

Lunch Menu

SAU 70 Dresden Hanover High School

October
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Garlic Chicken Breast Wild Rice Roasted Lemon-Herb Asparagus	6 Ground Beef Tacos Soft Flour Tortillas Cilantro-Lime Rice Stewed Red Beans Toppings	7 Cajun Roasted Pork Loin Sautéed Green Cabbage and Peas Yellow Rice	1 Cheese Tortellini Pesto Marinara Lemon-Herb Chicken Breast Ceasar Salad	2 Popcorn Chicken Mashed Potato Buttered Corn Brown Gravy
12 NO SCHOOL COLUMBUS DAY	13 Chicken Parmesan Egg Noodles Garlic Broccoli	14 Beef Stew Biscuits Roasted Carrot Medley	8 Beef Gyro French Fries Small Side Salad O	9 NO SCHOOL TEACHER IN-SERVICE
19 Pasta Day All-Beef Meatballs Sautéed Spinach Alfredo or Marinara Garlic Breadsticks	20 Spicy Beef Bowl Steamed Jasmine Rice Sesame-Ginger Snap Peas	21 Ground Turkey Sloppy Joe Tater Tots Garlicky Green Beans	15 Curried Pork Loin Stewed Lentils Roasted Carrots	16 Teriyaki Chicken Thighs Steamed Jasmine Rice Sesame-Ginger Bok Choy
26 Meat and Vegetable Lasagna Small Side Salad Garlic Texas Toast	27 Andouille Sausage Red Beans and Rice Creamy Green Beans	28 Philly Cheesesteak Subs Onion Rings Broccoli and Cauliflower	22 All-Beef Franks Potato Chips Broccoli Salad	23 Scrambled Eggs Chicken Sausage Home Fries Avocado-Tomato Salad
26 Meat and Vegetable Lasagna Small Side Salad Garlic Texas Toast	27 Andouille Sausage Red Beans and Rice Creamy Green Beans	28 Philly Cheesesteak Subs Onion Rings Broccoli and Cauliflower	29 Falafel Pita Wrap Tzatziki Sauce Potato Chips Small Side Salad	30 Ground Beef Nachos Corn Tortilla Chips Black Beans and Corn Toppings Bar



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

