



October 2026

K8 Lunch & Breakfast Menu



Breakfast

An assortment of site based favorites are offered daily, including Cereal, Honey Bars, and Bagels with Cream Cheese, in addition to these monthly features:

Sausage, Egg & Cheese Muffin
OR
Yogurt Fruit Smoothie w/ Grahams

All Meals include fruit, juice & milk.

MEAL PRICES

Breakfast-
Paid: \$1.65
Reduced: \$0.00
Lunch-
Paid: \$3.10
Reduced: \$0.00



Local fat-free and 1% white or non-fat chocolate milk available daily

Monday

Tuesday

Wednesday

Thursday

Friday

ADDITIONAL ENTREE CHOICES

Monthly Entrée
Cheese Quesadillas w/ Salsa

Grab & Go:

Elementary:
Popcorn Chicken Salad w/ Mini Blueberry Muffin Loaf

Middle Schools:
Popcorn Chicken Salad w/ Mini Blueberry Muffin Loaf

CHOW Sandwich
Choice of the Week, offered daily
Grades 7 & 8 only

- 10/1: BBQ Rib Patty
- 10/5: Breaded Spicy Mozzarella Bites
- 10/19: Crispy Chicken
- 10/26: Cheeseburger

More Fruits & Veggies

Fresh baby carrots and a salad bar with an assortment of fruits, vegetables and toppings are offered in addition to the featured daily fruit & vegetable.



Where Nutrition Takes Center Stage!

Join us as we celebrate **National School Lunch Week**, October 19-23! Since 1962, this nationwide celebration has recognized the important role school meals play in the health, well-being, and success of students across America. **Step right up and celebrate with us!**

5 **Chicken & Waffles**
Star Chicken Nuggets
Buttery Maple Waffle
Ranchero Beans
Assorted Fresh Fruit

6 **Asian Glazed Chicken Bites**
w/ Dinner Roll
Roasted Broccoli
Fresh Orange Wedges

7 **Pizza Slice**
Pepperoni or Cheese
Steamed Corn
Applesauce

1 **BBQ Pork Patty Sandwich**
Roasted Carrot Fries
Applesauce Cup

8 **Half Day**
Turkey-Ham, Cheese & Crackers
Baby Carrots
Veggie Juice
Fresh Apple Slices

2 **Celebrate World Smile Day**
Chicken Tenders w/ Corn Star Muffin
Baked Smile Potatoes
Fresh Grapes

9 **Half Day**
BBQ Chicken Bites
Sunflower Seeds
Veggie Juice
Baby Carrots
Raisins

Fall Break Week, October 12 - 16



19 **Popcorn Chicken**
Kettle Corn
Seasoned Fries
Fresh Orange Wedges

20 **Soft Baked Pretzel**
w/ Cheese Dip
String Cheese
Ranchero Beans
Peach Applesauce

21 **Pizza Slice**
Pepperoni or Cheese
Seasoned Green Beans
Assorted Fruit

22 **Chicken Tenders**
w/ Funnel Cake
Sunshine Carrots
Fresh Apple Slices

23 **Corn Dog**
Tossed Romaine Salad
Strawberry-Mango
Fruit Sorbet

26 **Chicken Nuggets**
w/ Garlic Knot
Tossed Romaine Salad
Fresh Pear

27 **Beef Soft Tacos**
w/ Salsa
Refried Beans
Peaches

28 **Pizza Slice**
Pepperoni or Cheese
Fresh Cucumbers
Dried Berries & Cherries

29 **Popcorn Chicken**
Ranch Mashed Potatoes
Fresh Apple Slices
Pumpkin Cookie

30 **Cheeseburger**
Sweet Potato Fries
Yeeek! Frozen Fruit Sorbet

This institution is an equal opportunity provider. Menu subject to Change.



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