



# Zion Families Resource Directory

Community Supports for Zion & Lake County Families

Verified September 1, 2026  
Call Ahead  
Hours and Eligibility May Change

|                                           |                                               |                                   |   |                                             |
|-------------------------------------------|-----------------------------------------------|-----------------------------------|---|---------------------------------------------|
| <b>211</b><br>Lake County help line, 24/7 | <b>988</b><br>Suicide & Crisis Lifeline, 24/7 | <b>911</b><br>Immediate emergency | s | <b>847-872-5455</b><br>District 6 main line |
|-------------------------------------------|-----------------------------------------------|-----------------------------------|---|---------------------------------------------|

## District 6 – Direct Support

### Free Meals for All Students

ZESD 6 participates in the Community Eligibility Provision, allowing meals to be provided at no charge district-wide; contact Food Services.  
**Call:** 847-872-5455 — District Office

### Mental Health & Student Support

School-based mental health, bullying/harassment, health-services, and related student support. Families may begin with the child's school office.  
**Call:** 847-872-5455

## Housing, Utilities, & Financial Help

### Zion Township General & Emergency Assistance

Township-level assistance and referrals, including General Assistance/Emergency Assistance and connection to other benefit programs.

**Call:** 847-872-2811

**Email:** info@ZionTownship.org

**Web:** ziontownship.org

### PADS Lake County — Emergency Shelter

Emergency shelter and homelessness services. Contact PADS for intake, assessment, current shelter options, and eligibility information.

**Call:** 847-689-4357 — Shelter/help line

**Email:** help@padslakecounty.org

**Where:** 1800 Grand Ave., Waukegan, IL 60085

**Web:** padslakecounty.org

### Lake County Housing Authority

Housing Choice Voucher/Section 8 information, affordable-housing programs, waitlists, and housing counseling.

**Call:** 847-223-1170

**Where:** 33928 N. Route 45, Grayslake, IL 60030

**Web:** lakecountyha.org

### Citizens Utility Board (CUB)

Independent Illinois consumer assistance with electric, gas, and utility-bill questions.

**Call:** 800-669-5556 — Illinois toll-free

**Web:** citizensutilityboard.org

### ComEd Customer & Energy Assistance

Billing, service, payment-support, and current energy-assistance options for ComEd customers.

**Call:** 800-334-7661 — Customer Service

**Web:** comed.com

### LIHEAP & Utility Assistance

Income-qualified assistance with home energy bills. 211 and Zion Township can connect families to current application information and local assistance.

**Call:** 211 — Lake County Referral

**Call:** 847-872-2811 — Zion Township

**Web:** dceo.illinois.gov

## Health & Dental Access

### ZB Children's Service - Dental

School dental exams, cleanings, fluoride, X-rays, fillings, extractions and dental emergencies. Accepts All Kids/Medicaid; accepting new patients.

**Call:** 847-872-9227

**Where:** 1245 27th Street, Zion, IL 60099

**Web:** zbchildrensservice.com

## Food & Basic Needs

### Abiding Love Food Pantry

Weekly food pantry serving Zion-area families.

**Call:** 847-872-3541

**Where:** 2929 Bethel Blvd., Zion, IL 60099

**Hours:** Wednesdays, approximately 10:00 am – 1:00 pm; call ahead for holiday or fifth-Wednesday changes.

**Web:** christianassemblyzion.org

### North Point Food Pantry

Food pantry serving Zion Township-area residents.

**Where:** 900 Lewis Ave., Winthrop Harbor, IL 60096

**Hours:** Mondays, approximately 1:30 pm – 6:00 pm; confirm before travel.

**Web:** ziontownship.org

### Humanity First USA · Zion Food Pantry

Free community food distribution operated by Humanity First USA in partnership with the Northern Illinois Food Bank. Open to anyone in need; no advance registration is required. Walk-up and drive-through service are available.

**Where:** New Tech High – Zion-Benton East, 1634 23rd St., Zion, IL 60099

**Hours:** Fourth Saturday of each month, 10:00 am – 11:30 am

**Call:** 877-994-3872

**Email:** info@humanityfirstusa.org

**Web:** humanityfirstusa.org/portfolio/zion-illinois

### WIC — Zion Health Center

Women, Infants & Children (WIC) nutrition benefits, breastfeeding support, nutrition education, and health referrals for eligibility.

**Call:** 847-377-8420 — WIC appointments

**Where:** 1911 27th Street, Zion, IL 60099

**Web:** lakecountyil.gov

### Love INC of Lake County

Referral and connection services for eligible household needs; programs may include household goods, furniture, clothing, and other practical items.

**Call:** 847-782-8630 — Connection Center

**Email:** info@loveinlakecounty.org

**Where:** 339 Lakewood Ave., Waukegan, IL 60085

**Web:** loveinlakecounty.org

### Keeping Families Covered

Diapers, period supplies, and incontinence products for families experiencing need; distribution rules and schedules vary.

**Call:** 224-637-1644

**Where:** 3250-B N. Oak Grove Ave., Waukegan, IL 60087

**Web:** keepingfamiliescovered.org

### Zion Township Food Pantry & Community Resource Lists

Current township-maintained food pantry and local resource information for Zion-area residents.

**Call:** 847-872-2811

**Web:** ziontownship.org

### Keeping Families Covered

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**Where:** 3250-B N. Oak Grove Ave., Waukegan, IL 60087

**Web:** keepingfamiliescovered.org

## Health & Mental Health

### Zion Health Center — Lake County Health Department

Primary and community health services for Zion-area residents. Services include primary care, immunizations, health screenings, referrals, and other health services.

**Call:** 847-377-8800

**Where:** 1911 27th Street, Zion, IL 60099

**Web:** lakecountyil.gov/1975

### WIC — Zion Health Center

Nutrition and health support for eligible pregnant/postpartum people, infants, and children under 5.

**Call:** 847-377-8420

**Where:** 1911 27th Street, Zion, IL 60099

**Web:** lakecountyil.gov

### Aunt Martha's Health & Wellness

Community health centers offering medical, dental, and behavioral-health services. Call to identify the nearest location and available service.

**Call:** 877-692-8686 — 877-MY-AUNT-M

**Web:** auntmarthas.org

### CYN Counseling Center

Counseling and psychotherapy for children, adolescents, adults, couples, and families. Services are available in English and Spanish.

**Call:** 847-548-6000

**Where:** 18640 W. Route 120, Grayslake, IL 60030

**Web:** cyncounseling.org

### Nicasa Behavioral Health Services

Behavioral-health, substance-use treatment, prevention, recovery, and related family services across Lake County.

**Call:** 847-546-6450 — Main line

**Call:** 847-201-8527 — Appointment desk

**Web:** nicasa.org

### Mano a Mano Family Resource Center

Health navigation, family services, case support, and immigration-related assistance for Lake County families.

**Call:** 847-201-1521

**Web:** mamfrc.org

### 988 Suicide & Crisis Lifeline

Free, confidential crisis support by call, text, or chat, available 24/7 for people experiencing mental health struggles, emotional distress, alcohol or drug use concerns, or who simply needs someone to talk to.

**Call or Text:** 988

**Web:** 988lifeline.org

### Crisis Text Line

Free, confidential, 24/7 text-based crisis support.

**Text:** HOME or HOLA to 741741

**Web:** crisistextline.org

### Lake County Health Department — Crisis Care Program

24/7 crisis counseling by phone and in person for Lake County residents experiencing a mental-health crisis.

**Call:** 847-377-8088 or 988

**Where:** 3002 Grand Ave., Waukegan, IL 60085

**Web:** lakecountyil.gov

## Health & Mental Health

### Lake County Text-A-Tip

Anonymous 24/7 crisis text support designed especially for middle- and high-school youth and available to people in Lake County.

**Text:** LAKECO followed by your message to 1-844-823-5323

**Web:** lakecountyl.gov

### Erika's Lighthouse — Family Mental Health Resources

Family education and engagement resources that help adults and students understand depression, mental health, and help-seeking.

**Web:** erikaslighthouse.org

## Employment & Legal Support

### Job Center of Lake County

Free job-search assistance, resume support, training, workshops and career services.

**Call:** 847-377-3450

**Where:** 1 N. Genesee Street, Waukegan, IL 60085

**Web:** lakecountyl.gov

### Prairie State Legal Services - Waukegan

Free civil legal assistance for eligible Lake County residents. Call for intake and eligibility.

**Call:** 847-662-6925

**Where:** 325 W. Washington St., Suite 100, Waukegan, IL 60085

**Web:** pslegal.org

## Immigrant, Language, & Legal Support

### HACES

Lake County nonprofit providing immigration legal services, family support, and community education.

**Call:** 847-244-0300

**Email:** info@haces.org

**Where:** 820 W. Greenwood Ave., Waukegan, IL 60087

**Web:** haces.org

### Mano a Mano Family Resource Center

Family-resource navigation, health access, and immigration-related support for immigrant and underserved families.

**Call:** 847-201-1521

**Web:** mamfrc.org

### North Suburban Legal Aid Clinic — Immigration

Free legal assistance for eligible Lake County and north-suburban Cook County residents, including immigration matters.

**Call:** 847-737-4042

**Email:** info@nslegalaid.org

**Web:** nslegalaid.org

### Illinois Coalition for Immigrant and Refugee Rights — Family Support Network

Multilingual immigration information, referrals, family support, and response assistance related to immigration enforcement.

**Call:** 1-855-HELP-MY-FAMILY

1-855-435-7693

**Web:** icirr.org

### Illinois Immigration Info — Know Your Rights

Plain-language information about constitutional rights and what to do during interactions with immigration authorities.

**Web:** illinoisimmigrationinfo.org

### ILRC Red Cards / Tarjetas Rojas

Printable know-your-rights cards from the Immigrant Legal Resource Center that explain constitutional protections and provide examples of how people can exercise those rights during encounters with immigration authorities. Available in multiple languages.

**Web:** ilrc.org/redcards

*Note: ILRC does not provide individualized legal advice or direct legal representation*

### 211 Lake County

24/7 navigation to local services with multilingual assistance and interpretation resources.

**Call:** 211

**Call:** 1-855-677-5253

**Text:** your ZIP code to 898211

**Web:** 211lakecounty.org

## Family Safety & Crisis Support

### Emergency — 911

For an immediate threat to life or safety

**Call:** 911

### 988 Suicide & Crisis Lifeline

Free, confidential crisis support by call, text, or chat, available 24/7 for people experiencing mental health struggles, emotional distress, alcohol or drug use concerns, or who simply need someone to talk to.

**Call or text:** 988

**Web:** 988lifeline.org

### A Safe Place

Lake County domestic violence and human-trafficking support, including crisis response, safety planning, counseling, emergency shelter, case management, legal advocacy, housing support, and related survivor services.

**24-Hour Hotline:** 1-800-600-SAFE (7233)

**Crisis Line:** 847-249-4450

**Main Office:** 847-731-7165

**Email:** [info@asafeplaceforhelp.org](mailto:info@asafeplaceforhelp.org)

**Where:** 2710 17th Street, Zion, IL 60099

**Web:** asafeplaceforhelp.org

### Safe2Help Illinois

Illinois' 24/7 school-safety program for students to report concerns involving school safety, threats, bullying, self-harm, or other troubling situations.

**Call:** 844-4-SAFEIL — 844-472-3345

**Text:** SAFE2 to 72332

**Email:** [HELP@Safe2HelpIL.com](mailto:HELP@Safe2HelpIL.com)

**Web:** safe2helpil.com

### Lake County Text-A-Tip

Anonymous 24/7 text support for people in crisis, especially youth.

**Text:** LAKECO followed by your message to 1-844-823-5323

**Web:** lakecountyl.gov

### National Runaway Safeline

24/7 confidential support for runaway, homeless, and at-risk youth and their families.

**Call or text:** 1-800-RUNAWAY — 800-786-2929

**Web:** 1800runaway.org

### Trans Lifeline

Peer-support hotline run by and for trans people. Hours and availability can change; check the current hotline schedule.

**Call:** 877-565-8860 — U.S. hotline

**Web:** translifeline.org

### Lake County Children's Advocacy Center

Trauma-informed coordination and support for children and families involved in child-abuse investigations.

**Call:** 847-377-3155

**Where:** 123 N. O'Plaine Road, Gurnee, IL 60031

**Web:** lakecountyl.gov

### Zacharias Sexual Abuse Center — ZCenter

24-hour confidential support for survivors of sexual assault and abuse, plus counseling, advocacy, prevention education, and related services.

**Call:** 847-872-7799 — 24-hour support line

**Call:** 847-244-1187 — Office

**Where:** 4275 Old Grand Ave., Gurnee, IL 60031

**Web:** zcenter.org

### Faith's Law — Sexual Abuse Response & Prevention Resource Guide

Illinois State Board of Education guide for students, parents/guardians, and schools on sexual-abuse response, prevention, reporting, and support.

**Web:** isbe.net

## Childcare, Youth, & Library Programs

### Zion-Benton Library District

Programs for children and families, homework and learning support, career resources, and a local-resource directory.

**Call:** 847-872-4680

**Where:** 2400 Gabriel Ave., Zion, IL 60099

**Hours:** Mon–Thu 9:00 am – 9:00 pm

Sat 9:00 am – 5:00 pm · Sun 1:00 pm – 5:00 pm; verify holiday hours.

**Web:** zblibrary.info

### Zion Park District

Parks, recreation, sports, camps, and community programming.

**Call:** 847-746-5500

**Where:** 2400 Dowie Memorial Drive, Zion, IL 60099

**Web:** zionparkdistrict.com

### Boys & Girls Club of Lake County

After-school programming, mentoring, enrichment, and youth-development services for children and teens. Families should confirm current Club locations, enrollment, and program availability.

**Call:** 847-473-5990

**Email:** [info@bgcl.org](mailto:info@bgcl.org)

**Where:** 730 S. Martin Luther King Jr. Ave., Waukegan, IL 60085

**Web:** bgcl.org

### BOOST Before & After School Care: ZESD 6

ZESD 6 before- and after-school care for eligible elementary students. Call for current sites, enrollment, and availability.

**Call:** 847-872-5455

### Educare Lake County

Full-day early-learning and family-support programming on the ZESD 6 campus. Call for current enrollment and opening information.

**Call:** 847-872-5455 — District Office

## Transportation

### Ride Lake County - PACE Dial-A-Ride

For eligible Lake County seniors (60+) and individuals with disabilities. Reservations are required.

**Call:** 1-800-201-6446

**Hours:** Daily, 6:00 am-6:00 pm; reserve 2 hours to 7 days

**Web:** lakecountyl.gov/563/Ride-Lake-County

### Zion Township Emergency Transportation

One-time 24-hour Pace bus pass or gas voucher for Zion residents facing a transportation need.

**Call:** 847-872-2811

**Web:** ziontownship.org