI<br/>CLOWN CAR FRUIT COCKTAIL<br/>GALA APPLE<br/>GRAB N GO<br/>CHARBROILED CHICKEN CHEF SALAD</p> | <p><b>28 ENTRÉES</b><br/>RINGMASTER BBQ CHICKEN SANDWICH<br/>HAMBURGER DELUXE<br/>SIDES (CHOOSE 1-3)<br/>COLLARDS<br/>GLAZED SWEET POTATOES<br/>HIGH-WIRE APPLESAUCE<br/>FRESH ORANGE<br/>GRAB N GO<br/>WOWBUTTER &amp; JELLY PLATE</p> | <p><b>29 ENTRÉES</b><br/>BEEF &amp; CHEESE TOTCHOS<br/>CHEESE TOTCHOS<br/>GRILLED CHICKEN SANDWICH<br/>SIDES (CHOOSE 1-3)<br/>CARNIVAL BLACK BEANS<br/>SHREDDED LETTUCE &amp; TOMATO<br/>BANANA<br/>MANDARIN ORANGES<br/>GRAB N GO<br/>CHICKEN STRIP CHEF SALAD</p>   | <p><b>30 ENTRÉES</b><br/>BIG TOP GALAXY CHEESE PIZZA<br/>BIG TOP GALAXY PEPPERONI PIZZA<br/>FISH TREASURES/ROLL<br/>SIDES (CHOOSE 1-3)<br/>SPOTLIGHT ROASTED CARROTS<br/>TILT-A-WHEEL GARDEN SALAD<br/>APPLE JUICE<br/>FRESH PEAR<br/>GRAB N GO<br/>CHARBROILED CHICKEN CHEF SALAD</p> |

**Menu Notes:** All student meals must include a fruit and/or vegetable. Milk available with all meals.  
Nutrition information including allergens can be found at [www.schoolcafe.com](http://www.schoolcafe.com).  
This institution is an equal opportunity provider.