

FMSD Snack Menu

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Graham Bug Bites (1oz bag) 100% Unsweetened Apple Juice (3/4c) F	Cheez It Crackers (.75oz bag) Big Orange (3/4c) F	Giant Cinnamon Goldfish Cracker (.75oz bag) Big Apple (3/4c) F	Cheddar Colors Goldfish Crackers (.75oz bag) Big Orange (3/4c) F	Belly Bear Chocolate Graham Cracker (.78oz bag) 100% Unsweetened Fruit Juice (3/4c) F

Recipe Number	Item Name	Portion Size	Manufacturer and Number	Total Calories, % Calories Sugar, % Calories Fat	USDA Component
SR3037	Cinnamon Graham Bug Bites	1 each	Kelloggs' 20150	120 / 26% / 26%	1 Whole Grain
SR4149	100% Apple Juice	1 each	Ardmore	100/ 92% /0%	3/4 cup Fruit
CAR1520	Cheez It Crackers	1 each	Kellogg's 79263	90/ 0% / 28%	1 Whole Grain
SR1172	Big Orange	1 each	Daylight	62/ 80% /0%	1 cup Fruit
SR2334	Giant Cinnamon Goldfish Cracker	1 each	Pepperidge Farm 14396	120/ 23% /30%	1 Whole Grain
SR2870	Big Apple	1 each	Daylight	95/ 80% /0%	1 cup Fruit
CAR1203	Cheddar Color Goldfish	1 each	Pepperidge Farm 18105	100/ 0%/ 31%	1 Whole Grain
SR1172	Big Orange	1 each	Daylight	45/ 80% /0%	1 cup Fruit
SR3021	Belly Bear Chocolate Graham Cracker	1 each	Belly Bear	120/ 26% /30%	1 Whole Grain
SR4151	100% Fruit Juice	1 each	Ardmore	100/ 80% /0%	3/4 cup Fruit

Students must take two snack items to count as a reimbursable meal.

These snacks meet the requirements of California Education Code sections 49430-49431.7, 8482-8484.6 and Federal National School Lunch Program guidelines as specified in the USDA's *Food Buying Guide*