

October Pre-school Menu

Served Daily

Fresh Fruit & Vegetable Options Vary Daily

Local, California Driftwood Dairy California Milk

1% white milk or non-fat white milk.

Lactose free milk is offered upon request.

Week	Monday	Tuesday	Wednesday	Thursday
Week of 10/5 & 10/19	WG Mini Blueberry Muffin & Yogurt Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)	WG Crackers Turkey Stick & Cheese Cubes Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)	WG Strawberry Wowbutter Sandwich Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)	WG Crackers, Turkey Stick & Chocolate CP Spread Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)
Week of 10/12 & 10/26	WG Mini Apple Cinnamon Muffin & Yogurt Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)	WG Pringles Mingles Pizza, Turkey Stick, & String Cheese Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)	WG Cocoa CPB Sandwich & Cheese Cubes Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)	WG CPB & Grape Jelly Sandwich Vegetable (1/4 cup) Fruit (1/4 cup) Milk (1% or FF)



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ALLERGEN KEY:



*Menu subject to change

*This institution is an equal opportunity provider