

OCTOBER 2026

Middle School Breakfast

DeKalb County School Nutrition



Dekalb County School District:
School Nutrition Student Meal
Survey



1
BREAKFAST SAUSAGE,
EGG & CHEESE CROISSANT

FRENCH TOAST BITES

FRUIT PUNCH JUICE
MANDARIN ORANGES

2
PANCAKE N LINK

FROSTED MINI WHEATS
(2 OZ)

ASSORTED JUICE
ASSORTED FRESH FRUIT

Fall Break October 5-9, 2026

12
BREAKFAST BAGEL

CINNAMON TOAST
CRUNCH CEREAL (2 OZ)

GRAPE JUICE
GALA APPLE

13
BREAKFAST BACON
CROISSANT

CINNAMON PANCAKES

FRUIT PUNCH JUICE
FRESH ORANGE

14
CHICKEN BISCUIT

SUPER DONUT

ORANGE TANGERINE
JUICE
FRESH PEAR

15
FRENCH TOAST

PEACHES N CREAM
YOGURT PARFAIT

APPLE JUICE
MANDARIN ORANGES

16
BREAKFAST BURRITO
WITH SALSA

CINNAMON TOAST
CRUNCH PASTRY

ASSORTED JUICE
ASSORTED FRESH FRUIT

19
PANCAKES WITH SYRUP

CINNAMON CHEX CEREAL
(2 OZ)

GRAPE JUICE
GALA APPLE

20
BREAKFAST PIZZA

TOASTED WG BLUEBERRY
BAGEL WITH CREAM
CHEESE

FRUIT PUNCH JUICE
FRESH ORANGE

21
TURKEY SAUSAGE
BISCUIT

APPLE CRISP PARFAIT

ORANGE TANGERINE
JUICE
FRESH PEAR

22
BREAKFAST SAUSAGE,
EGG & CHEESE CROISSANT

FRENCH TOAST BITES

APPLE JUICE
MANDARIN ORANGES

23
PANCAKE N LINK

FROSTED MINI WHEATS
(2 OZ)

ASSORTED JUICE
ASSORTED FRESH FRUIT

26
BREAKFAST BAGEL

CINNAMON TOAST
CRUNCH CEREAL (2 OZ)

GRAPE JUICE
GALA APPLE

27
BREAKFAST BACON
CROISSANT

CINNAMON PANCAKES

FRUIT PUNCH JUICE
FRESH ORANGE

28
CHICKEN BISCUIT

SUPER DONUT

ORANGE TANGERINE
JUICE
FRESH PEAR

29
FRENCH TOAST

PEACHES N CREAM
YOGURT PARFAIT

APPLE JUICE
MANDARIN ORANGES

30
BREAKFAST BURRITO
WITH SALSA

CINNAMON TOAST
CRUNCH PASTRY

ASSORTED JUICE
ASSORTED FRESH FRUIT

Menu Notes: All student meals must include a fruit and/or vegetable. Milk available with all meals.
This institution is an equal opportunity provider