

Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 10/05/2026																
ELEM B.I.C. #1	Total	5000														
Cluster Brk, Whole Grain '22	1 EACH	5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			435	9	379	3.50	2.70	390.0	897	6.00	43 39.5%	13.40 12.3%	69.10 63.5%	11.00 22.8%	3.10 6.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Tue - 10/06/2026																
ELEM B.I.C. #1	Total	5000														
Bites, Three Chz & Eggs '26	Serving	5000	180	240	520	0.00	1.20	160.0	0	0.0	2	14.0	4.0	12.0	6.00	0.00
POATATO, HASHBROWN ROU NDS '26	2 PIECES	2500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			360	247	813	1.21	1.42	398.2	923	0.92	24 26.3%	22.84 25.4%	34.24 38.0%	13.83 34.5%	6.33 15.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Wed - 10/07/2026																
ELEM B.I.C. #1	Total	5000														
BAR, DOUBLE CHOC CHIP	1 EACH	5000	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Weighted Daily Average % of Calories	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protein (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
			465	9	419	6.31	2.83	332.5	937	4.39	51	13.95	84.13	17.7%	6.1%	0.0%
Nutrient Guideline			350-500		540						43.6%	12.0%	72.4%	<=30.0	<10.00	
Thu - 10/08/2026																
ELEM B.I.C. #1																
MaplepancakeChx&Saus.Snd2026																
APPLES,Fresh sliced																
POATATO,HASHBROWN ROU																
NDS 26																
MILK 1% DW 2024																
	Total serving	5000	140	25	240	1.00	0.70	40.0	*N/A*	*N/A*	6	8.0	16.0	5.0	1.00	0.00
	pkgs. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
	2 PIECES	2500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
MILK 1% DW 2024																
	EACH (1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024																
	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories																
			322	32	533	3.00	0.94	280.0	*925	*61.80	27	16.70	46.30	6.75	1.30	0.00
Nutrient Guideline			350-500		540						33.5%	20.7%	57.5%	18.9%	3.6%	0.0%
Fri - 10/09/2026																
ELEM B.I.C. #1																
BREAD,BANANA K-5 OG																
JUICE,SUNCUP APPLE 26																
Craisins, Watermelon																
	Total	5000	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
	1/2 Slice	5000	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
	1 EACH	2500	128	0	0	2.32	0.00	0.0	139	0.0	28	0.0	31.32	0.0	0.00	0.00
	serv. (1.1 6 oz)	2500														
MILK 1% DW 2024																
	EACH (1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024																
	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories																
			525	40	354	4.59	1.02	336.2	939	2.94	*65	12.36	86.02	15.21	1.90	*0.00
											*49.4%	9.4%	65.5%	26.1%	3.3%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average																
			421	67	500	3.72	1.78	347.4	*924	*15.21	*42	15.85	63.96	11.19	3.16	*0.00
											*89.4%	15.0%	60.7%	23.9%	6.7%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Generated on: 9/28/2026 10:33:42 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Proin (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Calories	421				% of Target 100%	Miss Data	Shortfall	Overage	Error Messages (if any)								
Cholesterol (mg)	67			350 - 500													
Sodium 1 (mg)	500			540	93%												
Fiber (g)	3.72																
Iron (mg)	1.78																
Calcium (mg)	347.4																
Vitamin A (IU)	924					Missing											
Sugars (g)	42	39.72%				Missing											
Vitamin C (mg)	15.21					Missing											
Protein (g)	15.85	15.04%															
Carbohydrate (g)	63.96	60.70%															
Total Fat (g)	11.19	23.90%		<=30.00%													
Saturated Fat (g)	3.16	6.74%		<10.00%													
Trans Fat¹ (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Tue - 10/13/2026																
ELEM B.I.C. #1 Cinnamon Swirls, BIC WG 2026 APPLESAUCE CUP-MOTT'S JUICE, GOLD RUSH '26 MILK,1% DW 2024	Total	5000														
	Serving	5000	260	10	105	3.01	1.50	45.1	0	0.0	19	6.01	41.07	8.01	2.00	0.00
	1 EACH	2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
	1 EACH	2500	40	0	60	0.00	0.00	0.0	480	60.0	13	0.0	10.0	0.0	0.00	0.00
	EACH(1/2	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	plnt)															
	EACH (1/	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
MILK,NF Chocolate DW 2024																
Weighted Daily Average % of Calories	2 pint)															
			425	17	333	3.51	1.50	275.1	1168	36.00	49	14.21	71.37	8.51	2.30	0.00
											46.1%	13.4%	67.1%	18.0%	4.9%	0.0%
Nutrient Guideline																
			350-500		540									<=30.0	<10.00	
Wed - 10/14/2026																
ELEM B.I.C. #1 Yogurt,Peach w/granola-DW '26 Yogurt,Cher-Van w/gran-DW '26 Yogurt, Straw w/granola-DW '26 Yogurt, Vanilla w/gran-DW '26 Yogurt, Str-Ban w/gran-DW '26	Total	5000														
	Serv (8oz	1000	300	5	105	2.00	0.72	579.5	0	0.0	35	8.99	58.97	2.5	0.00	0.00
	,2G)															
	Serv.(8oz	1000	300	5	105	2.00	0.72	580.0	0	0.0	35	9.0	58.0	2.5	0.00	0.00
	,2G)															
	Serv (8oz	1000	300	5	105	2.00	0.72	579.5	0	0.0	35	8.99	58.97	2.5	0.00	0.00
	,2G)															
Weighted Daily Average % of Calories	Serv. (8o	1000	300	5	105	2.00	0.72	579.5	0	0.0	35	8.99	58.97	2.5	0.00	0.00
	z,2G)															
Yogurt, Str-Ban w/gran-DW '26																
Weighted Daily Average % of Calories	Serv(8oz.	1000	300	5	105	2.00	0.72	580.0	0	0.0	35	9.0	58.0	2.5	0.00	0.00
	2G)															
BANANAS																
JUICE, SUNCUP APPLE '26 MILK,1% DW 2024	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
	EACH(1/2	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024																
Weighted Daily Average % of Calories	plnt)															
	EACH (1/	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
2 pint)																
Weighted Daily Average % of Calories			495	14	294	3.31	0.85	892.2	832	4.39	65	17.95	94.71	3.67	0.66	0.00
											52.3%	14.5%	76.6%	6.7%	1.2%	0.0%
Nutrient Guideline																
			350-500		540									<=30.0	<10.00	

*N/A * - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

! - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

1/14 cup eggs

Base Menu Spreadsheet

Portion Values - Detailed

Oct 13, 2026 thru Oct 16, 2026
ELEM B.I.C. #1

Thu - 10/15/2026	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protein (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
ELEM B.I.C. #1 Burrito, BRKFST HASHBROWN ¹ 26CP	Total	5000														
	1 each	4500	403	164	905	3.22	3.11	298.8	150	2.1	*2	14.61	47.73	15.79	6.44	*0.00
JUICE, GOLD RUSH ²⁶	1 EACH	4500	40	0	60	0.00	0.00	0.0	480	60.0	13	0.0	10.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	3500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			507	154	1045	2.90	2.80	478.9	1367	55.89	*30	20.55	68.76	14.71	6.10	*0.00
Nutrient Guideline			350-500		540						*23.3%	16.2%	54.3%	26.1%	10.8%	*0.0%

Fri - 10/16/2026																
ELEM B.I.C. #1	Total	5000														
Ezjammer, strawberry BIC ²⁶	1 each	4000	300	0	220	5.00	2.00	137.0	0	0.0	7	10.0	25.0	17.0	3.50	0.00
JUICE, SUNCUP APPLE ²⁶	1 EACH	4000	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4000	128	0	0	2.32	0.00	0.0	139	0.0	28	0.0	31.32	0.0	0.00	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			486	8	324	5.86	1.60	409.6	711	0.00	51	14.80	69.86	14.60	3.40	0.00
Nutrient Guideline			350-500		540						42.4%	12.2%	57.5%	27.0%	6.3%	0.0%
Weighted Average			478	48	499	3.89	1.69	514.0	1020	24.07	*49	16.88	76.17	10.37	3.11	*0.00
											*91.6%	14.1%	63.7%	19.5%	5.9%	*0.0%

*N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Oct 13, 2026 thru Oct 16, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Generated on: 9/28/2026 12:44:39 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	478	% of Cals	Weekly Target 350 - 500		% of Target 100%	Miss Data	Shortfall	Overage	Error Messages (if any)								
Cholesterol (mg)	48			540	92%												
Sodium ¹ (mg)	499																
Fiber (g)	3.89																
Iron (mg)	1.69																
Calcium (mg)	514.0																
Vitamin A (IU)	1020																
Sugars (g)	49	40.72%				Missing											
Vitamin C (mg)	24.07																
Protein (g)	16.88	14.11%															
Carbohydrate (g)	76.17	63.71%															
Total Fat (g)	10.37	19.52%	<=30.00%														
Saturated Fat (g)	3.11	5.86%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

*N/A * - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Mon - 10/19/2026	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protein (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
ELEM B.I.C. #1	Total	5000														
CEREAL,MALT-O,Marsh-Maleys'24	BOWL (2 oz.)	5000	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			385	11	557	3.50	18.00	540.0	1728	18.00	51	12.60	76.90	3.50	0.90	0.00
Nutrient Guideline			350-500		540						53.0%	13.1%	79.9%	8.2%	2.1%	0.0%
														<=30.0	<10.00	
Tue - 10/20/2026	Total	5000														
ELEM B.I.C. #1	1 EACH	3500	320	25	610	6.00	2.80	330.0	0	0.0	1	14.0	40.0	12.0	5.00	0.00
Bowl/Potato Sausage,Egg&Chz'26	pkgs	3500	120	0	140	1.00	2.00	100.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
Snack-Giant Cinn Goldfish Grah	Serv.(1/2	3600	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
GRAPE\$,\$Fresh	Cup)															
MILK,1% DW 2024	EACH(1/2 pint)	3500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			476	30	694	5.54	3.57	616.0	721	2.86	33	19.65	69.35	13.20	5.33	0.00
Nutrient Guideline			350-500		540						27.5%	16.5%	58.3%	25.0%	10.1%	0.0%
														<=30.0	<10.00	
Wed - 10/21/2026	Total	5000														
ELEM B.I.C. #1	1 Each	5000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Bagel, Mini w/Straw. BIC'26	1 EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	5000	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	3000	60	0	5	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

*N/A * - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 2

Generated on: 9/28/2026 1:47:06 PM

Weighted Daily Average % of Calories	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protein (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
			246	9	190	2.63	0.26	325.1	865	8.79	37	9.50	49.07	1.33	0.71	0.00
											60.4%	15.5%	79.8%	4.9%	2.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Thu - 10/22/2026																
ELEM B.I.C. #1																
Croissant,Sausage & Cheese '25																
POATATO, HASHBROWN ROU																
NDS '26																
JUICE, SUNCUP APPLE '26																
MILK 1% DW 2024																
MILK,NF Chocolate DW 2024																
Weighted Daily Average																
% of Calories																
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 10/23/2026																
ELEM B.I.C. #1																
Concha, WG PINK '24																
Crisps, Apple-Strawberry '22																
Orange juice, DW, 4oz.2024																
MILK, 1% DW 2024																
MILK,NF Chocolate DW 2024																
Weighted Daily Average																
% of Calories																
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average																
			378	21	485	3.57	5.08	445.1	1061	8.93	37	15.30	62.06	7.62	2.95	0.03
											87.2%	16.2%	65.6%	18.1%	7.0%	0.1%

*N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Oct 19, 2026 thru Oct 23, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Calories	378			350 - 500	100%												
Cholesterol (mg)	21																
Sodium 1 (mg)	485			540	90%												
Fiber (g)	3.57																
Iron (mg)	5.08																
Calcium (mg)	445.1																
Vitamin A (IU)	1061																
Sugars (g)	37	38.77%															
Vitamin C (mg)	8.93																
Protein (g)	15.30	16.18%															
Carbohydrate (g)	62.06	65.65%															
Total Fat (g)	7.62	18.13%		<=30.00%													
Saturated Fat (g)	2.95	7.03%		<10.00%													
Trans Fat¹ (g)	0.03	0.08%															

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 1

Generated on: 9/28/2026 1:47:29 PM

Mon - 10/26/2026														
ELEM B.I.C. #1														
Cluster Brk, Whole Grain '22														
JUICE, SUNCUP APPLE '26														
APPLESAUCE CUP-MOTT'S														
MILK,1% DW 2024														
Total	Portion	Reimb	Calcs	Cholest	Sodm	Fiber	Iron	Calcim	Vit-A	Vit-C	Sugars	Protn	Carb	T-Fat
	Size	Qty	(kcal)	(mg)	(mg)	(g)	(mg)	(mg)	(IU)	(mg)	(g)	(g)	(g)	(g)
MILK,NF Chocolate DW 2024														
Total	Portion	Reimb	Calcs	Cholest	Sodm	Fiber	Iron	Calcim	Vit-A	Vit-C	Sugars	Protn	Carb	T-Fat
	Size	Qty	(kcal)	(mg)	(mg)	(g)	(mg)	(mg)	(IU)	(mg)	(g)	(g)	(g)	(g)
1 EACH		5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0
1 EACH		5000	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0
1 EACH		2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0
1 EACH		2500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5
EACH(1/2		2000												
pint)														
EACH (1/		3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0
2 pint)														
Weighted Daily Average														
% of Calories														
Nutrient Guideline														
350-500														
540														
<=30.0														
<10.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0.00														
0														

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Weighted Daily Average % of Calories	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
			465	9	419	6.31	2.83	332.5	937	4.39	51	13.95	84.13	9.17	3.16	0.00
											43.6%	12.0%	72.4%	17.7%	6.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 10/29/2026																
ELEM B.I.C. #1																
MaplepancakeChx&Saus.Snd2026																
APPLES,Fresh sliced																
POATATO, HASHBROWN ROU																
NDS 26																
MILK,1% DW 2024																
MILK,NF Chocolate DW 2024																
Weighted Daily Average																
% of Calories																
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 10/30/2026																
ELEM B.I.C. #1																
BREAD,BANANA K-5 OG																
JUICE, SUNCUP APPLE 26																
Crainsins, Watermelon																
MILK,1% DW 2024																
MILK,NF Chocolate DW 2024																
Weighted Daily Average																
% of Calories																
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average																
			421	67	500	3.72	1.78	347.4	*924	*15.21	*42	15.85	63.96	11.19	3.16	*0.00
											*89.4%	15.0%	60.7%	23.9%	6.7%	*0.0%

*N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Oct 26, 2026 thru Oct 30, 2026
ELEM B.I.C. #1

Generated on: 9/28/2026 1:47:29 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc'm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Proin (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Calories	421																
Cholesterol (mg)	67				100%												
Sodium 1 (mg)	500			540	93%												
Fiber (g)	3.72																
Iron (mg)	1.78																
Calcium (mg)	347.4																
Vitamin A (IU)	924					Missing											
Sugars (g)	42	39.72%				Missing											
Vitamin C (mg)	15.21					Missing											
Protein (g)	15.85	15.04%															
Carbohydrate (g)	63.96	60.70%															
Total Fat (g)	11.19	23.90%															
Saturated Fat (g)	3.16	6.74%															
Trans Fat¹ (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.