

All Meals:

Served with choice of white milk, chocolate milk or soy milk

Breakfast:

Served with assorted fruits, milk

Lunch:

Served with assorted fruits & veggies or salad bar, milk

Daily

Alternative Options:

Breakfast:

Cereal, fruit, milk

Lunch:

Turkey ^{or} Ham Sandwich, fruits, veggies, side dish, milk

What Makes a Lunch?

Select 3-5 Components



One must be a



**Come have
Breakfast or
Lunch with
your Student
(RSVP Not Required)
Adult Breakfast \$3.30
Adult Lunch \$5.25**



2026 OCTOBER PALOUSE MENU

	28	29	30	October 1	2
	Muffin, Scrambled Eggs, Hashbrown	Waffles, Sausage	Banana or Pumpkin Bread, Hard Boiled Eggs	Biscuits & Gravy	Breakfast Burrito
	Mini Corndogs, Baked Beans, Tater Tots, Coleslaw	Beef or Chicken Super Nachos	Chicken Alfredo, Caesar Salad, Steamed Veggies, Garlic Bread	Cheeseburger or Chicken Sandwich, Fries, Cooked Carrots	Pizza, Caesar Salad, Steamed Ranch Veggies
	5	6	7	8	9
Breakfast	Bagel & Cream Cheese, Sausage, Yogurt	Pancakes, Sausage	Strawberry Shortcake	Combo Breakfast Bars, Yogurt	Cinnamon Roll, Yogurt
Lunch	Cheesy Max Stix Marinara Sauce Caesar Salad Steamed Ranch Veggies	Chili, Corn on the Cob, Cornbread	Mandarin Chicken, Oven Fried Rice, Stir Fry Veggies, Fortune Cookie	Italian Roast Chicken, Mashed Potatoes & Gravy, Green Beans, Dinner Roll	Chicken Nuggets, Baked Beans, Fries
	12	13	14	15	16
Breakfast	Breakfast Corndog, Yogurt	Breakfast Pizza, Yogurt	French Toast, Sausage	Fruit & Yogurt Parfait, UBR Cookie	Breakfast Sandwich
Lunch	Hoagie Sandwich or PBJ, String Cheese, Chips, Cookie	Beef or Chicken Tacos, w/ all the fixin's	Popcorn Chicken, Mashed Potatoes & Gravy, Corn, Dinner Roll	Grilled Cheese Sandwich, Tomato or Chicken Noodle Soup	Hotdog, Baked Beans, Tater Tots
	19	20	Half Day 21	22	23
Breakfast	Muffin, Scrambled Eggs, Hashbrown	Waffles, Sausage	Banana or Pumpkin Bread, Hard Boiled Eggs	Biscuits & Gravy	Breakfast Burrito
Lunch	Spaghetti & Meatballs, Corn, Garlic Bread, Cucumber Tomato Salad	Sweet & Sour Chicken, Rice, Stir Fry Veggies, Fortune Cookie	Pizza, Caesar Salad, Steamed Ranch Veggies	Breakfast for Lunch: Pancakes, Sausage, Yogurt, Hashbrowns	Cheeseburger or Chicken Sandwich, Fries, Baked Beans
	26	27	28	29	30
Breakfast	Bagel & Cream Cheese, Sausage, Yogurt	Combo Breakfast Bars, Yogurt	Strawberry Shortcake	Pancakes, Sausage	Cinnamon Roll, Yogurt
Lunch	Country Fried Steak, Mashed Potatoes & Country Gravy, Green Beans, Dinner Roll	Taco Soup, Tortilla Chips, Corn Bread	Macaroni & Cheese, Caesar Salad, Roasted Veggies, Breadsticks	Sloppy Joes, Tater Tots, Coleslaw	Chicken Nuggets, Pasta Salad, Tortilla Chips & Cheese Dip,

Menu is subject to change without notification. This institution is an equal opportunity provider.