

Gaston Elementary

BRIGHT BITES KITCHEN

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			10/1 Breakfast Mini French Toast (v) Lunch Hamburger, Cheeseburger Spaghetti w/ Meatsauce Protein Power Up Box Served w/ French Fries	10/2 Breakfast Blueberry Muffin Square (v) Lunch Scratch Cheese(v) or Pepperoni Pizza Italian Sub Fish Po Boy Sub Served w/ Mixed Vegetables
10/5 Breakfast Apple Frudel (v) Lunch Chicken Nugget w/ WG Roll S&S Chicken w/ Rice Garden Salad Served w/ Roasted Cilantro Lime Broccoli	10/6 Breakfast Ultimate Breakfast Round(v) Lunch 2 Crunchy Tacos Chicken Chilaquiles Fruit & Yo to Go Box Fiesta Taco Salad Served w/ Roasted Corn	10/7 Breakfast Sausage Breakfast Pizza Lunch Mac & Cheese Indian Butter Chicken Fiesta Garden Salad Served w/ Apple Glazed Carrots	10/8 Breakfast Mini Maple Pancakes (v) Lunch Turkey & Gravy w/ Mashed Potatoes Hot Ham & Cheese Sandwich Sunbutter & Jelly Served w/ Parmesan Green	10/9 NO SCHOOL K-12
10/12 Breakfast Ultimate Breakfast Round (v) Lunch Baked Ravioli w/ Roll French Toast w/ Sausage Garden Saad Served w/ Apple Glazed Carrots	10/13 Breakfast Mini French Toast (v) Lunch Hamburger/Cheeseburger Baja Fish Taco Turkey Taco Salad Sunbutter & Jelly Served w/ Roasted Corn	10/14 Breakfast Cinnamon Pancake Bites Lunch Chicken Alfredo Chicken Burger Chicken Caesar Salad Served w/ Tater Tots	10/15 Breakfast French Toast Sticks (v) Lunch Chicken Potato Bowl w/ Roll Hot Dog Crispy Chicken Salad w/ Roll Sunbutter & Jelly Served w/ Parmesan Green Beans	10/16 Breakfast Blueberry Muffin Square (v) Lunch Scratch Cheese(v) or Pepperoni Pizza Baked Potato w/ Broccoli Italian Sub Served w/ Mixed Vegetables
10/19 Breakfast Apple Muffin (v) Lunch Chicken Nuggets w/ WG Roll Orange Chicken w/ Rice Ham & Cheese Sub Garden Salad Served w/ Roasted Cilantro Lime Broccoli	10/20 Breakfast Mini Confetti Pancake (v) Lunch Bean & Cheese Nachos Turkey Taco Salad Sunbutter & Jelly Turkey Soft Taco Served w/ Roasted Corn	10/21 Breakfast Ham & Cheese Muffin Lunch Mac & Cheese Chicken Burger American Sub Served w/ Tater Tots	10/22 Early Dismissal Breakfast Mini French Toast (v) Lunch Beef Totchos Sloppy Joe Chicken Caesar Salad Sunbutter & Jelly Served with Parmesan Green Beans	10/23 NO SCHOOL K-12
10/26 Breakfast Cherry Frudel (v) Lunch Chicken Nuggets w/WG Roll Thai Chicken & Pineapple Fried Rice Garden Salad Served w/ Apple Glazed Carrots	10/27 Breakfast Ultimate Breakfast Round(v) Lunch Bean & Cheese Burrito Burrito Chicken Bowl Fiesta Taco Salad Sunbutter & Jelly Served w/ Roasted Corn	10/28 Breakfast Sausage Breakfast Pizza Lunch Chicken Burger Grilled Cheese w/ Tomato Soup Turkey & Cheese Sub Served w/ Tater Tots	10/29 Breakfast Mini Maple Pancakes (v) Lunch Cheese Burger/ Burger Carnita Torta Sandwich Sunbutter & Jelly Chef Salad Served w/ French Fries	10/30 Breakfast Banana Muffin Square (v) Lunch Scratch Cheese(v) or Pepperoni Pizza Taco Burger Italian Stacker Box Served w/ Mixed Vegetables

This institution is an equal opportunity provider.

