



PRESCHOOL OCTOBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hot Dog, Chips, Cucumbers, Fruit, & Milk	2 No School FAIR DAY!
5 Cheeseburger, Chips, Lettuce, Fruit, & Milk	6 Carnitas, Spanish Rice, Refried Beans, Cucumber, Fruit, & Milk	7 Pozole, Chips, Cabbage, Onion, Cilantro, Lime, Fruit, & Milk	8 Chicken Tenders, Smile Fries, Graham Cracker, Carrots, Fruit, & Milk	9 Pizza, Green Salad, Fruit, & Milk
12 Grilled Cheese Sandwich, Chips, Carrots, Fruit, & Milk	13 Carne Asada Tacos, Spanish Rice, Lime, Cucumber, Fruit, & Milk	14 Flautas, Refried Beans, Green Salad, Fruit, & Milk	15 Orange Chicken, Brown Rice, Steamed Broccoli, Fruit, & Milk	16 Hot Dog, Chips, Cucumbers, Fruit, & Milk
19 Orange Chicken, Brown Rice, Steamed Broccoli, Fruit, & Milk	20 Chicken Alfredo, Garlic Bread, Broccoli, Fruit, & Milk	21 Quesadilla De Asada, Refried Beans, Green Salad, Fruit, & Milk	22 Pizza, Green Salad, Fruit, & Milk	23 Chicken Nuggets, Tater Tots, Graham Crackers, Carrots, Fruit, & Milk
26 Cheeseburger, Chips, Lettuce, Fruit, & Milk	27 Carne Asada Tacos, Spanish Rice, Lime, Cucumber, Fruit, & Milk	28 Carnitas, Spanish Rice, Refried Beans, Cucumber, Fruit, & Milk	29 Chicken Tenders, Smile Fries, Graham Cracker, Carrots, Fruit, & Milk	30 Pizza, Green Salad, Fruit, & Milk

ALL OF THE GRAINS WE SERVE ARE *WHOLE GRAIN RICH. 1% WHITE MILK ARE PROVIDED. OUR MEALS COMPLY WITH NUTRITIONAL STANDARDS. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU SUBJECT TO CHANGE.