

Local Wellness Policy: Triennial Assessment Summary

Results, Progress and Goals

1. General Information

School(s) included in assessment: All Wright City R-II schools (East, West, Middle, High School and Early Childhood)

Month and year of current assessment: June 2026

Date of last LWP revision: July 23, 2025

Website address for LWP and/or details on how public can access a copy:

District website / Board Policies (ADF - District Wellness Program and ADF-AP(1)); copies are also available from the district.

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? 2 times per year

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
Glen Oberle	Director of Food Service	On file

PUBLIC INVOLVEMENT: School Wellness Committee Members

*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

Name	Job Title	Email Address
Elisabeth Thompson	Superintendent's Secretary	On file
Missy Goessling	Parent	On file
Chizmar	Art Teacher	On file
Hamilton	PE Teacher	On file
Bone	District Nurse	On file
Kohr	Communications / AD Secretary	On file
Klaus	CFO	On file
Alice Jenson	Board Member	On file

3. COMPARE LEA's Local Wellness Policy to Model Local Wellness Policy

- Complete the *Rudd Center WellSAT3.0 Assessment Tool* - <https://www.wellsat.org/>;
OR *Alliance for a Healthier Generation District Level Thriving School Integrated Assessment (TSIA)* - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#districts>
OR *similar assessment tool*: _____

*Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district

- Assessment Tool Scores: WellSAT Policy: Comprehensiveness 84%; Strength 64%
- Keep a copy of the results on file for at least three full school years plus the current year.
- Indicate model policy language used for comparison:
 - ☒ Missouri School Boards' Association
 - Missouri Consultants for Education
 - Alliance for a Healthier Generation
 - Other: _____
- Describe how your wellness policy compares to model wellness policies:

Wright City's wellness policy was compared with the Missouri School Boards' Association

 (MSBA) model wellness policy. The district policy closely follows the MSBA framework and

 is strong in nutrition education, school meals, Smart Snacks, food/beverage marketing,

 staff wellness, and program oversight. Opportunities for stronger written language include

 physical-activity breaks, before/after-school activity, active transportation, formal

 shared-use agreements, annual public communication, and building-level wellness involvement.

 Some lower WellSAT scores reflect best-practice language not currently written into policy

 rather than a lack of district practice.

4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the *CDC's School Health Index (SHI)* - <https://www.cdc.gov/healthyschools/shi/index.htm>; OR *Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TSIA)* - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>; OR *CDC's Wellness Policy in Action Tool (WPAT)* - <https://www.cdc.gov/healthyschools/wpat/index.htm> OR *similar assessment tool*: _____
 *Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district
- Assessment Tool Scores: CDC Wellness Policy in Action Tool (WPAT) - completed September 2026
- Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

First, indicate language that is currently written in district local wellness policy in relation to each topic listed.

Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Policy requires USDA meal standards and Smart Snacks for foods and beverages sold to students during the school day, including vending, school stores, a la carte and fundraisers.	X			MEETING GOAL. School meals and competitive foods are operated under USDA and Smart Snacks requirements. Continue annual compliance review and retain product documentation for audit.

Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Policy applies Smart Snacks standards to foods and beverages provided, but not sold, to students during the school day, including classroom parties, celebrations and similar events.		X		PARTIALLY MEETING GOAL. District policy applies nutrition standards to foods and beverages provided to students during the school day, including classroom parties and celebrations. The assessment identified opportunities to strengthen language regarding food used as a reward and other foods provided outside the reimbursable meal program.

Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Food and beverage marketing in district facilities is limited to products that meet Smart Snacks standards; policy addresses multiple forms of advertising and promotion.	X			MEETING GOAL. Smart Snacks marketing restrictions are implemented. At Middle School, one student-accessible vending machine has Pepsi branding but dispenses Aquafina water only. Other student machines carry vendor branding and Smart Snacks-compliant items. Continue monitoring vending, signage and promotional materials.

Nutrition Education & Nutrition Promotion Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Policy requires nutrition education aligned with Missouri Learning Standards in all grades, nutrition promotion, and professional development for staff responsible for nutrition education.		X		PARTIALLY MEETING GOAL. Middle and High School nutrition education is confirmed and includes active, hands-on learning. Elementary curriculum delivery could not be verified at the time of assessment. Nutrition-specific professional development is not currently provided to staff delivering nutrition education. Nutrition promotion is strong across buildings. Next steps: verify elementary curriculum and add nutrition-specific PD.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Policy provides sequential PE and physical-activity opportunities, certified PE staff, elementary recess, and prohibits using activity as punishment or withholding PE/recess as punishment.		X		PARTIALLY MEETING GOAL. Certified PE, regular PE, daily elementary recess, movement breaks, before/after-school opportunities and community access are in place. Middle School now provides health instruction daily at the beginning of class with hands-on activities. Elementary discipline guidance permits withdrawal of recess; revise this practice and continue strengthening active-transportation supports.

Other School-based Strategies for Wellness Goal(s) (staff wellness, community partnership, family engagement, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Policy addresses staff wellness, family/community involvement, public participation, and community use of district facilities. The Director of Food Service serves as wellness coordinator.	X			MEETING GOAL. Staff receive a monthly Wildcat Wellness newsletter, insurance wellness resources and EAP support. Families and community members participate in wellness efforts, and district facilities are available for community use. The wellness policy is publicly accessible and committee agendas are posted. Continue improving advance public notice and documentation.

- Include additional notes, if needed:

WellSAT Policy results: 84% comprehensiveness and 64% strength.

WPAT implementation review completed September 2026 for the June 2026 triennial assessment.

Middle and High School nutrition education is confirmed and includes active, hands-on learning.

Elementary nutrition curriculum delivery was not verified at the time of assessment and remains a follow-up item.

Nutrition-specific professional development is not currently provided to staff responsible for nutrition education.

Elementary discipline guidance permits withdrawal of recess; this is an identified physical-activity improvement area.

Foods provided but not sold are partially meeting the goal because nutrition standards are not consistently applied to occasional celebrations/treats.

Food/beverage marketing is generally compliant; one Middle School Pepsi-branded vending machine dispenses Aquafina water only.

Staff wellness, family/community engagement, public access to the wellness policy, and community facility use are strong in practice.

Next steps: verify elementary nutrition curriculum, add nutrition-specific PD, protect recess from disciplinary withholding, and continue advance public notice.

5. SHARE Triennial Assessment Results with the Public

- **UPDATE/INFORM THE PUBLIC:** WellSAT 3.0 results, SHI results, or similar evaluation tool results, and Triennial Assessment Summary, or similar document which includes summary of goals and progress, should be posted publicly.
- Where to share publicly? *school newsletter, social media, school website, school board meeting, district wellness committee meeting, open house events, etc.*

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