

Family Newsletter

Dear Parent:

Cooperation is the character trait of the month of September. This newsletter offers you activities and ideas, which will assist you with helping your child to understand the importance of cooperation. Learning how to cooperate will help with success in school, in relationship with friends and in life over all. It is essential to remember that cooperation is a basic life skill that assists us in working together so that collaboration and creativity will ultimately bring about success.

Ideas to Do as a Family

- Have your child share with you about times they worked with someone else to make or do something. Emphasize that working together requires compromise and listening to others' ideas.
- Share with your child about something you did that required cooperation. Explain how you worked together with others.
- Schedule household chores at a time when all members of the family can work together to finish them.
- "Catch" your child cooperating and offer your encouragement by verbally showing your appreciation.
- Initiate a family project or activity that all family members can have a role.
- Select a hobby that interests the family and invite all family members to work together.
- Watch a movie or TV program together and discuss how the characters cooperated with each other.
- Volunteer as a family to do a community service project together.
- Remember that the best teaching tool is to always model the behavior you want your child to learn.



Character Education: Middle

September



Diversity, Prevention & Intervention
Lauderdale Manors Early Learning &
Resource Center
1400 NW 14th Court
Fort Lauderdale, FL 33311
(754) 321-1655

Fax: (754) 321-1691

www.browardprevention.org

Email:

Kimberly.Young@browardschools.com

Character Check

- What do you have to do so that you listen carefully to others?
- Can you name a time that you compromised during conflict?
- How can you encourage your child to do the very best?
- Ask yourself, is my child able to get along with others? How can I help him/her approve?
- Observe or ask the teacher whether your child participates well in-group activities.



SAVE THE DATE!

Breast Cancer

Awareness Month

- 10/1 - School Custodian Appreciation Day
- 10/2 - Paws at the Glen 10am; Kona Ice
- 10/5 - 10/19 - LSW Survey Window
- 10/6 - Speech & Debate Tournament @ Monarch High 12pm; Away Soccer Game vs. Sawgrass Spirngs M @ North Community Park 4:30pm
- 10/7 - PTO & SAF Meetings 6pm
- 10/9 - Incentive Cart; Early Release Day 1:50 pm; Cross Country Championship Meet 4:30 pm
- 10/12 - No School
- 10/13 - Quarter 2 Begins
- 10/16 - Quarter 1 Recess Rally; Wear Pink for Breast Cancer
- 10/21 - Quarter 1 Report Cards
- 10/22 - SAC Meeting 8:30 am
- 10/23 - Wear Pink for Breast Cancer
- 10/24 - Speech & Debate Tournament @Western High 8am
- 10/26 - 10/30 - Red Ribbon Week & Fall BookFair
- 10/27 - Student Advisory Council during Lunches; Great Glen Expo 5pm; Band Concert 6pm
- 10/28 - National Chocolate Day
- 10/29 - Picture Make-up Day; Truck or Treat in FGMS parking Lot 6pm
- 10/30 - PJ Day & Color Wars

GROUP COUNSELING

STRONGER
STUDENTS
BRIGHTER
FUTURES ♥

Learn • Connect • Grow • Succeed

PEER RELATIONSHIPS & CONFLICT



Mr. Auger
Mondays during C Lunch
(1:23 – 1:53)

Room 708

Learn healthy communication skills, solve conflicts, and build positive and respectful relationships.

MANAGING STRESS & STRONG EMOTIONS



Ms. Durden
Wednesdays during A Lunch
(12:17 – 12:47)

Room 708

Develop tools to manage stress, understand your emotions, and build healthy coping strategies.

ACADEMIC SUCCESS & GOAL SETTING



Ms. Brandon
Fridays during B Lunch
(12:50 – 1:20)

Room 708

Set goals, build effective study habits, improve time management, and develop a plan for your success.

COPING WITH LIFE CHALLENGES



Dr. Creary
Wednesdays during All
Lunch periods

Room 708

Find support, build resilience, and learn healthy ways to navigate life's challenges.

YOU
BELONG
HERE ♥

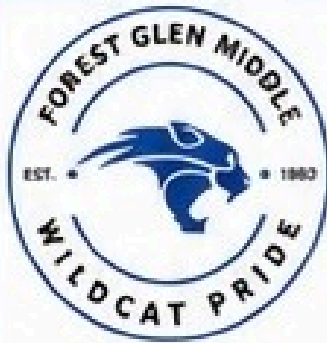
SMALL GROUPS.
BIG IMPACT.

SUPPORT • SKILLS • CONFIDENCE • YOU

BRIGHT
MINDS
KINDER
COMMUNITIES ♥

SCHOOL COUNSELING
HERE FOR YOU. ALWAYS.

LISTEN
SUPPORT
EMPOWER



FOREST GLEN

Middle School

Global Mindset. Local Impact

6501 Turtle Run Blvd, Coral Springs, FL, 33067 / 754-322-3400

www.browardschools.com/forestglen

Dr. Claire Norris, Principal

Dear Parents and Guardians,

We would like to include your child in one of our small group counseling sessions. The selected small group will meet once a week for about 25 minutes during the time indicated below.

Please select a small group to participate in.

- ☐ **Peer Relationships & Conflict** – Monday's during C Lunch (1:23-1:53) with Mr. Auger in room 708
- ☐ **Managing Stress and Emotions** – Wednesday's during A Lunch (12:17-12:47) with Ms. Durden in room 708
- ☐ **Coping with Life Challenges** – Wednesday's during all lunches with Dr Creary in room 708
- ☐ **Academic Success & Goal Setting** – Friday's during B Lunch (12:50-1:20) with Ms. Brandon in room 708

If you are interested in your child participating in a small group, please sign the permission slip at the bottom of this form and return it to your child's school counselor. If you have any questions, you may call Ms. Brandon at 754-322-3400.

Thank you and I look forward to having your child in our small group at Forest Glen.

.....

_____ has my permission to participate in small group counseling. I understand groups meet once a week during the school day. I understand the group will adhere to Florida law of parental rights, HB 1597.

Parent/Guardian Signature

Date



Attention Title I families,

We are excited to announce our fall StemFest on Saturday, October 3, 2026, from 10 a.m. - 2 p.m. at the Emil Buehler Aviation Institute at Broward College. This event is designed to spark children's interest in science, technology, engineering, and mathematics (STEM) through hands-on activities and demonstrations.

In partnership with the Flying Classroom, be ready for some engaging and interactive experiences for your family.

- Engaging STEM activities
- Interactive Demonstrations
- Fun and Educational experiences for the whole family
- Special activities and presentations by the Flying Classroom, featuring Captain Barrington Irving

This event is **FREE**, so bring the whole family and join us for a day of learning and fun!

- **Date:** Saturday, October 3, 2026
- **Time:** 10 a.m. - 2 p.m.
- **Location:** Broward College Aviation Institute - 7200 Pines Boulevard - Building 99, Pembroke Pines, FL 33309

Register today at: <https://forms.office.com/r/vpAZ6SgEJ5>

We look forward to seeing you and your family there for this exciting event!

For more information, please contact the Federal Programs Office at 754-321-1400

STEM FEST

THROUGH A NEW LENS



**SHARPENING THE VISION
& CELEBRATING PROGRESS**

SCIENCE • TECHNOLOGY • ENGINEERING • MATHEMATICS

IN PARTNERSHIP WITH THE FLYING CLASSROOM



**Saturday,
October 3, 2026
10:00 a.m. – 2:00 p.m.**



**Emil Buehler Aviation Institute
at Broward College
7200 Pines Boulevard Building 99
Pembroke Pines, FL 33309**

**FREE
EVENT**



To register, you can either scan the QR code or visit
<https://forms.office.com/r/vpAZ6SgEJ5>
and complete the registration form.



For more information, please call:
Federal Programs at 754-321-1400



**Featuring
Captain
Barrington
Irving**



AVIONICS
BROWARD COLLEGE

**AVIATION
INSTITUTE**
BROWARD COLLEGE

**FLYING
CLASSROOM**

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NEED TO TALK?
First Call for Help: 2-2-1
Mental Health Hotline:
754-321-HELP (4257)
National Crisis Text Line:
741741
National Suicide Prevention
Lifeline: 9-8-8

