Altus SCHOOLS EAST COUNTY

Ana Maria Rojas
Student Access and Support Services Administrator

September 30, 2026

Dear Parent/Guardians & Students:

California State Education Code 51930 requires schools to participate in The California Healthy Youth Act (CHYA), which took effect January 1, 2016. All schools and school districts must provide students with integrated, comprehensive, accurate, and inclusive comprehensive sexual health and HIV prevention education, at least once in high school and once in middle school.

The purpose of the law is to provide students with the knowledge and skills necessary to:

- Protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.
- Develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.
- Have healthy, positive, and safe relationships and behaviors.
- Promote understanding of sexuality as a normal part of human development; and
- To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction, and provide educators with clear tools and guidance to accomplish that end.

For additional information, please refer to the California Department of Education's website: https://www.cde.ca.gov/ls/he/se/.

Students at Altus Schools East County will receive CHYA instruction during "Wellness Week" starting October 19, 2026. Credentialed teachers and nursing staff will serve as the instructors during separate middle and high school workshops that will be held every day during the week. As required by law, parents/guardians must be notified more than 14 days in advance of the instruction, have the opportunity to review the curriculum, and be notified about their right to "opt out" of having their student receive instruction. The "opt-out" form is linked below and is also located on the school's website: https://www.altuseastcounty.com/students-families/california-healthy-youth-act-chya. The curriculum is available for review upon request.

Additionally, effective January 1, 2018, the *Human Trafficking Prevention Education and Training Act* (Assembly Bill 1227) requires all school districts in California to provide human trafficking prevention education for students once in middle school and once in high school. Altus Schools will be using a program called PROTECT to meet this requirement.

The PROTECT program was developed by three nonprofits in conjunction with the California Department of Education and the Office of the California Attorney General. The curriculum is in line with the state standards of the *California Healthy Youth Act* and the *Human Trafficking Prevention Education and Training Act*,

and is a statewide initiative designed to increase the ability of our youth to understand their own vulnerability. PROTECT provides social and emotional learning opportunities to equip students with knowledge that will enhance their personal boundaries and protective skills. To learn more about the program you may visit: www.3sgf.org/education. Provided below is a brief overview of the information that will be taught.

Grades 7 & 8: Protecting a Masterpiece

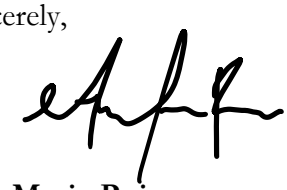
This curriculum addresses key health-related concepts, encourages creative expression, and allows students to practice positive decision-making strategies. They will learn about the different forms of abuse and human trafficking, as well as how to look out for one another.

Grades 9 & 10: Understand and Recognize Human Trafficking

This curriculum teaches students about healthy relationships, unhealthy relationships, and the different forms of human trafficking. They will be empowered with the tools they need to recognize potentially unsafe situations and implement healthy decision-making strategies.

If you do NOT want your child to participate in either the CHYA or Human Trafficking prevention workshops, please complete this opt-out form as soon as possible. If you have any questions, please do not hesitate to contact me or your student's teacher.

Sincerely,



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