

Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 1

Generated on: 9/28/2026 10:21:39 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/05/2026																
ELEM LUNCH, O.V.S.	Total	7000														
Sandwich,Chicken EL '25	1 EACH	4000	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	600	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	2500	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
SALAD 3/WAY, '23	1 cup	4000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
APPLES,Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
FRUIT MIX, Extra Light Syrup	Serv.(1/2 Cup)	4000	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	.5 oz	3000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			630	32	932	7.62	4.43	563.1	*2463	*58.44	*56	24.87	104.50	12.74	2.58	*0.00
% of Calories											*35.7%	15.8%	66.4%	18.2%	3.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 2

Generated on: 9/28/2026 10:21:39 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/06/2026																
ELEM LUNCH, O.V.S.	Total	7000														
TERIYAKI BEEF DUNKERS '26	SERVING (4each)	4000	180	40	350	1.00	1.00	16.0	0	0.0	7	13.0	10.0	10.0	4.00	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	4000	113	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92	1.12	0.04	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	600	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	5500	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CUCUMBER, SLICED	1/2 Cup	5500	8	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.06	0.02	0.00
BANANAS	1 EACH	3200	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2 Cup)	4000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g EACH(1/2 pint)	4000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024		1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			579	34	712	5.73	3.00	496.7	*2832	*9.99	*54 *37.1%	22.66 15.7%	95.79 66.2%	12.30 19.1%	3.46 5.4%	0.06 0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Wed - 10/07/2026																
ELEM LUNCH, O.V.S.	Total	7000														
Chickn,Drmstick MSW/Corbrd '26	Serving	4000	378	91	707	2.75	2.18	30.9	81	0.43	13	20.3	37.26	16.13	3.40	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	600	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	4000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	1000	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	1000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
APPLESAUCE, UNSWEETNED	serving	1000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			567	63	799	3.96	3.34	520.2	*2235	*5.47	*47	24.50	83.27	14.76	3.16	0.01
% of Calories											*33.1%	17.3%	58.7%	23.4%	5.0%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 4

Generated on: 9/28/2026 10:21:39 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/08/2026	Total	7000														
ELEM LUNCH, O.V.S.	1 each	3000	289	30	699	1.99	2.07	53.8	100	7.2	5	11.97	28.86	14.99	5.00	0.00
Hotdog, Beef '26	Serv. (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv. (8oz, 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
CHILI BEANS, can '26	3/4 cup	3000	314	0	321	17.21	9.59	255.5	2538	31.41	*19	18.37	66.47	3.48	0.33	*0.00
SALAD 3/WAY, '23	1 cup	3000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
Blueberries, Frozen	Serv (1/2 Cup)	5000	40	0	1	2.09	0.14	6.2	36	1.94	7	0.33	9.43	0.5	0.04	0.00
FRUIT MIX, Extra Light Syrup	Serv. (1/2 Cup)	5500	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	2000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
CATSUP	.5 oz	3000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MUSTARD	.5 oz	3000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
Weighted Daily Average			620	23	933	12.01	6.47	538.6	*3270	*21.74	*59	24.53	107.65	12.74	3.19	*0.00
% of Calories											*38.0%	15.8%	69.4%	18.5%	4.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 5

Generated on: 9/28/2026 10:21:39 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/09/2026																
ELEM LUNCH, O.V.S.	Total	7000														
MACARONI & CHEESE 2 OG	1/2 CUP	3000	213	39	654	2.31	1.38	409.4	446	0.01	2	10.25	16.6	12.54	7.17	*0.45
Bread, Garlic Texas Toast '25	1 each	3000	100	0	125	1.00	1.10	10.0	*N/A*	*N/A*	1	3.0	13.99	3.5	0.50	0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	5500	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
TOMATOES, GRAPE	1/2 CUP	5500	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLES, Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES: canned, light syrup '26	1 CUP	5500	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	2000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			566	27	704	8.32	3.39	594.8	*4148	*21.92	69	18.56	102.21	11.47	4.20	*0.19
% of Calories											49.0%	13.1%	72.2%	18.2%	6.7%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			593	35	816	7.53	4.13	542.7	*2990	*23.51	*57	23.02	98.68	12.80	3.32	*0.05
											*86.6%	15.5%	66.6%	19.4%	5.0%	*0.1%

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Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 6

Generated on: 9/28/2026 10:21:39 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) 100%	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calcmm (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Calories	593		550 - 650														
Cholesterol (mg)	35																
Sodium 1 (mg)	816			1230	66%												
Sodium 1a (mg)	816			1110	73%												
Fiber (g)	7.53																
Iron (mg)	4.13																
Calcium (mg)	542.7																
Vitamin A (IU)	2990					Missing											
Sugars (g)	57	38.51%				Missing											
Vitamin C (mg)	23.51					Missing											
Protein (g)	23.02	15.54%															
Carbohydrate (g)	98.68	66.61%															
Total Fat (g)	12.80	19.45%		<=30.00%													
Saturated Fat (g)	3.32	5.04%		<10.00%													
Trans Fat' (g)	0.05	0.08%				Missing											

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Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Oct 12, 2026 thru Oct 16, 2026

ELEM LUNCH, O.V.S.

Generated on: 9/28/2026 10:22:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/12/2026																
ELEM LUNCH, O.V.S.	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Tue - 10/13/2026																
ELEM LUNCH, O.V.S.	Total	7000														
Chicken, Teriyaki and Rice '24	BOX	4000	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	300	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	300	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	300	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	300	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	300	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	5000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CELERY STICKS 2021	1/2 Cup	5000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2 Cup)	5000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
PIZZA, PapaJ's 14" WG Pep, slice '25	serving	1500	350	30	740	4.00	2.70	450.0	500	3.6	5	21.0	38.0	14.0	5.00	0.00
Weighted Daily Average			620	66	967	8.47	3.07	512.4	*5658	*12.85	*52	29.70	101.44	12.03	3.04	*0.00
% of Calories											*33.6%	19.2%	65.4%	17.5%	4.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 12, 2026 thru Oct 16, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 2

Generated on: 9/28/2026 10:22:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/14/2026																
ELEM LUNCH, O.V.S.	Total	7000														
Chicken & Waffles, WG 2024	Serving	4000	455	54	665	6.00	3.20	60.0	157	87.0	22	20.0	63.06	14.0	3.00	0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	600	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	4000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CORN, CANNED, YELLOW .50cup	Serv(1/2 Cup)	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
GRAPES, Fresh	Serv.(1/2 Cup)	1000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
APPLESAUCE, UNSWEETNED	serving	1000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
SYRUP	1 OZ	4000	81	0	12	0.00	0.00	0.0	73	0.0	15	0.0	21.06	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
PIZZA, PapaJ's 14" WG Pep, slice '25	serving	300	350	30	740	4.00	2.70	450.0	500	3.6	5	21.0	38.0	14.0	5.00	0.00
Weighted Daily Average			655	43	825	5.96	3.89	556.4	*2347	*54.17	61	25.05	109.86	13.19	3.01	*0.00
% of Calories											37.1%	15.3%	67.1%	18.1%	4.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 12, 2026 thru Oct 16, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 3

Generated on: 9/28/2026 10:22:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/15/2026																
ELEM LUNCH, O.V.S.	Total	6400														
ITALIAN PASTA BAKE 2018	servings	3000	297	44	843	11.12	3.77	186.1	900	13.71	*6	19.88	33.36	9.22	3.86	*0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	200	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	200	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	200	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	200	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	5500	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CARROT, Sticks '24	1/2 Cup	5500	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	2000	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
FRUIT MIX, Extra Light Syrup	Serv.(1/2 Cup)	2000	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5200	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
PIZZA, PapaJ's 14" WGPep, slice '25	serving	1000	350	30	740	4.00	2.70	450.0	500	3.6	5	21.0	38.0	14.0	5.00	0.00
Weighted Daily Average			453	33	817	8.38	3.30	497.3	*12332	*15.46	*39	23.15	70.51	8.05	3.05	*0.00
% of Calories											*34.8%	20.5%	62.3%	16.0%	6.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Oct 12, 2026 thru Oct 16, 2026

ELEM LUNCH, O.V.S.

Generated on: 9/28/2026 10:22:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/16/2026																
ELEM LUNCH, O.V.S.	Total	7000														
PIZZA, DETROIT STYLE '26	5.80 OZ	5000	370	35	700	2.00	2.40	400.0	*N/A*	*N/A*	5	20.0	44.0	14.0	6.00	*N/A*
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
CUCUMBER, SLICED 2021	serving	5000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
TOMATOES, GRAPE	1/2 CUP	6500	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLES, Fresh	1 EACH	7200	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES, Diced Xtra Lite Syrup	serving	4000	60	0	10	0.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			667	38	895	7.10	3.36	732.3	*1754	*18.35	58	26.62	105.86	17.22	5.81	*0.00
% of Calories											34.9%	16.0%	63.5%	23.2%	7.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			599	45	876	7.48	3.41	574.6	*5523	*25.21	*53	26.13	96.92	12.62	3.73	*0.00
											*79.1%	17.5%	64.8%	19.0%	5.6%	*0.0%

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Rialto Unified School District

Oct 12, 2026 thru Oct 16, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 5

Generated on: 9/28/2026 10:22:03 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) % of Target	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calcm (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Calories	599		550 - 650		100%												
Cholesterol (mg)	45																
Sodium 1 (mg)	876			1230	71%												
Sodium 1a (mg)	876			1110	79%												
Fiber (g)	7.48																
Iron (mg)	3.41																
Calcium (mg)	574.6																
Vitamin A (IU)	5523					Missing											
Sugars (g)	53	35.15%				Missing											
Vitamin C (mg)	25.21					Missing											
Protein (g)	26.13	17.46%															
Carbohydrate (g)	96.92	64.76%															
Total Fat (g)	12.62	18.98%															
Saturated Fat (g)	3.73				<=30.00%												
Trans Fat' (g)	0.00	0.00%			<10.00%												
						Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Oct 19, 2026 thru Oct 23, 2026

ELEM LUNCH, O.V.S.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/19/2026																
ELEM LUNCH, O.V.S.	Total	7000														
FISH STICKS, POLLOCK -2026	SERV.(4 sticks)	6000	210	55	290	3.00	1.44	59.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
Roll, 51% WG Artisan Roll	ROLL	6000	150	0	240	5.00	2.00	41.0	*N/A*	*N/A*	3	5.0	31.0	2.0	0.00	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz , 2G)	200	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz , 2G)	200	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz , 2G)	200	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz , 2G)	200	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	4000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CARROT, Sticks '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	5500	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES:canned,light syrup '26	1 CUP	4000	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			681	58	827	12.98	4.43	426.1	*8617	*13.91	59	31.00	118.69	11.88	1.56	*0.00
% of Calories											34.8%	18.2%	69.8%	15.7%	2.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 19, 2026 thru Oct 23, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/20/2026																
ELEM LUNCH, O.V.S.	Total	7500														
Chicken, tempura nuggets '26	Serving (4 ea)	5500	220	35	350	1.00	1.00	0.0	0	0.0	0	12.0	10.0	15.0	3.00	0.00
BREAD, STICK	1 each	5500	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz , 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz , 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz , 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz , 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
BARBECUE BEANS (VEGETARIAN)	1/2 CUP	400	190	0	494	6.12	1.94	66.1	321	5.37	*13	7.02	44.27	0.68	0.11	*0.00
SALAD 3/WAY, '23	1 cup	2000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2 Cup)	4000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
CATSUP	.5 oz	2000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
Salsa, LaVictoria 1oz	Serv(1oz)	2000	9	0	189	0.00	0.00	0.0	0	0.0	1	0.0	1.89	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			561	35	745	5.38	3.16	404.8	*1593	*6.71	*44 *31.6%	21.22 15.1%	83.43 59.5%	15.67 25.1%	3.30 5.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 19, 2026 thru Oct 23, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 3

Generated on: 9/28/2026 10:22:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/21/2026																
ELEM LUNCH, O.V.S.	Total	7000														
Chicken, Orange EL	3.6 OZ	4000	150	40	300	0.00	0.72	10.0	0	0.0	11	11.0	20.0	3.0	0.00	0.00
Noodles, Chow Mein '23 OG	1/2 Cup	4000	116	0	901	2.61	1.07	27.3	1430	7.02	*2	4.05	19.62	3.1	0.48	*0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv. (8oz, 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	5000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CELERY STICKS '2021	1/2 Cup	5000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	0.00
GRAPES, Fresh	Serv. (1/2 Cup)	5000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
APPLESAUCE, UNSWEETENED	serving	5000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH (1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			516	35	1099	5.20	2.86	477.3	*3637	*13.60	*58	20.95	89.96	9.61	1.64	*0.00
% of Calories											*44.7%	16.2%	69.7%	16.7%	2.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 19, 2026 thru Oct 23, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 4

Generated on: 9/28/2026 10:22:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/22/2026																
ELEM LUNCH, O.V.S.	Total	7000														
Nacho,TURKEY TACO, '25	Serving(3 .2 oz)	3000	436	39	501	1.89	226.80	75.6	19	0.0	4	16.77	43.38	24.42	5.64	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz , 2G)	800	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz , 2G)	800	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz, 2G)	800	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz , 2G)	800	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	2000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CORN,CANNED,YELLOW .50cup	Serv(1/2 Cup)	3000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
STRAWBERRIES,FRESH	1/2 Cup	2000	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	2500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Salsa, LaVictoria 1oz	Serv(1oz)	1000	9	0	189	0.00	0.00	0.0	0	0.0	1	0.0	1.89	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			592	29	725	4.26	99.82	638.7	*1664	*14.39	49 33.1%	21.55 14.6%	94.29 63.7%	15.46 23.5%	3.72 5.7%	0.00 0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Oct 19, 2026 thru Oct 23, 2026

ELEM LUNCH, O.V.S.

Generated on: 9/28/2026 10:22:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/23/2026																
ELEM LUNCH, O.V.S.																
	Total	8000														
Penne, Alfredo, Cheesy '23	1 CUP	6000	160	7	202	8.52	1.03	137.6	74	0.43	*1	7.03	26.26	2.73	1.06	*0.06
Bread, Garlic Texas Toast '25	1 each	6000	100	0	125	1.00	1.10	10.0	*N/A*	*N/A*	1	3.0	13.99	3.5	0.50	0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	6000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
TOMATOES, GRAPE	1/2 CUP	4000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLES, Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES: canned, light syrup '26	1 CUP	4000	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH (1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			561	16	603	12.00	3.42	516.3	*3430	*16.04	*55	19.64	100.57	9.89	2.31	*0.04
% of Calories											*39.1%	14.0%	71.7%	15.9%	3.7%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			582	35	800	7.96	22.74	492.6	*3788	*12.93	*53	22.87	97.39	12.50	2.51	*0.01
											*81.9%	15.7%	66.9%	19.3%	3.9%	*0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Oct 19, 2026 thru Oct 23, 2026

ELEM LUNCH, O.V.S.

Generated on: 9/28/2026 10:22:30 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) % of Target	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calcm (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	582		550 - 650		100%												
Cholesterol (mg)	35																
Sodium 1 (mg)	800			1230	65%												
Sodium 1a (mg)	800			1110	72%												
Fiber (g)	7.96																
Iron (mg)	22.74																
Calcium (mg)	492.6																
Vitamin A (IU)	3788					Missing											
Sugars (g)	53	36.41%				Missing											
Vitamin C (mg)	12.93					Missing											
Protein (g)	22.87	15.71%															
Carbohydrate (g)	97.39	66.90%															
Total Fat (g)	12.50	19.32%		<=30.00%													
Saturated Fat (g)	2.51	3.87%		<10.00%													
Trans Fat ¹ (g)	0.01	0.01%				Missing											

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Rialto Unified School District

Oct 26, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 1

Generated on: 9/28/2026 10:22:51 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/26/2026																
ELEM LUNCH, O.V.S.	Total	7000														
TAMALE, CHICKENRED W/ BEANS 26	1 EACH	4000	420	45	1030	5.00	2.30	90.0	*0	*0.0	1	18.0	43.0	21.0	3.00	*0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	1000	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (2M MA, 2G)	1000	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	1000	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
SALAD 3/WAY, '23	Serv. (1/2 Cup)	4000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CARROT, Sticks '24	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES, Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Peaches, Frozen '24	Serv (1/2 Cup)	3000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, LaVictoria 2oz	Serv (2oz)	3000	19	0	378	0.00	0.00	0.0	0	0.0	2	0.0	3.78	0.0	0.00	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv (8oz, 2G)	1000	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv. (8oz, 2G)	1000	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
Weighted Daily Average % of Calories			780	40	1307	9.11	4.63	741.4	*8178	*78.51	*59 *30.0%	26.14 13.4%	125.88 64.5%	20.49 23.6%	3.44 4.0%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Oct 26, 2026 thru Oct 30, 2026

ELEM LUNCH, O.V.S.

Generated on: 9/28/2026 10:22:51 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/27/2026																
ELEM LUNCH, O.V.S.	Total	7000														
TERIYAKI BEEF DUNKERS '26	SERVING (4each)	4000	180	40	350	1.00	1.00	16.0	0	0.0	7	13.0	10.0	10.0	4.00	0.00
RICE, ORIENTAL-BROWN RICE-2014	1/2 CUP	4000	113	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92	1.12	0.04	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	600	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	5500	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CUCUMBER, SLICED	1/2 Cup	5500	8	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.06	0.02	0.00
BANANAS	1 EACH	3200	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2 Cup)	4000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			590	36	732	5.73	3.00	506.7	*2833	*10.08	*54 *36.4%	22.62 15.3%	96.42 65.4%	13.84 21.1%	3.75 5.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 26, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 3

Generated on: 9/28/2026 10:22:51 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/28/2026																
ELEM LUNCH, O.V.S.	Total	7000														
Chickn,Drmstick MSW/Corbrd '26	Serving	4000	378	91	707	2.75	2.18	30.9	81	0.43	13	20.3	37.26	16.13	3.40	0.00
Yogurt,Vanilla w/crack-DW '24	Serv. (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	Serv (8oz, 2G)	600	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	600	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
SALAD 3/WAY, '23	1 cup	4000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	1000	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	1000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
APPLESAUCE, UNSWEETNED	serving	1000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			570	63	804	3.96	3.34	522.8	*2235	*5.50	*47	24.49	83.43	15.14	3.23	*0.00
% of Calories											*33.0%	17.2%	58.5%	23.9%	5.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 26, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 4

Generated on: 9/28/2026 10:22:51 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/29/2026	Total	7000														
ELEM LUNCH, O.V.S.	1 each	3000	289	30	699	1.99	2.07	53.8	100	7.2	5	11.97	28.86	14.99	5.00	0.00
Hotdog, Beef '26	Serv. (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv. (8oz, 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
CHILI BEANS, can '26	3/4 cup	3000	314	0	321	17.21	9.59	255.5	2538	31.41	*19	18.37	66.47	3.48	0.33	*0.00
SALAD 3/WAY, '23	1 cup	3000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
Blueberries, Frozen	Serv (1/2 Cup)	5000	40	0	1	2.09	0.14	6.2	36	1.94	7	0.33	9.43	0.5	0.04	0.00
FRUIT MIX, Extra Light Syrup	Serv. (1/2 Cup)	5500	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	2000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
CATSUP	.5 oz	3000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MUSTARD	.5 oz	3000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
Weighted Daily Average			620	23	933	12.01	6.47	538.6	*3270	*21.74	*59	24.53	107.65	12.74	3.19	*0.00
% of Calories											*38.0%	15.8%	69.4%	18.5%	4.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 26, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

ELEM LUNCH, O.V.S.

Portion Values - Detailed

Page 5

Generated on: 9/28/2026 10:22:52 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/30/2026																
ELEM LUNCH, O.V.S.	Total	7000														
MACARONI & CHEESE 2 OG	1/2 CUP	3000	213	39	654	2.31	1.38	409.4	446	0.01	2	10.25	16.6	12.54	7.17	*0.45
Bread, Garlic Texas Toast '25	1 each	3000	100	0	125	1.00	1.10	10.0	*N/A*	*N/A*	1	3.0	13.99	3.5	0.50	0.00
Yogurt, Vanilla w/crack-DW '24	Serv. (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	Serv (8oz, 2G)	400	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	Serv(8oz, 2G)	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Cher-Van w/gran-DW '26	Serv.(8oz, 2G)	400	400	5	385	4.00	3.60	590.0	*0	*0.0	41	10.0	77.0	6.0	1.00	0.00
CUCUMBER, SLICED 2021	serving	5500	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
TOMATOES, GRAPE	1/2 CUP	5500	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLES, Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES: canned, light syrup '26	1 CUP	5500	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	2000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			565	27	700	8.51	3.35	602.6	*2437	*19.05	70 49.7%	18.44 13.0%	102.29 72.4%	11.53 18.4%	4.22 6.7%	*0.19 *0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			625	38	895	7.86	4.16	582.4	*3791	*26.98	*58 *83.0%	23.24 14.9%	103.13 66.0%	14.75 21.2%	3.57 5.1%	*0.04 *0.1%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Oct 26, 2026 thru Oct 30, 2026

ELEM LUNCH, O.V.S.

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Target	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calcm (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Calories	625		550 - 650		100%												
Cholesterol (mg)	38																
Sodium 1 (mg)	895			1230	73%												
Sodium 1a (mg)	895			1110	81%												
Fiber (g)	7.86																
Iron (mg)	4.16																
Calcium (mg)	582.4																
Vitamin A (IU)	3791					Missing											
Sugars (g)	58	36.89%				Missing											
Vitamin C (mg)	26.98					Missing											
Protein (g)	23.24	14.87%															
Carbohydrate (g)	103.13	65.97%															
Total Fat (g)	14.75	21.23%															
Saturated Fat (g)	3.57	5.13%			<=30.00%												
Trans Fat' (g)	0.04	0.06%															

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