

October 2026

Breakfast & Lunch

Ben Hill Primary School



Harvest of the Month- Squash



Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Cini Minis Fruit, Juice	Chicken Biscuit Fruit / Juice	Apple Frudel Fruit, Juice	Sausage Biscuit Fruit, Juice	VIRTUAL DAY
Spaghetti w/ Meat Sauce Romaine Salad/Dressing Whole Kernel Corn Garlic Toast Fruit, Juice	Soft Shell Taco L/C Mexican Rice Pinto Beans Pico de Gallo Fruit, Juice	Chick'n Filet Sandwich Pasta Salad Baked Beans Cookie Fruit, Juice	Chicken & Rice Turnip Greens Candied Yams Cornbread muffin Fruit, Juice	
12	13	14	15	16
FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK

19	20	21	22	23
Super Donut Fruit, Juice	Pancake Wrap Fruit, Juice	Honey Bun Fruit, Juice	Chicken Biscuit Fruit, Juice	Sausage Dog Fruit, Juice
Chicken Fajita Yellow Rice Broccoli w/Cheese Fruit, Juice	Pulled Pork Sandwich French Fries Coleslaw Baked Beans Fruit, Juice	Fitz Fried Chicken Bowl Cornbread Muffin Carrot Dippers Cookie Fruit, Juice	Chick'n Nuggets Mac & Cheese Green Beans WG Yeast Roll Fruit, Juice	Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice
26	27	28	29	30
Muffin/Yogurt Fruit, Juice	Breakfast Pizza Fruit, Juice	French Toast Sticks Fruit, Juice	Chicken & Waffles Fruit, Juice	Sausage Biscuit Fruit, Juice
Cheeseburger Sweet Potato Fries Peas & Carrots Pickle Spears Fruit, Juice	Nacho w/ Chips L/C Mexican Street Corn Pinto Beans Pico de Gallo Fruit, Juice	Meatballs Mashed Potatoes Ranch Roasted Broccoli Cucumber Salad Fruit, Juice	Mummy Dogs (Pretzel Dogs) Dead Leaves (Salad) Witches Harvest (Mexican Style Corn) Bag O' Terror (Chips) Fruit, Juice	Chicken Tenders Au Gratin Potatoes Green Beans WG Dinner Roll Fruit, Juice

Choice of
Milk or Water Daily.

Breakfast Daily Choice
Choice of Cereal or Grab & Go Bags

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