

Rialto Unified School District

Oct 1, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/01/2026																
MS BIC Breakfast	Total	5500														
Bowl,Potato,Sausage,Egg&Chz'26	1 EACH	4500	320	25	610	6.00	2.80	330.0	0	0.0	1	14.0	40.0	12.0	5.00	0.00
Snack-Giant Cinn Goldfish Grah	pkg	4500	120	0	140	1.00	2.00	100.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			486	25	780	7.36	4.07	537.3	814	101.13	27	18.91	70.64	13.32	5.04	0.00
% of Calories											21.8%	15.6%	58.1%	24.7%	9.3%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 10/02/2026																
MS BIC Breakfast	Total	4500														
Yogurt, Str-Ban w/gran-DW '26	Serv(8oz, 2G)	2250	300	5	105	2.00	0.72	580.0	0	0.0	35	9.0	58.0	2.5	0.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	2250	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	4500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			350	9	258	2.00	0.36	556.7	999	12.00	53	12.61	68.33	1.53	0.17	0.00
% of Calories											61.1%	14.4%	78.1%	3.9%	0.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Mon - 10/05/2026																
MS BIC Breakfast	Total	4500														
Cinnamon Swirls, BIC WG 2026	Serving	4500	260	10	105	3.01	1.50	45.1	0	0.0	19	6.01	41.07	8.01	2.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	4500	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			530	16	317	6.03	1.75	423.9	2089	44.86	68 51.6%	15.48 11.7%	96.82 73.1%	8.81 15.0%	2.24 3.8%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 10/06/2026																
MS BIC Breakfast	Total	4500														
Cluster Brk, Whole Grain '22	1 EACH	4500	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
JUICE, TROPICAL TWIST '26	1 EACH	4500	50	0	5	0.00	0.00	0.0	0	0.0	13	0.0	13.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			461	6	399	3.41	2.83	303.1	1060	1.84	53 45.9%	13.40 11.6%	78.22 67.9%	10.44 20.4%	2.72 5.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 10/07/2026																
MS BIC Breakfast	Total	5500														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	4500	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	4500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			458	21	368	4.60	1.69	279.6	916	7.19	54 47.0%	11.63 10.2%	84.60 73.9%	7.86 15.4%	2.68 5.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/08/2026																
MS BIC Breakfast	Total	4500														
Croissant,Sausage & Cheese '25	1 Each	4500	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
POTATO, HASH BROWNS RO	Serv (1/2	4500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
UNDS '26	c veg)															
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average			466	41	799	6.20	2.09	391.0	1177	123.60	27	21.25	60.61	14.08	5.60	0.16
% of Calories											23.1%	18.2%	52.0%	27.2%	10.8%	0.3%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 10/09/2026																
MS BIC Breakfast	Total	4500														
Burrito,BRKfst HASHBROWN '26CP	1 each	4500	403	164	905	3.22	3.11	298.8	150	2.1	*2	14.61	47.73	15.79	6.44	*0.00
APPLESAUCE CUP-MOTT'S	1 EACH	4500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average			573	170	1108	4.22	3.11	515.5	1150	14.10	*31	22.72	80.06	16.07	6.61	*0.00
% of Calories											*21.9%	15.9%	55.9%	25.2%	10.4%	*0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Mon - 10/12/2026																
MS BIC Breakfast	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Tue - 10/13/2026																
MS BIC Breakfast	Total	4500														
CEREAL,MALT-O, SCOOTERS'25	1 BOWL	4500	156	0	260	3.90	11.69	129.9	650	19.49	*N/A*	5.2	29.89	2.6	0.00	0.00
JUICE, TROPICAL TWIST '26	1 EACH	4500	50	0	5	0.00	0.00	0.0	0	0.0	13	0.0	13.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	4500	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	4000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			415	14	425	6.92	11.95	525.4	2349	64.35	*45 *43.7%	15.45 14.9%	79.96 77.1%	5.34 11.6%	1.40 3.0%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 10/14/2026																
MS BIC Breakfast	Total	4500														
Sndwch Pncke, Beef Sausage '22	serving	4500														
POTATO, HASH BROWNS RO	Serv (1/2	4500	192	16	309	2.06	2.24	27.6	21	0.08	4	10.75	26.34	4.95	1.35	0.00
UNDS '26	c veg)		90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
BANANAS	1 EACH	4500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			492	22	703	6.69	2.80	259.3	1030	8.87	35 28.5%	20.96 17.0%	83.74 68.0%	8.06 14.7%	1.63 3.0%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Thu - 10/15/2026																
MS BIC Breakfast	Total	4500														
Bagel, Mini w/Straw. BIC'26	1 Each	4500	230	10	180	2.00	1.08	20.0	100	0.0	13	6.0	41.0	6.0	2.50	0.00
JUICE, GOLD RUSH '26	1 EACH	4500	40	0	60	0.00	0.00	0.0	480	60.0	13	0.0	10.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Weighted Daily Average % of Calories			424	16	443	4.00	1.26	246.7	1574	183.60	50 47.6%	14.11 13.3%	78.33 73.9%	6.28 13.3%	2.67 5.7%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 10/16/2026																
MS BIC Breakfast	Total	4500														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	4500	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
JUICE, SUNCUP APPLE '26	EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	4500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			520	26	448	4.00	1.80	336.7	1109	12.00	64 49.6%	13.11 10.1%	93.33 71.8%	9.28 16.1%	3.17 5.5%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Mon - 10/19/2026																
MS BIC Breakfast	Total	4500														
Bites, Three Chz & Eggs '26	Serving	4500	180	240	520	0.00	1.20	160.0	0	0.0	2	14.0	4.0	12.0	6.00	0.00
POTATO, HASH BROWNS RO	Serv (1/2	4500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
UNDS '26	c veg)															
TANGERINES,FRESH	Serving	4500	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			479	246	917	5.02	1.75	448.8	2089	44.86	38 31.9%	24.47 20.4%	60.74 50.7%	15.30 28.7%	6.23 11.7%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/20/2026																
MS BIC Breakfast	Total	4500														
Concha, WG CHOCOLATE '24	1 each	1500	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG PINK-'24	1 EACH	1500	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG WHITE-'24	each(2G)	1500	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
JUICE, SUNCUP APPLE '26	1 EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			411	11	299	2.41	1.93	363.1	1030	1.84	47 45.7%	13.40 13.0%	75.22 73.2%	6.44 14.1%	1.72 3.8%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 10/21/2026																
MS BIC Breakfast	Total	5500														
Yogurt, Straw w/granola-DW '26	Serv (8oz , 2G)	4500	300	5	105	2.00	0.72	579.5	0	0.0	35	8.99	58.97	2.5	0.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	4500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			466	9	257	3.78	0.80	737.3	826	7.19	64 55.3%	14.90 12.8%	94.39 81.0%	2.55 4.9%	0.23 0.4%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Oct 1, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/22/2026																
MS BIC Breakfast	Total	5500														
Bowl,Potato,Sausage,Egg&Chz'26	1 EACH	4500	320	25	610	6.00	2.80	330.0	0	0.0	1	14.0	40.0	12.0	5.00	0.00
Snack-Giant Cinn Goldfish Grah	pkg	4500	120	0	140	1.00	2.00	100.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			486	25	780	7.36	4.07	537.3	814	101.13	27 21.8%	18.91 15.6%	70.64 58.1%	13.32 24.7%	5.04 9.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 10/23/2026																
MS BIC Breakfast	Total	4500														
BREAD,BANANA 6-12	1 Slice	4500	404	40	216	4.46	1.33	34.0	91	3.82	*36	5.15	59.49	18.47	1.69	*0.01
JUICE, SUNCUP APPLE '26	1 EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	4500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			634	46	424	5.46	1.33	350.7	1090	15.82	*78 *49.2%	13.26 8.4%	105.83 66.7%	18.75 26.6%	1.86 2.6%	*0.01 *0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Mon - 10/26/2026																
MS BIC Breakfast	Total	4500														
Cinnamon Swirls, BIC WG 2026	Serving	4500	260	10	105	3.01	1.50	45.1	0	0.0	19	6.01	41.07	8.01	2.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	4500	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Oct 1, 2026 thru Oct 30, 2026

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			530	16	317	6.03	1.75	423.9	2089	44.86	68 51.6%	15.48 11.7%	96.82 73.1%	8.81 15.0%	2.24 3.8%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 10/27/2026																
MS BIC Breakfast	Total	4500														
Cluster Brk, Whole Grain '22	1 EACH	4500	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
JUICE, TROPICAL TWIST '26	1 EACH	4500	50	0	5	0.00	0.00	0.0	0	0.0	13	0.0	13.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			461	6	399	3.41	2.83	303.1	1060	1.84	53 45.9%	13.40 11.6%	78.22 67.9%	10.44 20.4%	2.72 5.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 10/28/2026																
MS BIC Breakfast	Total	5500														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	4500	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
JUICE, SUNCUP APPLE '26	1 EACH	4500	60	0	5	0.00	0.00	100.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	4500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			458	21	368	4.60	1.69	279.6	916	7.19	54 47.0%	11.63 10.2%	84.60 73.9%	7.86 15.4%	2.68 5.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/29/2026																
MS BIC Breakfast	Total	4500														
Croissant,Sausage & Cheese '25	1 Each	4500	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
POTATO, HASH BROWNS RO	Serv (1/2	4500	90	0	190	2.00	0.30	10.0	0	0.0	0	1.0	15.0	2.5	0.00	0.00
UNDS '26	c veg)															
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average			466	41	799	6.20	2.09	391.0	1177	123.60	27	21.25	60.61	14.08	5.60	0.16
% of Calories											23.1%	18.2%	52.0%	27.2%	10.8%	0.3%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 10/30/2026																
MS BIC Breakfast	Total	4500														
Burrito,BRKFAST HASHBROWN '26CP	1 each	4500	403	164	905	3.22	3.11	298.8	150	2.1	*2	14.61	47.73	15.79	6.44	*0.00
APPLESAUCE CUP-MOTT'S	1 EACH	4500	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average			573	170	1108	4.22	3.11	515.5	1150	14.10	*31	22.72	80.06	16.07	6.61	*0.00
% of Calories											*21.9%	15.9%	55.9%	25.2%	10.4%	*0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			483	46	558	4.95	2.62	415.5	1262	44.57	*47 *88.4%	16.62 13.8%	80.09 66.3%	10.22 19.1%	3.28 6.1%	*0.02 *0.0%
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		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	483		400 - 550	100%													
Cholesterol (mg)	46																
Sodium 1 (mg)	558		600	93%													
Fiber (g)	4.95																
Iron (mg)	2.62																
Calcium (mg)	415.5																
Vitamin A (IU)	1262																
Sugars (g)	47	39.30%			Missing												
Vitamin C (mg)	44.57																
Protein (g)	16.62	13.77%															
Carbohydrate (g)	80.09	66.35%															
Total Fat (g)	10.22	19.06%	<=30.00%														
Saturated Fat (g)	3.28	6.11%	<10.00%														
Trans Fat ¹ (g)	0.02	0.03%			Missing												

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