

Monday

Tuesday

Wednesday

Thursday

Friday



Assorted Muffins
Fruit
Milk

Cereal
Fruit
Milk

Cereal
Fruit
Milk

Yogurt Parfait
Fruit
Milk

Apple Cinnamon Roll
Fruit
Milk

Low Sugar Pop Tarts
or Nutri-grain Bar
Fruit
Milk

Banana Bread
Fruit
Milk

Mini Bagel with
Strawberry Cream Cheese
Fruit
Milk

Cinnamon Swirl Roll
Fruit
Milk

Cereal Bar
Fruit
Milk

Assorted Muffins
Fruit
Milk

Cinnamon
Breakfast Bread
Fruit
Milk

Cereal
Fruit
Milk

Yogurt Parfait
Fruit
Milk

Apple Cinnamon Roll
Fruit
Milk

Low Sugar Pop Tarts
or Nutri-grain Bar
Fruit
Milk

Banana Bread
Fruit
Milk

Mini Bagel with
Strawberry Cream Cheese
Fruit
Milk

Cinnamon Swirl Roll
Fruit
Milk

Cereal Bar
Fruit
Milk

Assorted Muffins
Fruit
Milk

Cinnamon
Breakfast Bread
Fruit
Milk

A variety of fresh fruits and 100% fruit juice are available daily with all breakfast meals.
In addition to the menu of the day, students may choose from a variety of cereals to complete a meal.
Yogurt, String Cheese and Milk are available daily with all breakfast meals.



OCTOBER 2026

University of Hartford Magnet Pre-K

Menu Subject to Change

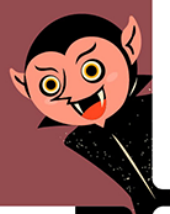
Monday

Tuesday

Wednesday

Thursday

Friday



5

6

7

1

2

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12

13

14

15

16

19

20

21

22

23

26

27

28

29

30

Hamburger
Sweet Potato Fries
Baked Beans

French Toast Sticks
Hash Brown
Sausage Links

Breaded Chicken Bites
Green Beans

Pasta & Meat sauce
Broccoli

Galaxy Pizza Round
Chickpea Salad

Indigenous People Day

Chicken Tenders
Sweet Potato Puffs
Baked Beans

Mozzarella Sticks
Marinara Sauce
Roasted Broccoli

Beef & Cheese Nachos
Rice
Corn

Pizza Square 4x6
Cucumber Coins
Low Fat Dip

Bosco Cheese Stick
Marinara Sauce
Green Beans

Chicken Patty
Corn

Grilled Cheese
Potato Puffs

Hamburger or Cheeseburger
Sweet Potato Fries
Baked Beans

Galaxy Pizza Round
Garden Salad

Chicken Nuggets
French Fries

Mac & Cheese
Roasted Broccoli

Chicken Quesadilla
Fiesta Beans

Popcorn Chicken
Mashed Potato

Pizza Bagel
Carrot Sticks
Low Fat Dip

A variety of fresh fruit and vegetables are included with all meals.
8 ounce serving of milk is included with all meals.
Choices of milk include fat free chocolate, 1% white and Lactaid.

Capital Region Education Council is an equal opportunity employer.

