

OCTOBER MENU BIC ELEMENTARY

BREAKFAST: Student \$2.35 | Adult: a la carte **LUNCH:** Student \$3.50 | Reduced \$0.40 | Adult \$6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk.

LUNCH: Includes entree, vegetable, fruit & choice of milk.

19 Breakfast Chocolate Filled Croissant OR Pop Tart & Cereal Craisins Fruit Juice Lunch Cheese Calzone Pepperoni Calzone OR Corn Dog OR French Fries Broccoli Green Beans Vegetable of the Day Fruit Cup Fruit Juice	20 Breakfast Donut Cake Assorted OR Pop Tart & Cereal Fresh Fruit Raisels Fruit Juice Lunch Hamburger Cheeseburger OR Fish Nuggets Hush Puppies French Fries Baked Beans Vegetable of the Day Orange Wedges Fruit Juice	21 Breakfast Waffles Assorted OR Pop Tart & Cereal Craisins Fruit Juice Lunch Chicken Tenders Steak Fingers Roll OR Cheese Pizza Lunch Pack Mashed Potatoes w/Cream Gravy California Blend Vegetables Vegetable of the Day Fruit Cup Fruit Juice	22 Breakfast Breakfast Burrito OR Pop Tart & Cereal Fresh Fruit Raisels Fruit Juice Lunch Spaghetti Bolognese Brazilian Cheese Bread OR Breaded Chicken Sandwich Carrots Romaine Salad Mandarin Oranges Fruit Juice	23 Breakfast Fruit Frudel OR Pop Tart & Cereal Craisins Fruit Juice Lunch Cheese Pizza Pepperoni Pizza OR Ham & Cheese Sandwich Tater Tots Whole Kernel Corn Vegetable of the Day Sliced Apples Fruit Juice
26 Breakfast Breakfast Pizza OR Pop Tart & Cereal Craisins Fruit Juice Lunch Chili Frito Pie Roll OR Yogurt Meal w/ Muffin Smile Potatoes Green Beans Vegetable of the Day Fruit Cup Fruit Juice	27 Breakfast French Toast Sticks Assorted OR Pop Tart & Cereal Raisels Fruit Juice Lunch Fiestada Pizza OR Macaroni & Cheese Roll French Fries Peas & Carrots Vegetable of the Day Watermelon Fruit Juice	28 Breakfast Cinnamon Roll String Cheese OR Pop Tart & Cereal Craisins Fruit Juice Lunch Chicken Smackers Chicken Fried Steak Roll OR Grilled Cheese Sandwich Mashed Potatoes w/ Cream Gravy Carrots Tossed Salad Applesauce Cup Fruit Juice	29 Breakfast Breakfast on a Stick OR Pop Tart & Cereal Raisels Fruit Juice Lunch Lasagna Chicken Drumstick Garlic Toast OR Yogurt Meal w/ Grahams Smile Potatoes California Blend Vegetables Vegetable of the Day Fruit Cup Fruit Juice	30 Breakfast Bagel with Cream Cheese OR Pop Tart & Cereal Craisins Fruit Juice Lunch Hamburger Cheeseburger OR Turkey Cheese Sandwich Baked Chips Vegetable of the Day Fruit Cup Fruit Juice EARLY RELEASE

*Contains Pork • Fresh Fruit offered daily • Menu Subject to change due to product availability

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5 Breakfast
Mini Cinnis
OR
Pop Tart & Cereal
Craisins

Lunch
Beef & Cheese Nachos
OR
Breaded Chicken Sandwich
OR
Yogurt Meal
w/ Muffin
French Fries
Refried Beans
Green Beans
Vegetable of the Day
Fruit Cup
Fruit Juice

6 Breakfast
Muffins Assorted
OR
Pop Tart & Cereal
Applesauce Cup

Lunch
Corn Dog
OR
Hamburger
Cheeseburger
OR
Yogurt Meal
w/ Grahams
French Fries
Baked Beans
Vegetable of the Day
Funnel Cake
Fruit Cup
Fruit Juice

7 Breakfast
Mini Donut Rounds
OR
Pop Tart & Cereal
Craisins

Lunch
Chicken Tenders
Chicken Fried Steak
Roll
OR
Grilled Cheese
Mashed Potatoes
w/ Cream Gravy
Mixed Vegetables
Vegetable of the Day
Pineapple Tidbits
Fruit Juice

8 Breakfast
Breakfast on a Stick
OR
Pop Tart & Cereal
Raisels

Lunch
Spaghetti
w/ Meat Sauce
OR
Strawberry Yogurt Parfait
w/ Muffin
French Fries
Green Beans
Romaine Salad
Fruit Cup
Fruit Juice



**NO
SCHOOL**



13 Breakfast
Waffle & Sausage
Sandwich
OR
Pop Tart & Cereal
Raisels

Lunch
Hamburger
Cheeseburger
OR
Mozzarella Sticks
w/ Marinara Sauce
French Fries
Peas & Carrots
Vegetable of the Day
Grapes
Fruit Juice

14 Breakfast
Breakfast Swirl Roll
OR
Pop Tart & Cereal
Craisins

Lunch
Chicken Tenders
Steak Fingers w/
Roll
OR
Yogurt Meal
w/ Grahams
Mashed Potatoes w/
Cream Gravy
Whole Kernel Corn
Vegetable of the Day
Sliced Apples
Fruit Juice

15 Breakfast
Pull Apart Donut
String Cheese
OR
Pop Tart & Cereal
Raisels

Lunch
Sweet & Sour Chicken
Seasoned Rice
Chicken Egg Roll
OR
Fiestada Pizza
French Fries
Ranch Beans
Broccoli
Watermelon
Fruit Juice

16 Breakfast
Sausage Roll
String Cheese
OR
Pop Tart & Cereal
Craisins

Lunch
Galaxy Cheese Pizza
Galaxy Pepperoni Pizza
OR
Chicken & Cheese
Quesadilla
Sidewinder Fries
California Blend
Vegetables
Fruit Cup
Fruit Juice

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