

OCTOBER MENU

COLLEGIATE ACADEMY OF HEBISD

BREAKFAST: Student \$2.35 | Adult: a la carte **LUNCH:** Student \$3.85 | Reduced \$0.40 | Adult \$6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk.

LUNCH: Includes entree, vegetable, fruit & choice of milk.

19 Breakfast Chocolate Filled Croissant OR Pop Tart & Cereal Fresh Fruit Craisins Fruit Juice Lunch Chicken Alfredo Roll OR Strawberry Yogurt Parfait w/ Muffin Whole Kernel Corn Vegetable of the Day Fruit Cup Fruit Juice	20 Breakfast Biscuit w/ Sausage Patty & Cream Gravy OR Pop Tart & Cereal Fresh Fruit Raisels Fruit Juice Lunch Hot & Spicy Chicken Sandwich Crispy Chicken Sandwich OR Buffalo Chicken Wrap Smile Potatoes Green Beans Vegetable of the Day Grapes Fruit Juice	21 Breakfast Waffles Assorted OR Pop Tart & Cereal Fresh Fruit Craisins Fruit Juice Lunch Chicken Tenders Steak Fingers Roll OR Grilled Cheese Sandwich Mashed Potatoes w/ Cream Gravy Vegetable of the Day Apple Slices Fruit Juice	22 Breakfast * Breakfast Tacos & Tater Tots OR Pop Tart & Cereal Fresh Fruit Raisels Fruit Juice Lunch Spaghetti Bolognese Brazilian Cheese Bread OR Yogurt Mandarin Parfait w/ Muffin Vegetable of the Day Romaine Salad Mandarin Oranges Fruit Juice	23 Breakfast Fruit Frudel String Cheese OR Pop Tart & Cereal Fresh Fruit Craisins Fruit Juice Lunch Chili Frito Pie Roll OR Crispy Chicken Wrap Carrots Vegetable of the Day Applesauce Cup Fruit Juice
26 Breakfast Breakfast Pizza OR Pop Tart & Cereal Fresh Fruit Craisins Fruit Juice Lunch Beef & Cheese Nachos OR Blueberry Yogurt Parfait w/ Muffin Refried Beans Vegetable of the Day Fruit Cup Fruit Juice	27 Breakfast Breaded Chicken Sandwich OR Pop Tart & Cereal Fresh Fruit Raisels Fruit Juice Lunch Cheese Pizza Pepperoni Pizza OR Buffalo Chicken Salad Tater Tots Vegetable of the Day Watermelon Fruit Juice	28 Breakfast Cinnamon Roll String Cheese OR Pop Tart & Cereal Fresh Fruit Craisins Fruit Juice Lunch Chicken Smackers Steak Fingers Roll OR Cold Cut Sub Sandwich Mashed Potatoes w/ Cream Gravy Vegetable of the Day Applesauce Cup Fruit Juice	29 Breakfast Pancakes & Eggs w/ Cheese OR Pop Tart & Cereal Fresh Fruit Raisels Fruit Juice Lunch Crispy Chicken Sandwich OR Grilled Cheese Sandwich French Fries Vegetable of the Day Fruit Cup Fruit Juice	30 Breakfast Bagel with Cream Cheese String Cheese OR Pop Tart & Cereal Fresh Fruit Craisins Fruit Juice Lunch Hamburger Cheeseburger OR Grilled Cheese Sandwich Assorted Baked Chips Vegetable of the Day Fruit Cup Fruit Juice EARLY RELEASE

*Contains Pork • Fresh Fruit offered daily • Menu Subject to change due to product availability

OCTOBER MENU

COLLEGIATE ACADEMY OF HEBISD

BREAKFAST: Student \$2.35 | Adult: a la carte **LUNCH:** Student \$3.85 | Reduced \$0.40 | Adult \$6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk.

LUNCH: Includes entree, vegetable, fruit & choice of milk.

5 Breakfast Mini Cinnis OR Pop Tart & Cereal Fresh Fruit Craisins Lunch Sweet & Sour Chicken Egg Roll Seasoned Rice OR Strawberry Yogurt Parfait w/ Muffin Green Beans Vegetable of the Day Sliced Apples Fruit Juice	6 Breakfast Biscuit w/ Eggs and Cheese OR Pop Tart & Cereal Fresh Fruit Raisels Lunch Corn Dogs OR Mango Yogurt Parfait w/ Muffin French Fries Vegetable of the Day Chocolate Chip Cookie Fruit Cup Fruit Juice	7 Breakfast Glazed Donut String Cheese OR Pop Tart & Cereal Fresh Fruit Craisins Lunch Chicken Tenders Chicken Fried Steak Roll OR Turkey, Ham & Cheese Sub Sandwich Mashed Potatoes w/ Cream Gravy Peas and Carrots Fresh Vegetable of the Day Grapes, Fruit Juice	8 Breakfast Breakfast on a Stick OR Pop Tart & Cereal Fresh Fruit Raisels Lunch Spaghetti w/ Meat Sauce Garlic Toast OR Mandarin Yogurt Parfait w/ Muffin French Fries Bahama Blend Vegetable Tossed Salad Fruit Cup Fruit Juice	9 Breakfast Bagel w/ Cream Cheese OR Pop Tart & Cereal Fresh Fruit Craisins Lunch Cheese Pizza Pepperoni Pizza OR Crispy Chicken Wrap Whole Kernel Corn Vegetable of the Day Fruit Cup Fruit Juice
12 Breakfast Mini Pancakes Assorted OR Pop Tart & Cereal Fresh Fruit Craisins Lunch Beef & Cheese Nachos OR Blueberry Yogurt Parfait w/ Muffin Refried Beans Vegetable of the Day Fruit Cup Fruit Juice	13 Breakfast Chicken & Waffles OR Pop Tart & Cereal Fresh Fruit Raisels Lunch Hamburger Cheeseburger OR Fruit & Cheese Plate Smile Potatoes Vegetable of the Day Watermelon Fruit Juice	14 Breakfast Breakfast Swirl Roll OR Pop Tart & Cereal Fresh Fruit Craisins Lunch Chicken Nuggets Roll OR Ham & Swiss Sub Sandwich Mashed Potatoes w/ Cream Gravy Vegetable of the Day Pineapple Tidbits Fruit Juice	15 Breakfast French Toast Sticks Sausage Patty OR Pop Tart & Cereal Fresh Fruit Raisels Lunch Beef Lasagna Garlic Knot OR Crispy Chicken Wrap Green Beans Romaine Salad Apple Slices Fruit Juice	16 Breakfast * Sausage Rolls OR Pop Tart & Cereal Fresh Fruit Craisins Lunch Cheese Pizza Pepperoni Pizza OR Turkey & Cheese Croissant Tater Tots Carrots Applesauce Cup Fruit Juice

*Contains Pork • Fresh Fruit offered daily • Menu Subject to change due to product availability