

OCTOBER BREAKFAST MENU

5 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	6 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	7 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	8 Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	9 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
12 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	13 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	14 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	15 NO SCHOOL 	16 NO SCHOOL 
19 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	20 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	21 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	22 Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	23 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
26 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	27 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	28 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	29 Celebration Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	30 Strawberry Boli OR Teriyaki Chicken Rice Bowl Apple Mango Bar

DAILY CHOICES

- Assorted Cereals
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

OCTOBER LUNCH MENU

5 Cheeseburger Sliders or Veggie Burger French Fries Gyro on Pita Bread with Tzatziki Sauce French Fries	6 Nacho Day Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	7 Italian Dunker with Marinara Sauce Corn Chicken Finger or Plant Based Tenders Basket with French Fries Garlic Toast	8 French Toast Slices with Syrup Chicken Sausages Hash Browns Cheeseburger or Veggie Burger French Fries	9 Lemon Chicken or Tofu White Rice Broccoli Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries
National School Lunch Week October 12 - 16, 2026				
12 Penne Pasta with Meat Sauce or Marinara Sauce Garlic Toast Cheeseburger or Veggie Burger French Fries Apple Crunch Day (local apple)	13 Chicken Burrito Bowl Cilantro Lime Rice Charro Beans Shredded Cheese Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	14 Big Daddy's™ Cheese or Turkey Pepperoni Pizza Corn Chicken Finger or Plant Based Tenders Basket with French Fries Garlic Toast	15 No School 	16 No School 
19 Shredded Beef Philly Sandwich with Sliced Peppers and Onions Cheese Sauce French Fries Cheeseburger or Veggie Burger French Fries	20 Walking Tacos Fritos® Chicken Tinga Refried Beans Shredded Cheese Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	21 Italian Dunkers with Marinara Sauce Corn Chicken Fingers or Plant Based Tenders Basket with French Fries Garlic Toast	22 Brunch for Lunch Pancakes with Syrup Chicken Sausages Hash Browns Cheeseburger or Veggie Burger French Fries	23 General Tso's Chicken or Tofu Noodle Bowl with Stir Fry Vegetables Egg Roll Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries
26 Beef or Lentil Sambusas Yellow Rice Cheeseburger or Veggie Burger French Fries	27 Tacos Seasoned Beef Refried Beans Tortillas Shredded Cheese Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	28 Big Daddy's™ Cheese or Turkey Sausage Pizza Corn Chicken Fingers or Plant Based Tenders Basket with French Fries Garlic Toast	29 MN Thursday Local Beef Sloppy Joe's Sandwich (Beef from Rancher's Legacy) Roasted Potatoes Cheeseburger or Veggie Burger French Fries	30 Lemon Pepper Chicken Wings or Plant Based Tenders Mac & Cheese Corn Muffin Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries