A QUICK GUIDE FOR FAMILIES & STAFF

Our CCF Family Positive Guidance Plan

Rooted in Conscious Discipline & PurposeFull People

Safety + Connection = Learning

Our core belief: behavior mistakes are opportunities to teach, not punish. We focus on helping children get calm and regulated first.

The Big Three Rules & the character traits they build

1 We Care for Ourselves

Be Well

- Managing big emotions
- Honoring all forms of communication
- Listening to our bodies

2 We Care for Our School

Be Strong

- Following routines
- Using materials safely
- Persevering through challenges

3 We Care for Our Friends

Be Kind

- Using gentle hands
- Practicing empathy
- Listening & offering help

Our Daily Success Tools

Brain Smart Start
Unite, connect, and commit to our day.

Monthly Traits
Teaching character traits through PurposeFull People.

The Safe Place
A comforting space to reset and practice S.T.A.R. breathing.

When Big Behaviors Happen how we respond, step by step

1. **Adult Composure First**
   Pause and breathe.
2. **Positive Redirection**
   State what **to** do, not what not to do.
3. **Setting Safe Limits (A.C.T.)**
   Acknowledge feelings, **C**ommunicate safety, **T**arget positive choices.
4. **Logical Consequences**
   Repair mistakes and make it right.

Partnering With Families

Monthly Newsletters
Look for home activity ideas.

Encouragement Notes
Celebrating your child's specific wins!

We Are All Connected