

ECC Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Oct 1

Oct 2

Corn Dog
Tater Tots
Pork & Beans
Pineapple
Mustard Packet
Ketchup
Chocolate Milk
White Milk
Skim Milk

Oct 5

Oct 6

Oct 7

Oct 8

Oct 9

Cheese Pizza
Broccoli Salad
Green Beans
Fresh Pears
Chocolate Milk
White Milk
Skim Milk

Bean & Cheese Burrito
Carrot Sticks
REFRIED BEANS: canned
Fruit Cocktail
Chocolate Milk
White Milk
Skim Milk

Country fried steak
Mashed Potatoes
Corn
Fresh Apples
Country Style Gravy
Chocolate Milk
White Milk
Skim Milk

Chicken Nuggets
regular or spicy
Green Peas
Garden Fresh Salad
Applesauce Cups
Ketchup
Chocolate Milk
White Milk
Skim Milk

Oct 12

Oct 13

Oct 14

Oct 15

Oct 16

Cheese Pizza
Broccoli Salad
Green Beans
Fresh Pears
Chocolate Milk
White Milk
Skim Milk

Cheesy Chicken Spaghetti
Cheesy Garlic Breadstick
CREAMY COLE SLAW
California Blend
Pineapple
Chocolate Milk
White Milk
Skim Milk

Popcorn Chicken
Peas & Carrots
Garden Fresh Salad
Fresh Apples
Chocolate Milk
White Milk
Skim Milk
Ketchup

Hamburger / Cheeseburger
Lettuce Tomato Pickle
Smiley Fries
Charro Beans
Fresh Oranges
Chocolate Milk
White Milk
Skim Milk
Ketchup
Mayo
Mustard Packet

Oct 19

Oct 20

Oct 21

Oct 22

Oct 23

Cheese Pizza
Herb Roasted Broccoli
Fresh Veggies & Dip
Applesauce Cups
Chocolate Milk
White Milk
Skim Milk
Buttermilk Ranch Packet

Tamales
Street Corn
Charro Beans
Diced Pears
Chocolate Milk
White Milk
Skim Milk
Taco Sauce

Chicken & Waffles
Cooked Carrots
Tri-Browns
Raisins
Chocolate Milk
White Milk
Skim Milk
Syrup

Mini Corn Dogs
Onion Rings
Blackeye Peas
STRAWBERRIES: frozen
Chocolate Milk
White Milk
Skim Milk
Ketchup

Oct 26

Oct 27

Oct 28

Oct 29

Oct 30

Cheese Pizza
Broccoli Florets
Mixed Vegetables
Fresh Pears
Chocolate Milk
White Milk
Skim Milk

Grilled Cheese Sandwich
CUCUMBER slices
Fresh Oranges
Fresh Apples
Chocolate Milk
White Milk
Buttermilk Ranch Packet

Hamburger / Cheeseburger
Lettuce Tomato Pickle
Smiley Fries
STRAWBERRIES: frozen
Chocolate Milk
White Milk
Skim Milk
Ketchup

Corn Dog
Tater Tots
Pork & Beans
Pineapple
Mustard Packet
Ketchup
Chocolate Milk
White Milk
Skim Milk

*Menu subject to change without notice due to product availability. This institution is an equal opportunity provider and employer.