

Elementary

MENUS

OCTOBER 2026

Monthly Promotion

October 12- 16 is National School Lunch Week! Join us in the Cafeteria Circus!

Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



Questions or Comments?

General Manger: Candice Whitbeck
Email: cwhitbeck@wsd7.org

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
			1 <u>Breakfast</u> Glazed Cinnamon Roll <u>Lunch</u> Bistro Bowl w/ Nuggets Golden Corn Dog Turkey & Cheese Croissant Butter Corn	2 <u>Breakfast</u> Very Berry Smoothie <u>Lunch</u> Turkey Bacon Ranch Pizza Boneless BBQ Wings SB&J Sandwich Crinkle Carrots
5	6	7	8	9
Fall Break				
12 <u>NO School</u>	13 <u>Breakfast</u> Carnival Pancake Pop <u>Lunch</u> Beefy Nachos Golden Corn Dog Layered Taco Dip Cheesy Refried Beans	14 <u>Breakfast</u> Circus Berry Bagel <u>Lunch</u> Grilled Cheeseburger Hamburger Chili Dog Turkey & Cheese Wrap Curly Fries	15 <u>Breakfast</u> Center Ring Chocolate French Toast <u>Lunch</u> Chili Fries Chicken Tenders w/ Onion Rings SB&J Sandwich Buttery Corn	16 <u>Breakfast</u> Strong Man Snack Pack <u>Lunch</u> Hot Honey Pepperoni Pizza Delicious Cheese Pizza Boneless BBQ Wings Ham & Cheese Wrap Italian Veggie Blend
19 <u>Breakfast</u> Chocolate Donut <u>Lunch</u> Creamy Chicken Alfredo Cheese Stuffed Breadsticks Ham & Cheese Salad Spiced Green Beans	20 <u>Breakfast</u> Blueberry Waffles <u>Lunch</u> Cheese Quesadilla Birria Tacos Ham & Cheese Croissant Pinto Beans	21 <u>Breakfast</u> Trix French Toast <u>Lunch</u> Smokey Bacon Mac'n Cheese Breaded Drumstick Popcorn Chicken Wrap Buttery Corn	22 <u>Breakfast</u> Breakfast Biscuit <u>Lunch</u> Green Pork Pozole Mini Corn Dogs Power Pack Spicy Street Corn	23 <u>Breakfast</u> Cinnamon Bar <u>Lunch</u> Pepperoni Pizza Cheese Pizza Chicken Tenders w/ Roll Uncrustable Crinkle Carrots
26 <u>Breakfast</u> Powder Donut <u>Lunch</u> Spaghetti w/ Meatballs French Bread Pizza Uncrustable Spiced Green Beans	27 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Beef & Bean Burrito Spicy Chicken Sandwich Power Pack Cheesy Refried Beans	28 <u>Breakfast</u> Eggs & Toast <u>Lunch</u> Hamburger Cheeseburger Boneless Buffalo Wings Chicken Caesar Salad Curly Fries	29 <u>Breakfast</u> Chocolate Croissant <u>Lunch</u> Albondigas Soup Chicken Tenders w/ Roll Pizza Power Pack Crinkle Carrots	30 <u>Breakfast</u> Halloween Parfait <u>Lunch</u> Meatball Pizza Cheese Pizza Chicken Nuggets Ham & Cheese Sub Crinkle Carrots

Wilson Students eat for Free!