

Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/05/2026																
ELEM B.I.C. #1	Total	5000														
Cluster Brk, Whole Grain '22	1 EACH	5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			435	9	379	3.50	2.70	390.0	897	6.00	43	13.40	69.10	11.00	3.10	0.00
% of Calories											39.5%	12.3%	63.5%	22.8%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Tue - 10/06/2026																
ELEM B.I.C. #1	Total	5000														
Bites, Three Chz & Eggs '26	Serving	5000	180	240	520	0.00	1.20	160.0	0	0.0	2	14.0	4.0	12.0	6.00	0.00
POATATO, HASHBROWN ROU	2 PIECES	2500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
NDS '26																
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			360	247	813	1.21	1.42	398.2	923	0.92	24	22.84	34.24	13.83	6.33	0.00
% of Calories											26.3%	25.4%	38.0%	34.5%	15.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Wed - 10/07/2026																
ELEM B.I.C. #1	Total	5000														
BAR, DOUBLE CHOC CHIP	1 EACH	5000	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			465	9	419	6.31	2.83	332.5	937	4.39	51	13.95	84.13	9.17	3.16	0.00
% of Calories											43.6%	12.0%	72.4%	17.7%	6.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Thu - 10/08/2026																
ELEM B.I.C. #1	Total	5000														
MaplepancakeChx&Saus.Snd'2026	serving	5000	140	25	240	1.00	0.70	40.0	*N/A*	*N/A*	6	8.0	16.0	5.0	1.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
POATATO, HASHBROWN ROU	2 PIECES	2500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
NDS '26																
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			322	32	533	3.00	0.94	280.0	*925	*61.80	27	16.70	46.30	6.75	1.30	0.00
% of Calories											33.5%	20.7%	57.5%	18.9%	3.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 10/09/2026																
ELEM B.I.C. #1	Total	5000														
BREAD,BANANA K-5 OG	1/2 Slice	5000	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	128	0	0	2.32	0.00	0.0	139	0.0	28	0.0	31.32	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			525	40	354	4.59	1.02	336.2	939	2.94	*65	12.36	86.02	15.21	1.90	*0.00
% of Calories											*49.4%	9.4%	65.5%	26.1%	3.3%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			421	67	500	3.72	1.78	347.4	*924	*15.21	*42	15.85	63.96	11.19	3.16	*0.00
											*89.4%	15.0%	60.7%	23.9%	6.7%	*0.0%

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Rialto Unified School District

Oct 5, 2026 thru Oct 9, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	421		350 - 500	100%													
Cholesterol (mg)	67																
Sodium 1 (mg)	500		540	93%													
Fiber (g)	3.72																
Iron (mg)	1.78																
Calcium (mg)	347.4																
Vitamin A (IU)	924					Missing											
Sugars (g)	42	39.72%				Missing											
Vitamin C (mg)	15.21					Missing											
Protein (g)	15.85	15.04%															
Carbohydrate (g)	63.96	60.70%															
Total Fat (g)	11.19	23.90%	<=30.00%														
Saturated Fat (g)	3.16	6.74%	<10.00%														
Trans Fat' (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 13, 2026 thru Oct 16, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Tue - 10/13/2026																
ELEM B.I.C. #1	Total	5000														
Cinnamon Swirls, BIC WG 2026	Serving	5000	260	10	105	3.01	1.50	45.1	0	0.0	19	6.01	41.07	8.01	2.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
JUICE, GOLD RUSH '26	1 EACH	2500	40	0	60	0.00	0.00	0.0	480	60.0	13	0.0	10.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			425	17	333	3.51	1.50	275.1	1168	36.00	49	14.21	71.37	8.51	2.30	0.00
% of Calories											46.1%	13.4%	67.1%	18.0%	4.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Wed - 10/14/2026																
ELEM B.I.C. #1	Total	5000														
Yogurt,Peach w/granola-DW '26	Serv (8oz , 2G)	1000	300	5	105	2.00	0.72	579.5	0	0.0	35	8.99	58.97	2.5	0.00	0.00
Yogurt,Cher-Van w/gran-DW '26	Serv.(8oz , 2G)	1000	300	5	105	2.00	0.72	580.0	0	0.0	35	9.0	58.0	2.5	0.00	0.00
Yogurt, Straw w/granola-DW '26	Serv (8oz , 2G)	1000	300	5	105	2.00	0.72	579.5	0	0.0	35	8.99	58.97	2.5	0.00	0.00
Yogurt,Vanilla w/gran-DW '26	Serv. (8oz, 2G)	1000	300	5	105	2.00	0.72	579.5	0	0.0	35	8.99	58.97	2.5	0.00	0.00
Yogurt, Str-Ban w/gran-DW '26	Serv(8oz, 2G)	1000	300	5	105	2.00	0.72	580.0	0	0.0	35	9.0	58.0	2.5	0.00	0.00
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			495	14	294	3.31	0.85	892.2	832	4.39	65	17.95	94.71	3.67	0.66	0.00
% of Calories											52.3%	14.5%	76.6%	6.7%	1.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

1/4 cup eggs

Oct 13, 2026 thru Oct 16, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/15/2026																
ELEM B.I.C. #1	Total	5000														
Burrito,BRKFST HASHBROWN '26CP	1 each	4500	403	164	905	3.22	3.11	298.8	150	2.1	*2	14.61	47.73	15.79	6.44	*0.00
JUICE, GOLD RUSH '26	1 EACH	4500	40	0	60	0.00	0.00	0.0	480	60.0	13	0.0	10.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			507	154	1045	2.90	2.80	478.9	1367	55.89	*30	20.55	68.76	14.71	6.10	*0.00
% of Calories											*23.3%	16.2%	54.3%	26.1%	10.8%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 10/16/2026																
ELEM B.I.C. #1	Total	5000														
Ezjammer, strawberry BIC, '26	1 each	4000	300	0	220	5.00	2.00	137.0	0	0.0	7	10.0	25.0	17.0	3.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	4000	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4000	128	0	0	2.32	0.00	0.0	139	0.0	28	0.0	31.32	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			486	8	324	5.86	1.60	409.6	711	0.00	51	14.80	69.86	14.60	3.40	0.00
% of Calories											42.4%	12.2%	57.5%	27.0%	6.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			478	48	499	3.89	1.69	514.0	1020	24.07	*49	16.88	76.17	10.37	3.11	*0.00
											*91.6%	14.1%	63.7%	19.5%	5.9%	*0.0%

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Rialto Unified School District

Oct 13, 2026 thru Oct 16, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) 100%	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calc (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	478		350 - 500														
Cholesterol (mg)	48																
Sodium 1 (mg)	499			540	92%												
Fiber (g)	3.89																
Iron (mg)	1.69																
Calcium (mg)	514.0																
Vitamin A (IU)	1020																
Sugars (g)	49	40.72%				Missing											
Vitamin C (mg)	24.07																
Protein (g)	16.88	14.11%															
Carbohydrate (g)	76.17	63.71%															
Total Fat (g)	10.37	19.52%		<=30.00%													
Saturated Fat (g)	3.11	5.86%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 19, 2026 thru Oct 23, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/19/2026																
ELEM B.I.C. #1	Total	5000														
CEREAL,MALT-O,Marsh-Mateys'24	BOWL (2 oz.)	5000	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			385	11	557	3.50	18.00	540.0	1728	18.00	51	12.60	76.90	3.50	0.90	0.00
% of Calories											53.0%	13.1%	79.9%	8.2%	2.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Tue - 10/20/2026																
ELEM B.I.C. #1	Total	5000														
Bowl,Potato,Sausage,Egg&Chz'26	1 EACH	3500	320	25	610	6.00	2.80	330.0	0	0.0	1	14.0	40.0	12.0	5.00	0.00
Snack-Giant Cinn Goldfish Grah	pkg	3500	120	0	140	1.00	2.00	100.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	3600	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			476	30	694	5.54	3.57	616.0	721	2.86	33	19.65	69.35	13.20	5.33	0.00
% of Calories											27.5%	16.5%	58.3%	25.0%	10.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Wed - 10/21/2026																
ELEM B.I.C. #1	Total	5000														
Bagel, Mini w/Straw. BIC'26	1 Each	5000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BANANAS	1 EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
JUICE, SUNCUP APPLE '26	1 EACH	3000	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Oct 19, 2026 thru Oct 23, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			246	9	190	2.63	0.26	325.1	865	8.79	37	9.50	49.07	1.33	0.71	0.00
											60.4%	15.5%	79.8%	4.9%	2.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Thu - 10/22/2026																
ELEM B.I.C. #1	Total	5000														
Croissant,Sausage & Cheese '25	1 Each	5000	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
POATATO, HASHBROWN ROU	2 PIECES	2500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
NDS '26																
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			417	44	689	3.20	1.76	469.3	982	0.00	26	21.04	50.38	13.55	6.03	0.16
											24.9%	20.2%	48.3%	29.2%	13.0%	0.3%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 10/23/2026																
ELEM B.I.C. #1	Total	5000														
Concha, WG PINK-'24	1 EACH	5000	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	2500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			367	12	295	2.96	1.80	275.0	1007	15.00	36	13.70	64.62	6.50	1.80	0.00
											39.7%	14.9%	70.5%	15.9%	4.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			378	21	485	3.57	5.08	445.1	1061	8.93	37	15.30	62.06	7.62	2.95	0.03
											87.2%	16.2%	65.6%	18.1%	7.0%	0.1%

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Rialto Unified School District

Oct 19, 2026 thru Oct 23, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

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		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	378		350 - 500	100%													
Cholesterol (mg)	21																
Sodium 1 (mg)	485		540	90%													
Fiber (g)	3.57																
Iron (mg)	5.08																
Calcium (mg)	445.1																
Vitamin A (IU)	1061																
Sugars (g)	37	38.77%															
Vitamin C (mg)	8.93																
Protein (g)	15.30	16.18%															
Carbohydrate (g)	62.06	65.65%															
Total Fat (g)	7.62	18.13%	<=30.00%														
Saturated Fat (g)	2.95	7.03%	<10.00%														
Trans Fat' (g)	0.03	0.08%															

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Rialto Unified School District

Oct 26, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/26/2026																
ELEM B.I.C. #1	Total	5000														
Cluster Brk, Whole Grain '22	1 EACH	5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	2500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			435	9	379	3.50	2.70	390.0	897	6.00	43	13.40	69.10	11.00	3.10	0.00
% of Calories											39.5%	12.3%	63.5%	22.8%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Tue - 10/27/2026																
ELEM B.I.C. #1	Total	5000														
Bites, Three Chz & Eggs '26	Serving	5000	180	240	520	0.00	1.20	160.0	0	0.0	2	14.0	4.0	12.0	6.00	0.00
POATATO, HASHBROWN ROU	2 PIECES	2500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
NDS '26																
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			360	247	813	1.21	1.42	398.2	923	0.92	24	22.84	34.24	13.83	6.33	0.00
% of Calories											26.3%	25.4%	38.0%	34.5%	15.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Wed - 10/28/2026																
ELEM B.I.C. #1	Total	5000														
BAR, DOUBLE CHOC CHIP	1 EACH	5000	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Oct 26, 2026 thru Oct 30, 2026

ELEM B.I.C. #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			465	9	419	6.31	2.83	332.5	937	4.39	51	13.95	84.13	9.17	3.16	0.00
% of Calories											43.6%	12.0%	72.4%	17.7%	6.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Thu - 10/29/2026																
ELEM B.I.C. #1	Total	5000														
MaplepancakeChx&Saus.Snd'2026	serving	5000	140	25	240	1.00	0.70	40.0	*N/A*	*N/A*	6	8.0	16.0	5.0	1.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
POATATO, HASHBROWN ROU	2 PIECES	2500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
NDS '26																
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			322	32	533	3.00	0.94	280.0	*925	*61.80	27	16.70	46.30	6.75	1.30	0.00
% of Calories											33.5%	20.7%	57.5%	18.9%	3.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 10/30/2026																
ELEM B.I.C. #1	Total	5000														
BREAD,BANANA K-5 OG	1/2 Slice	5000	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
JUICE, SUNCUP APPLE '26	1 EACH	2500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	128	0	0	2.32	0.00	0.0	139	0.0	28	0.0	31.32	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			525	40	354	4.59	1.02	336.2	939	2.94	*65	12.36	86.02	15.21	1.90	*0.00
% of Calories											*49.4%	9.4%	65.5%	26.1%	3.3%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			421	67	500	3.72	1.78	347.4	*924	*15.21	*42	15.85	63.96	11.19	3.16	*0.00
											*89.4%	15.0%	60.7%	23.9%	6.7%	*0.0%

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Rialto Unified School District

Oct 26, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

ELEM B.I.C. #1

Portion Values - Detailed

Page 3

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		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	421		350 - 500	100%													
Cholesterol (mg)	67																
Sodium 1 (mg)	500			540	93%												
Fiber (g)	3.72																
Iron (mg)	1.78																
Calcium (mg)	347.4																
Vitamin A (IU)	924					Missing											
Sugars (g)	42	39.72%				Missing											
Vitamin C (mg)	15.21					Missing											
Protein (g)	15.85	15.04%															
Carbohydrate (g)	63.96	60.70%															
Total Fat (g)	11.19	23.90%			<=30.00%												
Saturated Fat (g)	3.16	6.74%			<10.00%												
Trans Fat' (g)	0.00	0.00%				Missing											

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