

October Breakfast & Lunch Menu

ALABAMA SCHOOL OF FINE ARTS



2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Turkey & Cheese Croissant	Chicken Biscuit
			Oven Fried Chicken Rice Pilaf Glazed Carrots Brussel Sprouts	Turkey & Cheese Sub With Sandwich Trimmings Fresh Carrots & Celery Baked Chips Cookie
5	6	7	8	9
Sausage* & Cheese English Muffin	Ham & Cheese Croissant	Muffin & Yogurt Bar	Hashbrown Casserole and Donut	Chicken n Waffles
Orange Chicken Lo Mein Vegetables Stir-Fry Vegetables Vegetable Egg Roll Fortune Cookie	2-Beef* Soft Tacos Assorted Toppings Pinto Beans & WK Corn Salsa, Sour Cream	Chicken* Sandwich Baked Beans Coleslaw	Birra Chicken Plantains Stew Beans Spanish Rice Churro Cake	Build Your Own Ramen Bowl Assorted Toppings Zesty Mandarin Salad
12	13	14	15	16
Fall Break No School	Banana Split Parfait	Apple Nachos	Grilled Cheese	Sausage, Peppers, Eggs n Rice
	National School Lunch Week Blackened Fish or Chicken Tacos with Avocado Salsa Whole Kernel Corn Ranchero Pinto Beans	National School Lunch Week Carnival Foods Hot Dog or Corn Dogs Onion Rings Funnel Cake Bar Corn Nuggets	National School Lunch Week Beef Tips w/ Rice Collard Greens w/ Smoked Turkey Sweet Potatoes Cornbread	National School Lunch Week Sushi Bowl Assorted Veggies and Assorted Topping
19	20	21	22	23
Waffle w/ Assorted Toppings	Biscuit & Sausage Gravy	Shrimp & Grits	Muffin & Yogurt	Bacon & Pancakes
Hamburger Steak w Gravy Mashed Potatoes Green Beans Roll	Crispitos with Cheese or Vegetarian Quesadilla Spanish Rice Black Beans Corn on the Cob Salsa, Sour Cream	Chicken Tenders* or Catfish Nuggets Cheesy Broccoli & Rice Mediterranean Veggies	BBQ Baked Chicken Honey Glazed Carrots Season Cabbage Cornbread	Assorted Pizza Fries Ceaser Salad
26	27	28	29	30
Egg & Cheese English Muffin	Apple Fritter and Scrambled Eggs	French Toast Sticks National Chocolate Day	Breakfast Pizza	Breakfast Bagel
Peruvian Chicken Drumsticks Rice Pilaf Sautéed Squash & Zucchini Garlicy Green Beans Roll	National Potato Day Potato Bar Assorted Toppings Greek Salad Breadstick	Grilled Chicken* Sandwich Potato Wedges Cheesy Broccoli Chocolate Cake	Assorted Chicken Wings* Creamed Spinach Pita Chips Fresh Carrots & Celery	Turkey & Cheese Sub Fresh Fruit & Veggies Assorted Chips

FYI

Meals Include *Plant-based Substitutions, 8 oz. Milk & Assorted Fruits.
Cereal, Grits, Muffins, PB&J and Yogurt available at Breakfast.
Ask about our gluten-free options.

Our menu is subject to change based on product availability.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER