

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy: Whittemore-Prescott Area Schools
Triennial Assessment Summary
2026**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Whittemore-Prescott Area Schools

Month and year of current assessment: September 17, 2026

Date of last Local Wellness Policy revision: June, 2021

Website address for the wellness policy and/or information on how the public can access a copy:

<https://go.boarddocs.com/mi/wpas/Board.nsf/goto?open&id=C5JRT75DE77E>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? annually

School Wellness Leader:

Name	Job Title	Email Address
Suzie Hall	Food Service Director	halls2@wpas.net

School Wellness Committee Members:

[illegible]

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Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☒ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

The Whittemore-Prescott Area Schools wellness policy is a comprehensive document focusing on our students' and staff's wellness needs. This is a part of our Board of Education Policies. Our purpose of developing the policy is to highlight aspects of wellness such as; physical education, physical activity and exercise, nutrition education, and school food service.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Whittemore-Prescott Area Schools

Date: September 17, 2026

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Nutrition education shall be included in the health curriculum	a) Health teachers will receive requisite training/PD to appropriately deliver nutrition education as part of the health curriculum. b) Health curriculum will be monitored and evaluated regularly.	Academic year	Health educator(s) assessment/evaluative tool (SFS)	Principal	Teachers, students	YES
Nutrition education posters will be on display in the cafeterias	a) Ensure that all posters are accurate and relevant	Academic year	N/A	Food Service Director	Teachers, staff, students, visitors (community)	YES

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All students K-12 will have the opportunity to participate in extracurricular activities aimed at physical activity	a) Ensure that all eligible students are given the opportunity to participate in MHSAA athletics b) Ensure that MSUExtension is providing ample opportunities at the elementary level for physical activity	Academic year	a) Athletic department sports evaluation method b) Participation numbers	a) Athletic Director b) MSUExtension Program Instructor	students	Ongoing
All PE courses (K-12) will include both competitive and non-competitive games	a) Ensure that curriculum at all levels aligns with this goal b) Ensure that appropriate equipment is accessible for non-competitive activities	Academic year	a) PE curriculum assessment b) PE teacher observation/evaluation	PE teachers Principals	Students, staff	Ongoing

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The school will provide attractive, clean environments for our students to eat	a) Schedule necessary staff to provide oversight of student behaviors in the cafeteria b) Schedule necessary staff to address cleanliness of cafeterias	Academic year	Continuous and routine assessment/evaluation of staff	Principal Food Service Director	Students, staff	Yes
School lunches will be scheduled to create the least possible disruption with recess, special events, and	a) Strategic daily schedules dedicated to specific lunch times for specific grade levels	Academic Year	Regularly check to ensure that the lunch schedule is accommodating all student needs while providing the least restrictions possible.	Principal	Students, staff	No

classroom instruction						

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Provide smart snacks as an option during school lunch on the 'a la carte' menu.	We will ensure that nutritious snacks are always an option 'a la carte'	Academic year	Consistent monitoring of menu inventory	Food Service Director	Students, staff	Ongoing

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Providing nutritious snacks for after-school academic tutoring	a) Create a request form for staff overseeing tutoring (to ensure that snacks are always available)	Academic year	After each tutoring session a snack form is filled out to keep track of inventory	Title service coordinator Food Service Director	Students	Ongoing
The district will establish nutrition standards for all foods and beverages provided, but not sold, to students during the school day (family night & parent nights)	Any foods and beverages marketed or promoted to students on the school campus during the school day will meet the USDA Smart Snacks in School nutrition standards.	Annual	Verbal Check in with staff	Principals Food Service Coordinator	Students, staff	yes

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Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
It is the intent of the district to protect and promote student's health and to provide consistent health-related messaging.	Any foods and beverages marketed or promoted to students on the school campus during the school day will meet the USDA Smart Snacks in School nutrition standards	Beginning of the school year.	Monitoring areas in building that market.	Principals	Teachers, Staff, Students	Yes