2025-26

Evaluation of Mental Health Services: One-Page Summary

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DALLAS INDEPENDENT SCHOOL DISTRICT | Program Evaluation

Full Report:

The **Mental Health Services** (MHS) department was created in July 2020 by merging the Psychological and Social Services (PSS) department and Youth and Family Centers (YFC) program. The MHS department mission is (a) to support students' academic success by providing services focused on emotional, behavioral, and physical wellbeing and (b) to increase equity across communities by providing school-based and clinic-based health services. By providing easily accessible, comprehensive, and research-based mental health services, the district helps children and families overcome personal challenges to pave the way for learning.

HEALTHY MIND · HEALTHY BODY · HEALTHY YOU

10,179
unique students served in 2025-26
+16% from 2024-25

Over two-thirds of MHS students were **first-time service recipients in 2025-26**, one-fifth received services for **two years**, and one-tenth received services for **three consecutive years** (2023-24 to 2025-26).

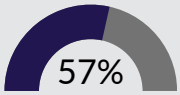


117,932
services provided in 2025-26
+14% from 2024-25

In-School Services

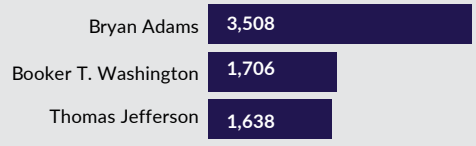
8,654
students received in school services
+23% from 2024-25

74,936
in-school services provided
+18% from 2024-25



Direct Service Time

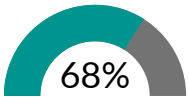
Number of Services by Top 3 Campuses



Youth & Family Centers

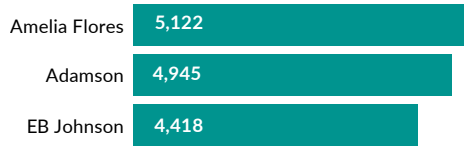
2,899
students received YFC services
+4% from 2024-25

42,996
YFC services provided
+7% from 2024-25



Direct Service Time

Number of Services by Top 3 YFCs



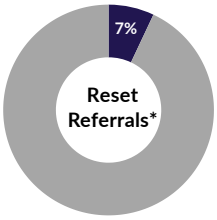
Outcomes

Overall

91%
Attendance Rate
+0% from 2024-25

67%
On-Track Rate

96%
Graduation Rate



+1% from 2024-25

MHS students had a 39% **Reset Center Re-Engagement** rate.
+5% from 2024-25

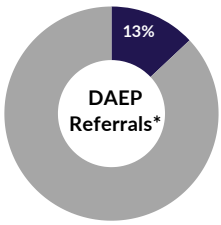
Students Receiving Services for 3 Years

93%
Attendance Rate

76%
On-Track Rate

97%
Graduation Rate

MHS students who **received services for three years** had higher attendance rates, on-track rates, and graduation rates than MHS students overall.



+3% from 2024-25

MHS students had a 16% **DAEP recidivism** rate.
-6% from 2024-25

*Out of 10,179 MHS students.