

HOTWORX

24 HOUR INFRARED FITNESS STUDIO



The newest and HOTTEST gym in Monterey County

Location: 1105 Broadway Avenue, Suite 101, Seaside, CA 93955

Contact: (831) 884-5923



HOTWORX offers virtual guided workouts in infrared saunas. You burn twice the amount of calories, detoxify at a cellular level and activate the regenerative process.

Perks: get points for every calorie burned which turns into **free money**, app that tracks nutrition included with membership & **24/7** access to the facility



To learn more visit

<https://www.hotworx.net/studio/seaside>