

ECC Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct 1 Mini Donuts Chocolate Froot Loops Graham Cracker Apple Juice Fresh Oranges Chocolate Milk White Milk Skim Milk	Oct 2
Oct 5 Cinnamon Rolls Lucky Charms Buttery Cinnamon Toast Apple Juice Fresh Pears Chocolate Milk White Milk Skim Milk	Oct 6 Kolache 2 Apple Jacks Graham Cracker Orange Juice Fresh Oranges Chocolate Milk White Milk Skim Milk	Oct 7 Cheese Omelet Sausage Link Toast Cocoa Puffs Apple Juice Bananas Chocolate Milk White Milk Skim Milk	Oct 8 Strawberry PopTart Froot Loops Graham Cracker Orange Juice Fresh Apples Chocolate Milk White Milk Skim Milk	Oct 9
Oct 12 Pancake on a Stick Golden Grahams Toast Apple Juice Fresh Oranges Chocolate Milk White Milk Skim Milk	Oct 13 Bagel breakfast sandwich Lucky Charms Graham Cracker Orange Juice Fresh Pears Chocolate Milk White Milk Skim Milk	Oct 14 Breakfast Pizza Apple Jacks Buttery Cinnamon Toast Apple Juice Fresh Apples Chocolate Milk White Milk Skim Milk	Oct 15 Wild Blueberry Muffin Cocoa Puffs Graham Cracker Orange Juice Raisins Chocolate Milk White Milk Skim Milk	Oct 16
Oct 19 Scrambled Eggs Sausage Froot Loops Graham Cracker Fresh Apples Apple Juice Chocolate Milk White Milk Skim Milk	Oct 20 Chicken & Biscuit Golden Grahams Toast Orange Juice Fresh Oranges Chocolate Milk White Milk Skim Milk	Oct 21 Banana Bread Lucky Charms Graham Cracker Apple Juice Fresh Pears Chocolate Milk White Milk Skim Milk	Oct 22 Bagel & Cream Cheese Apple Jacks Buttery Cinnamon Toast Orange Juice Bananas Chocolate Milk White Milk Skim Milk	Oct 23
Oct 26 Ham & Cheese Croissant Cocoa Puffs Graham Cracker Apple Juice Applesauce Cups Chocolate Milk White Milk Skim Milk	Oct 27 Sausage, Egg & Cheese Muffin Froot Loops Toast Orange Juice Fresh Apples Chocolate Milk White Milk Skim Milk	Oct 28 French Toast Sticks Golden Grahams Graham Cracker Orange Juice Raisins Chocolate Milk White Milk Skim Milk	Oct 29 Mini Donuts Chocolate Froot Loops Graham Cracker Apple Juice Fresh Oranges Chocolate Milk White Milk Skim Milk	Oct 30

*Menu subject to change without notice due to product availability. This institution is an equal opportunity provider and employer.