



# OCTOBER 2026

Middle and High School

Salads, Subs, and Pizza  
Served Daily

Monday

Tuesday

Wednesday

Thursday

Friday



Burritos  
Beans, Corn  
Lettuce, Tomatoes, Cheese  
Fruit and Milk

Hamburger or Hot Dog  
Lettuce, Tomatoes  
Baked Beans  
Chili, Slaw  
Fruit and Milk

Taco Bar  
Beans, Corn  
Lettuce, Tomatoes, Cheese  
Fruit and Milk

Rice Bowl  
Asian Chicken  
Steamed Broccoli  
Steamed Carrots  
Fruit and Milk

Chicken Sandwich  
Green Beans  
Roasted Potatoes  
Fruit and Milk

Corn Dogs  
Tator Tots  
Garden Salad  
Fruit and Milk

Early Release  
Turkey Sandwich w/ Chips  
Carrots and Celery  
Fruit and Milk

Fall Break

Fall Break

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Chicken Tenders, Roll  
Green Beans  
Sweet Potato Casserole  
Fruit and Milk

Rice Bowl  
Sweet and Sour Chicken  
Steamed Broccoli  
Steamed Carrots  
Fruit and Milk

Spaghetti  
Garlic Bread  
Roasted Asparagus  
Italian Salad  
Fruit & Milk

Beefy Cheese or  
Buffalo Chicken Nachos  
Beans, Corn  
Garden Salad  
Fruit and Milk

BBQ Sandwich  
French Fries  
Baked Beans, Slaw  
Fruit and Milk

Chicken Nuggets w/ Roll  
(Hot or Plain)  
Roasted Sweet Potatoes  
Lima Beans, Okra  
Fruit and Milk

Rice Bowl  
Spicy Grilled Chicken  
Steamed Broccoli  
Steamed Carrots  
Fruit and Milk

Lasagna w/  
Garlic Bread  
Roasted Zucchini  
Garden Salad  
Fruit and Milk

Burritos  
Beans, Corn  
Lettuce, Tomatoes, Cheese  
Fruit and Milk

Hamburger or Hotdog  
Lettuce, Tomatoes  
Baked Beans  
Chili, Slaw  
Fruit and Milk

The following major food allergens are used as ingredients:  
**Milk, Wheat, Eggs, Soy, Shellfish, Peanuts, Tree Nuts, Fish, and Sesame.**

Menu subject to change due to supply chain.

USDA is an equal opportunity provider, employer, and lender.