



Moreau Catholic High school



MondayOctober 5, 2026				Dining Hall Hours	
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95		
Meatless Monday!!	Alfredo Cajun Penne Pasta, Sautéed Bell Peppers and Onions, Bread Roll		\$9.75		
Kitchen Table	Baked Potato Bar! House-made Texas Chili, Shredded Cheese, Sour Cream, Green Onions, Roasted Broccoli		\$9.75		
Market Grill	Grilled Grass Fed Burger with House-made Chips and House-made Kosher Pickle		\$7.00		
Stone Hearth Oven	Assorted Pizza, Cheese, Pepperoni, Combination		\$7.00		
Take Away	Assorted Gourmet Sandwiches and Salads		6.50 - 6.95		
After School Treats	House Baked Cookies, Ice Cream Treats, Assorted Chips, Beverages		4.50 - 4.95		
TuesdayOctober 6, 2026				Breakfast Boosters	
Breakfast Grill	Cinnamon French Toast, Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	Organic yogurt, house made granola and assorted organic fruits 	Offered Daily
Platillos Latinos	Chicken Tinga Burrito Bowls: Ranchero Beans, Cilantro Rice, House-made Salsa Fresca, Fajita Vegetables		\$9.75		
Platillos Latinos	Carnitas Street Tacos, Cilantro Rice, Ranchero Beans, House-made Salsa		\$9.75		
Vegetarian	Tofu Asada Burrito Bowls, Spanish Rice, Ranchero Beans and House-made Salsa		\$9.75		
Stone Hearth Oven	Assorted Pizza, Cheese, Pepperoni, Combination		\$7.00		
Market Grill	Grilled Grass Fed Burger with House-made Chips and House-made Kosher Pickle		6.50 - 6.95		
After School Treats	Buffalo Chicken Wings with Celery and Carrots, House-made Ranch		4.50 - 4.95		
WednesdayOctober 7, 2026					
No Lunch due to IFT/Testing Day: Early release					
ThursdayOctober 8, 2026					
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95		
Global Adventure	Chicken Fried Rice, Spring Rolls, Blue Lake Green Beans		\$9.75		
Kitchen Table	Jamaican Jerk Chicken, Garlic Rice, Roasted Seasonal Vegetables		\$9.75		
Vegetarian	Vegetable Fried Rice, Spring Rolls, Blue Lake Green Beans		\$9.75		
Stone Hearth Oven	Assorted Pizza, Cheese, Pepperoni, Combination		\$7.00		
Market Grill	Grilled Grass Fed Burger with House-made Chips and House-made Kosher Pickle		6.50 - 6.95		
After School Treats	Mainer Nachos, Refried Beans,Cheese,Pico de Gallo and Sour Cream		\$6.50		
FridayOctober 9, 2026					
Breakfast Grill	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95		
Fun Food Friday	Nacho Bar! Grass-fed Seasoned Beef, Nacho Cheese, Black Beans, Green Onions,Jalapenos,Sour Cream		\$9.75		
Global Adventure	Apple-wood Smoked Bacon Wrapped Hot Dogs, Sautéed Bell Peppers,Onions,Chipotle Mayo, Onion Rings		\$9.75		
Vegetarian	Nacho Bar! Grass-fed Seasoned Beef, Nacho Cheese, Black Beans, Green Onions,Jalapenos,Sour Cream		\$9.75		
Stone Hearth Oven	Assorted Pizza, Cheese, Pepperoni, Combination		\$7.00		
Market Grill	Grilled Grass Fed Burger with House-made Chips and House-made Kosher Pickle		6.50 - 6.95		
After School Treats	Vanilla Cold Brew Coffee w/ House-made Whipped Cream		4.50 - 4.95		

Menu Key



Vegetarian



Cage Free



Free Range



Gluten Free



Grass Fed



Organic

It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide student athlete's with the most nutrient dense and delicious food possible every single day!



Epicurean Group at Moreau High School

Chef / Manager:
Shirnea Grant

Sous Chef:
Christian Ramos

[Catering Info](#)