

HIGHLANDS MIDDLE SCHOOL STUDENT BULLETIN

Monday, October 5th, 2026

"S" Day



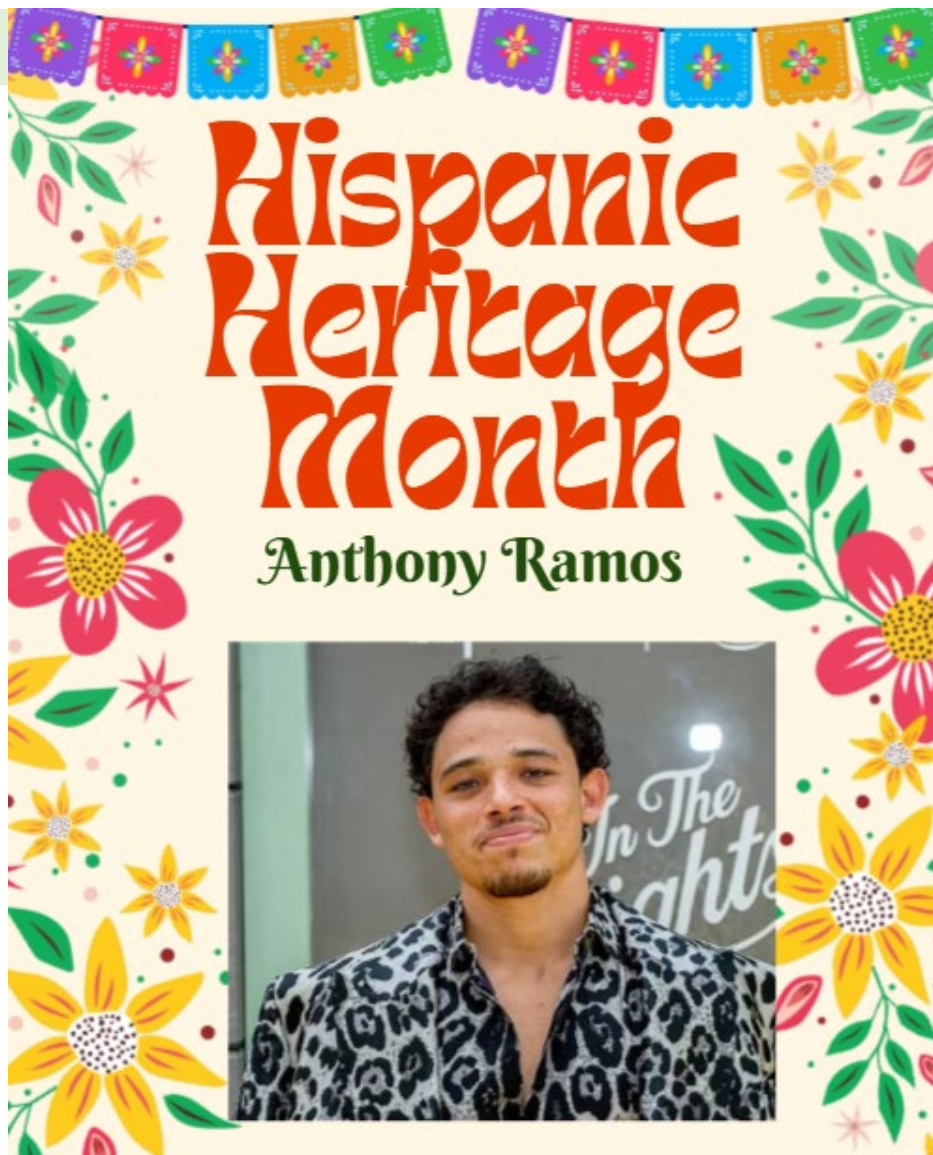
FREE BREAKFAST AND LUNCH FOR ALL STUDENTS K-12

First Meal is Free, Second Meal or Second Entrée \$3.25

Monday, October 5 th S/D	Tuesday, October 6 th M/E	Wednesday, October 7 th S/F	Thursday, October 8 th M/A	Friday, October 9 th S/B
<u>Cheesy Stuffed Breadsticks</u> w/ Marinara Sauce, Seasoned Mixed Veggies, Apple & Raisins 100% Fruit Juice	<u>Nachos!</u> Turkey Taco Meat or Black Bean w/ Crispy Tortilla Chips, Shredded Cheddar & Salsa, Elote Style Corn, Fresh Grapes & Applesauce Milk Choice	<u>Chicken & Waffles</u> Chicken Drumstick or Vegetarian Nuggets w/ Waffle Sticks & Syrup, Roasted Butternut Squash & Apple Slices Milk Choice	<u>General Tso's Chicken</u> Or Popcorn Chicken or Vegetarian Nuggets, Veggie Fried Rice, Garlic Ginger Edamame & Apple Slices Milk Choice	<u>Mac & Cheese</u> Pasta in Cheddar Cheese Sauce, Corn Bread, Garlic Broccoli, Toasted Pumkin Seeds, Clementines & Applesauce 100% Fruit Juice

Available Daily:

Cooked or Raw Vegetables, Fresh or Cupped Fruit with Every Meal
Choice of 1% White Milk, FF Chocolate Milk, Lactose Offered on Monday & Friday 100% Fruit Juice.
Romaine Lettuce Salad, Cucumbers, Tomatoes Croutons & Chicken,
Turkey, Ham, American Cheese on WG Rolls or Sunbutter & Jelly. Yogurt Parfait w/ Granola.
Pepperoni & Cheese Pizza Friday's Special Buffalo Chicken Pizza.



TODAY!!

✦ HIGHLANDS MIDDLE SCHOOL CLUB FAIR ✦

HIGHLANDS PRIDE & ALLY CLUB

A space to be yourself

EVERYONE IS WELCOME — ALLIES ENCOURAGED!

- ♥ BUILDING FRIENDSHIPS & KINDNESS PROJECTS
- ★ HONEST, SUPPORTIVE CONVERSATIONS
- ✦ FUN COMMUNITY ACTIVITIES TOGETHER
- * YOU DON'T HAVE TO IDENTIFY AS LGBTQ+ TO JOIN!



Fine Arts Club

with Mr. Bart

- For Beginner to Advanced Artists
- Meet fellow artists, build your skills, snack, and upgrade your creative powers!
- Meets Mondays beginning **September 28** with Mr. Bart in Room 330
- Explore many art materials: drawing, painting, sculpture, metal, digital, and more
- Planned TRIP to visit Metropolitan Museum of Art in NYC
- Weekly challenges or bring your own art projects

FINE ART CLUB

WITH MR. BART

MONDAYS 2:30-4:15
BEGINNING September 28

LEVEL-UP YOUR ART SKILLS

WEEKLY CHALLENGES

PAINTING DRAWING SCULPTURE DIGITAL METAL AND MORE!

BEGINNERS TO ADVANCED

CREATE YOUR OWN PROJECTS

SCHOOLGY COURSE CODE MP3R-KGH6-G2636

ROOM 330
-See Mr. Bart with any questions!

See Mr. Bart in room 330 with questions!

HIGHLANDS MIDDLE SCHOOL

INTRAMURAL BOYS BASKETBALL

AFTER SCHOOL

OPEN TO ALL BOYS
REGARDLESS OF SKILL LEVEL

SOUTH GYM
UNTIL 4:15 PM

COME DEVELOP & GROW YOUR GAME!
Build confidence, work hard, and have fun in a supportive and competitive environment.

MARK YOUR CALENDARS!
INTRAMURAL BOYS BASKETBALL DATES:

OCTOBER 2026

5	8	9	13	14
15	16	19	20	22
23	26	27	29	30

PLAY. IMPROVE. BELONG.

HIGHLANDS MIDDLE SCHOOL
INTRAMURAL SPORTS



Jazz Band





Jazz Band Members

Ameer Ahmed: Keyboard
 Luke Anselmo: Clarinet
 Abraham Beals: Alto Sax
 Luke Bellantoni: Euphonium
 Charles Bowman: Clarinet
 Vincent Cerilli: Trumpet
 Stephanie Charro Gil: Clarinet
 Kai Chen: French Horn
 Enzo Cruz: Clarinet
 Cristina Damato: Clarinet
 Evan Daniele: Drums
 Adin Dardashti-Weisz: Trumpet
 Arin Diaz Lawson: Trumpet
 Dominic Flora: Drums
 Samantha Hudson: Trombone
 Stella Khachetorian: Keyboard
 Ryan Kinzler: Clarinet
 Aadi Kumar: Clarinet
 Dylan Lemere: Drums
 Mary Magnuson: Flute
 William Marin Godoy: Trumpet
 Dianna Marin Godoy: Flute
 Julian McDermott: Flute
 Roman Range: Drums

Sophia Rivera Chavez: Clarinet
 Ariel Rojas: Drums
 Emilie Roldan: Flute
 Yvette Sadler: Trombone
 Ava Sanchez: Bass Clarinet



SALUTES THE IRISH ON ST. PATRICK'S DAY